

October 2022
Post Newsletter
WesternSpringsVFW.org

Commander's Stuff

By Bruce Harken

brhed@aol.com

The month of October includes the federal holiday Indigenous Peoples Day, formerly known as Columbus Day, on Oct. 10, National Bosses Day on Oct. 17, United Nations Day on Oct. 24 and Halloween on Oct. 31. A busy month, plus all of those dates are on a Monday!

We delivered our monthly Home Run Inn pizzas on Sept. 27, courtesy of D.A.V. Chapter 42 in Addison. Our October pizza will be courtesy of Western Springs Memorial VFW Post 10778. November and December are also taken care of by DAV and VFW posts.

I received word that Home Run Inn is footing the bill for January and February, and March, and April will be courtesy of Brookfield VFW Post 2868.

Some history about this program:

In March 2020, our Post played bingo at the Residential Care Facility (RCF) Hines VA Hospital. We have not been able to play bingo with the guys since then.

Instead, in May 2021 our Post began organizing and delivering eight extra large Home Run Inn pizzas to the RCF

Save the Dates

Oct. 11th – 7:30 p.m. **Post Regular meeting**

Oct. 14th – deadline for November newsletter

Nov. 8th – 7:30 p.m. **Post Regular meeting**

on a monthly basis. We've received financial assistance from:

- VFW Posts in Western Springs, Brookfield and Naperville;
- American Legion Posts in La Grange and Naperville;
- DAV Chapter 42 in Addison;
- The Rotary Club of Western Springs;
- Cub Scout pack in Western Springs;
- Village Club of Western Springs; and
- Casey's Market in Western Springs.

In addition, Home Run Inn corporate has furnished us with four months of free pizza.

This is an accomplishment our Post can be very proud of - **Vets helping Vets!**

Quartermaster Report

By Mike Winner

(708) 829-0069

Gonakadet@att.net

Statement of funds as of 9/13/22

Post General Fund	\$2,313.27
Post Relief Fund	11,033.56
TOTAL:	\$13,346.83

Semper Fidelis!

Memorial Day Parade Committee seeks Grand Marshall nominations

By Chuck Bosko

(708) 205-3541

chuckbosko1049@gmail.com

A highlight of our annual Memorial Day Parade and Observance is the participation of a Grand Marshall. Now is the time to begin the selection process.

The procedure to nominate an individual, which the parade committee established several years ago, is included in this month's newsletter. Members of Post 10778 may nominate an individual who they believe would be a great Grand Marshall.

Just follow the procedure and mail the nomination to me. Those nominations will be considered by the entire parade committee during the committee's November meeting. Questions? Do call me.

Cornbread 101

As the days get shorter and the temperatures get colder, it's the perfect time to dust off the slow cooker to make a batch of chili. And cornbread makes a

nice pairing to many chili recipes. Here's a brief history on this tasty treat.

Original cornbread: Corn was a staple of Indigenous diets long before European settlers arrived in America. Native Americans made an early, unleavened version of cornbread from a batter of cornmeal mixed with water, salt and fat. Milk and eggs were colonial additions.

Late 1700s: James Hemings, the enslaved French-trained chef who worked on Thomas Jefferson's plantation, served hoecakes with fried chicken and gravy.

Early 1800s: Food scholar Michael Twitty writes that during the first half of the 1800s, enslaved people in the South cooked crumbles of leftover cornbread with ingredients like onions and peppers.

Sweet deal: New 20th century milling machinery led to finer cornmeal that wasn't as sweet. Cooks compensated by adding sugar and wheat flour to cornbread which made it cake-like.

1950: Jiffy corn muffin mix makes its debut. Today it's one of the best selling dried goods in the country, praised by home cooks and chefs alike.

Today: Much of today's cornbread is a departure from the original. It's often made with buttermilk and sugar, which never would have appeared in pre-colonial recipes. You can adjust the sugar to taste – leave it out or double it if you prefer!

Source Food Network Magazine

Submitting candidates for Grand Marshall of the Memorial Day Parade and Observance

Believe it or not, there is a procedure when submitting a candidate as a Grand Marshall. And here is the most important reason- an avoidance of disappointment.

When a member of our Post wishes to submit a candidate, it is to be in writing and forwarded to the Memorial Day Committee. This committee is comprised of your fellow VFW 10778 members. The committee actually commits to reading the qualifications and reasons for the individual, discusses the merits of each individual and arrives at a consensus. This has been the process since 10778 has been organizing the event.

The following is the format to be used when submitting your nomination:

1. Name of individual
2. Veteran's branch of service and period served
3. Member of the VFW. Not necessary, but nice.
4. Military awards, honors, citations, etc.
5. What has veteran done since service- career, civic, volunteer, etc.?

And here is the gotcha!

6. In your opinion, why are you nominating this individual? Why should this person be the Grand Marshall?

We select individuals for all the above reasons. Not because we desire to feel good about ourselves or to allow the nominated to "feel good." No, the rationale we select a Grand Marshall goes beyond our own Post. We want the public to become aware of what a true veteran is, has done, is doing and will continue to do for America and our communities.

Yes, we do honor our own members and if there is any doubt, look at the past GMs. The committee is sincere when the selection of a GM is at hand. Without doubt, it is the most important task we accept and accomplish.

Therefore, should any member decide to nominate any individual for the Memorial Day Parade and Observance, please do so following the procedure above and send it to the parade chair who currently is the VFW member below.

Thank you and as always- ALLONS!

Chuck Bosko
Email: chuckbosko@att.net
Address:
1230 Robinhood Lane
La Grange Park, IL 60526