| DIVER'S NAME: DIVER'S PHONE: (r | mobile) |
|---------------------------------|---------|
|---------------------------------|---------|

| Sunday  | Monday                              | Tuesday                                    | Wednesday                                 | Thursday                                   | Friday                                    | Saturday   |  |  |
|---|-------------------------------------|--|---|--|---|--|--|--|
|   |                                     |  | <b>1</b><br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p | <b>2</b><br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p  | <b>3</b><br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p | 4 DIVING MEET Sherman Fall Fun Lafayette, CA ALL DIVING LEVELS |  |  |
| Bubbles Training 11-1pm<br>Coach Approval Required<br>By Appointment - ONLY<br>30-minute Sessions ~ (SSS)               | 6<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p  | 7<br>EBSA ~ 4-7p<br>DVHS ~ 7:830p          | 8<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p        | 9<br>EBSA ~ 4-7p<br>DVHS ~ 7:830p          | 10<br>CLOSED                              | 11<br>EBSA ~ 8-9:30a<br>SROP ~ 10a-Noon                        |  |  |
| 2 END OF FALL QUARTER TOWER Training 1-4pm Coach Approval Required By Appointment - ONLY 1-4pm (SCD) Cost is \$40/diver | 13<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p | 14<br>EBSA ~ 4-7p<br>DVHS ~ 7:830p         | 15<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p       | 16<br>EBSA ~ 4-7p<br>DVHS ~ 7:830p         | 17<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p       | 18<br>EBSA - 8-9:30a<br>SROP - 10a-Noon                        |  |  |
| CLOSED  | 20<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p | <b>21</b><br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p | <b>22</b> EBSA ~ 4-6p SROP ~ 7-8:30p      | CLOSED                                     | 24<br>CLOSED                              | CLOSED   |  |  |
| 6<br>CLOSED   | 27<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p | <b>28</b> EBSA ~ 4-6p SROP ~ 7-8:30p       | <b>29</b> EBSA ~ 4-6p SROP ~ 7-8:30p      | <b>30</b><br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p | Notes:                                    |  |  |  |
| 0 1:0   | ia Diving Aca                       | al a second                                | *   |  | TO REGISTER OR PAY ~ GO TO                |  |  |  |

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DIVER'S NAME: DIVER'S PHONE: (mobile)

| December 2017 |   |   |   |                                     |   |   |   |
|---------------|---|---|---|-------------------------------------|---|---|---|
|               | Sunday  | Monday  | Tuesday   | Wednesday                           | Thursday  | Friday  | Saturday  |
|               |   |   |   |                                     |   | 1<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p  | <b>2</b><br>EBSA ~ 8-9:30a<br>SROP ~ 10a-Noon   |
| 3             | Bubbles Training 11-1pm<br>Coach Approval Required<br>By Appointment - ONLY<br>30-minute Sessions ~ (SSS) | 4<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p  | 5<br>EBSA - 4-6p<br>SROP - 7-8:30p  | 6<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p  | <b>7</b> EBSA ~ 4-6p SROP ~ 7-8:30p   | 8<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p  | 9<br>EBSA ~ 8-10a<br>SROP ~ Not Available   |
| 10            | TOWER Training 1-4pm Coach Approval Required By Appointment - ONLY 1-4pm (SCD) Cost is \$40/diver         | 11<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p   | <b>12</b><br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p  | 13<br>EBSA ~ 4-6p<br>SROP ~ 7-8:30p | 14 EBSA ~ 4-6p SROP ~ 7-8:30p  MUST SIGN-UP ~ ONLY 8-divers per Session will be allowed | 15 EBSA ~ 4-6p SROP ~ 7-8-30p  MUST SIGN-UP ~ ONLY 8-divers per Session will be allowed | 16 EBSA ~ 8-9:30a SROP ~ 10a-Noon  MUST SIGN-UP ~ ONLY 8-divers per Session will be allowed |
| 17            | CLOSED  | 18 EBSA ~ 4-6p SROP ~ 7-8:30p  MUST SIGN-UP ~ ONLY 8-divers per Session will be allowed | 19 EBSA ~ 4-6p SROP ~ 7-8:30p  MUST SIGN-UP ~ ONLY 8-divers per Session will be allowed | CLOSED  HAPPY HOLIDAYS!             | CLOSED  HAPPY HOLIDAYS!   | CLOSED  HAPPY HOLIDAYS!   | CLOSED  HAPPY HOLIDAYS!   |
| 24            | CLOSED  | CLOSED  HAPPY HOLIDAYS!   | CLOSED HAPPY HOLIDAYSI  | CLOSED HAPPY HOLIDAYS!              | CLOSED  HAPPY HOLIDAYS!   | CLOSED  HAPPY HOLIDAYS!   | CLOSED HAPPY HOLIDAYS!  |
| 31            | CLOSED  | Notes:  | 1   | 1                                   | 1   | 1   | 1   |

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|---------------------------------------|
|---------------------------------------|

|                            | January 2018                            |   |   |                |                |                 |  |
|----------------------------|---|---|---|----------------|----------------|-----------------|--|
| Sunday                     | Monday                                  | Tuesday                                 | Wednesday                               | Thursday       | Friday         | Saturday        |  |
|                            | 1 New Year's Day                        | 2                                       | 3                                       | 4              | 5              | 6               |  |
|                            | Closed                                  | EBSA ~ 4-6p                             | EBSA ~ 4-6p                             | EBSA ~ 4-6p    | EBSA ~ 4-6p    | EBSA ~ 8-9:30a  |  |
|                            |   | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p | SROP ~ 7-8:30p | SROP ~ 10a-Noon |  |
|                            | HAPPY NEW YEAR!                         |   |   |                |                |                 |  |
|                            |   |   |   |                |                |                 |  |
| 7                          | 8                                       | 9                                       | 10                                      | 11             | 12             | 13              |  |
| Bubbles Training 11-1pm    | EBSA ~ 4-6p                             | EBSA ~ 4-6p                             | EBSA ~ 4-6p                             | EBSA ~ 4-6p    | EBSA ~ 4-6p    | EBSA ~ 8-9:30a  |  |
| Coach Approval Required    | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p | SROP ~ 7-8:30p | SROP ~ 10a-Noon |  |
| By Appointment - ONLY      |   |   |   |                |                |                 |  |
| 30-minute Sessions ~ (SSS) |   |   |   |                |                |                 |  |
| 14                         | 15 Martin Luther King                   | 16                                      | 17                                      | 18             | 19             | 20              |  |
| Bubbles Training 11-1pm    | EBSA ~ 4-8p                             | EBSA ~ 4-6p                             | EBSA ~ 4-6p                             | EBSA ~ 4-6p    | EBSA ~ 4-6p    | EBSA ~ 8-9:30a  |  |
| Coach Approval Required    | Pools Closed                            | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p | SROP ~ 7-8:30p | SROP ~ 10a-Noon |  |
| By Appointment - ONLY      |   |   |   |                |                |                 |  |
| 30-minute Sessions ~ (SSS) |   |   |   |                |                |                 |  |
| 21                         | 22                                      | 23                                      | 24                                      | 25             | 26             | 27              |  |
| Bubbles Training 11-1pm    | EBSA ~ 4-6p                             | EBSA ~ 4-6p                             | EBSA ~ 4-6p                             | EBSA ~ 4-6p    | EBSA ~ 4-6p    | EBSA ~ 8-9:30a  |  |
| Coach Approval Required    | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p | SROP ~ 7-8:30p | SROP ~ 10a-Noon |  |
| By Appointment - ONLY      |   |   | ·                                       |                |                |                 |  |
| 30-minute Sessions ~ (SSS) |   |   |   |                |                |                 |  |
| 28                         | 29                                      | 30                                      | 31                                      | Notes:         |                |                 |  |
| Bubbles Training 11-1pm    | EBSA ~ 4-6p                             | EBSA ~ 4-6p                             | EBSA ~ 4-6p                             |                |                |                 |  |
| Coach Approval Required    | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p                          | SROP ~ 7-8:30p                          |                |                |                 |  |
| By Appointment - ONLY      | 1 | 1 | 1 |                |                |                 |  |
| 30-minute Sessions ~ (SSS) |   |   |   |                |                |                 |  |
| (111)                      |   |   |   |                |                |                 |  |
|                            | _                                       |   |   |                |                |                 |  |

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|---------------------------------------|
|---------------------------------------|

|    | February 2018              |                                 |             |                            |             |                 |                                       |
|----|----------------------------|---------------------------------|-------------|----------------------------|-------------|-----------------|---------------------------------------|
|    | Sunday                     | Monday                          | Tuesday     | Wednesday                  | Thursday    | Friday          | Saturday                              |
|    |                            |                                 |             |                            | 1           | 2 Groundhog Day | 3                                     |
|    |                            |                                 |             |                            | EBSA ~ 4-6p | EBSA ~ 4-6p     | EBSA ~ 8-9:30a                        |
|    |                            |                                 |             |                            | SROP ~ 7-9p | SROP ~ 7-9p     | SROP ~ 10a-Noon                       |
|    |                            |                                 |             |                            |             |                 |                                       |
|    |                            |                                 |             |                            |             |                 |                                       |
| 4  | END OF WINTER QUARTER      | 5                               | 6           | 7                          | 8           | 9               | 10                                    |
|    | Bubbles Training 11-1pm    | Beginning Of High School Diving | EBSA ~ 4-6p | EBSA ~ 4-6p                | EBSA ~ 4-6p | EBSA ~ 4-6p     | EBSA ~ 8-9:30a                        |
|    | Coach Approval Required    | EBSA ~ 4-6p                     | SODA - tbd  | SODA - tbd                 | SODA - tbd  | SODA - tbd      | SROP ~ 10a-Noon                       |
|    | By Appointment - ONLY      | SODA - tbd                      | SROP ~ 7-9p | SROP ~ 7-9p                | SROP ~ 7-9p | SROP ~ 7-9p     |                                       |
|    | 30-minute Sessions ~ (SSS) | SROP ~ 7-9p                     |             |                            |             |                 |                                       |
| 11 |                            | 12                              | 13          | 14 Valentine's Day         | 15          | 16              | 17 USA Diving Official Club Meet      |
|    | Bubbles Training 11-1pm    | EBSA ~ 4-6p                     | EBSA ~ 4-6p | EBSA ~ 4-6p                | EBSA ~ 4-6p | EBSA ~ 4-6p     | CDA 1st ANNUAL DIVING MEET ~ DVHS     |
|    | Coach Approval Required    | SODA - tbd                      | SODA - tbd  | SODA - tbd                 | SODA - tbd  | SODA - tbd      | 7AM - 7PM ~ Register on DiveMeets.com |
|    | By Appointment - ONLY      | DVHS ~ 7-9p (to be confirmed)   | SROP ~ 7-9p | SROP ~ 7-9p                | SROP ~ 7-9p | SROP ~ 7-9p     | VOLUNTEER SIGN-UP REQUIRED            |
|    | 30-minute Sessions ~ (SSS) |                                 |             |                            |             |                 |                                       |
| 18 |                            | 19 Presidents Day               | 20          | 21                         | 22          | 23              | 24                                    |
|    | Bubbles Training 11-1pm    | EBSA ~ 4-6p                     | EBSA ~ 4-6p | EBSA ~ 4-6p                | EBSA ~ 4-6p | EBSA ~ 4-6p     | EBSA ~ 8-9:30a                        |
|    | Coach Approval Required    | SODA - tbd                      | SODA - tbd  | SODA - tbd                 | SODA - tbd  | SODA - tbd      | SROP ~ 10a-Noon                       |
|    | By Appointment - ONLY      | SROP ~ 7-9p                     | SROP ~ 7-9p | SROP ~ 7-9p                | SROP ~ 7-9p | SROP ~ 7-9p     |                                       |
|    | 30-minute Sessions ~ (SSS) |                                 |             |                            |             |                 |                                       |
| 25 |                            | 26                              | 27          | 28                         | Notes:      |                 |                                       |
|    | Bubbles Training 11-1pm    | EBSA ~ 4-6p                     | EBSA ~ 4-6p | EBSA ~ 4-6p                |             |                 |                                       |
|    | Coach Approval Required    | SODA - tbd                      | SODA - tbd  | SODA - tbd                 |             |                 |                                       |
|    | By Appointment - ONLY      | SROP ~ 7-9p                     | SROP ~ 7-9p | SROP ~ HS Diving Meet 3-7p |             |                 |                                       |
|    | 30-minute Sessions ~ (SSS) |                                 |             | SROP ~ 7-9p                |             |                 |                                       |
|    |                            |                                 |             |                            |             |                 |                                       |
|    |                            |                                 |             |                            |             | DECICTED OF DAY |                                       |

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