

Arizona Serenity in the Desert Intergroup Newsletter

August 2014

Donation 50¢

Website:

www.oaphoenix.org

**Are you signed up
for ECares?**

Once a week ASDI sends out an email with the latest news and updates of what is happening locally, regionally, and worldwide. Just go to our website at oaphoenix.org and on the home page on the left side you will see where to sign up. Don't miss out on the latest news, ideas, stories, or suggestions.

NEW MEETING

Mondays 6:00pm

**Westside Men's
Step Study**

OA Office
1219 E. Glendale Ave. #23
Phoenix, AZ 85020

Contact George R. 623-337-0061



**Overeaters Anonymous Office: 1219 East Glendale Ave. #23, Phoenix, AZ 85020
602-234-1198**

This literature has been locally produced by ASDI. The content reflects the experience, strength, and hope of our local members. It is not OA Conference or board approved and does not represent OA as a whole.

WELCOME

to the
Region III Convention and Business Assembly

Hosted by Arizona Serenity in the Desert Intergroup
August 8-10, 2014

The theme of the convention is: **HAPPY, JOYOUS, & FREE**

We, of ASDI, are thrilled that YOU are here. We hope that you will take advantage of the many opportunities available to do service and contribute to your own recovery.

We welcome you to the Phoenix area. During the three days of the convention, you will hear local speakers as well as visitors from throughout the seven state area of our region share their stories of recovery.

You, too, can share your experience, strength, and hope with OA members while strengthening your own commitment to recovery! Whether you're new to the OA program or a long-timer, we invite you to join us on this road of happy destiny!

Please visit our hospitality suite where OA literature will be available for purchase. Also, beverages as well as fund-raising items from around the region can be bought.

And, of course, take part in the various sessions and workshops. Our committees have been hard at work to ensure that we all have a great weekend.

There are many opportunities to do service. Ask someone at the registration table. They will point you in the right direction.

Should temptation strike you, remember to "Put down the fork" and write about what is concerning you – not only this weekend, but throughout your journey of recovery.

Again, welcome to all – Region III is the place to be: Happy, Joyous & Free

**Willing People Needed for Service at Region III Assembly/Convention
August 8-10, 2014**

How does service help me work my program? As a member of very long standing, I can tell you it absolutely does. It takes me out and away from my difficulties in life to be around recovering members of OA. This act of willingness alone serves me in the bigger picture - that of working the steps! Please consider that this Convention is held in Phoenix on average of every 4 to 6 years. It includes delegates from seven states in our region! It is fun and exciting to meet and greet members from our region (and some actually come from other nearby states such as California!) Our committee members need your help! Call one of the chairs listed below and volunteer....we rely on this service aspect of recovery to put on a successful recovery convention!

Jackie W. Program/Speakers 602-770-2320 email: jackie.wilcock@asu.edu

- Speakers need 1 year of abstinence (determined by member) and working the 12 step program (determined by member) - Call or email Jackie!

Teri G. Welcoming 480-466-5123 email: gokie1974@aol.com

- Greeters and huggers needed to welcome attendees as they enter the convention

Donna Signs/Public Info. 480-588-8639 email: tiddler@cox.net

- Assist with signage at the meeting doors - help get the word out to the community

Tori W. Registration 602-679-5273 email: victoria@azwoods.com

- Help on Thursday August 7 with packet/badge assembly at OA office - call Tori for time!

- Also, Tori needs assistants to help with registration desk as members enter the convention.

Jen H. Hospitality 602-803-1503 email: jenniferh373@msn.com

-Needs volunteers to be in the hospitality suite. Members go there for coffee, tea, water and relaxation between and during meetings.

Bobbi Ways and Means 602-606-2633 email: stamp4fn@gmail.com

- Needs assistants for the raffle, the drawings, sales items and literature sales -

Rosie O. Entertainment 602-369-8444 email: rosie.oldham64@gmail.com

- Need singers for music presented at Grand Opening Friday nite (4 OA songs), After Dinner Sat nite (3 OA songs) - Requirements - desire to sing, perform, have fun, fun fun! Rehearsals as follows: Thursday July 31, 2014 - 7:00 pm, Thursday August 7, 2014 - 7:00 pm and Dress Rehearsal 5:30 pm at the Tempe Palms stage, Friday, August 8. First two rehearsals will be held at 19243 N. 88th Avenue, Peoria AZ 85382 - Near 101 and Union Hills. We ask that you to attend all three rehearsals due to the limited practice time with the pianist.

We are so excited to see you there!

Rosie O.

NEWSLETTER INFORMATION – Arizona Serenity in the Desert Intergroup: P.O. Box 47565, Phoenix, AZ 85068. Serenity Press is always seeking submissions on how the OA program of recovery works in your life. We reserve the right to refuse or edit submissions for punctuation and grammar. Permission to reprint original material found in this newsletter is granted to all Twelve Step groups and their publication provided that ASDI is credited. All opinions are those of the writers and do not necessarily represent those of ASDI or OA as a whole. Please send articles, content, contact changes, OA-related events, etc. to the editor or specifically to the proper party as listed in the newsletter. Deadline is the 1st of the month, one month ahead of the next month's issue. Your newsletters will be distributed at the Intergroup meeting for your reps to bring back to your meetings.

Christina S. 602-471-1217 check.perception@gmail.com

August 8, 9, & 10 2014

**REGION III
Convention & Assembly**

Tempe Mission Palms

60 East Fifth Street
Tempe, AZ 85281

If you have any questions/requests regarding the convention & assembly, contact Kayla at 480-626-2123 or email kayla301@cox.net

(Brochures available in the OA Office or on the website: www.oaphoenix.org)

Speaker's Directory

Anabel A aportela1@gmail.com 602-803-6356	Jeanne W jeannewitter@aol.com 623-340-1020
Bernie W bernie301@cox.net 480-626-2123	Jim R jimrood@cox.net 602-370-0614
Christina S check.perception@gmail.com 602-471-1217	Kayla W kayla301@cox.net 480-626-2123
Dianna diannainaz@msn.com 480-600-1617	Marie mdils@cox.net 602-717-1099
Elise elise.ashe@imaginatics.net 860-961-0788	Marion marion@fredandmarion.com 602-284-8076
Greg L glane480@gmail.com 480-688-2222	Pat J sprjzz3137@q.com 602-923-8310
Harlan harlan288@gmail.com 480-495-8961	Sheila luv2laugh2@msn.com 480-451-0859

**Arizona Serenity in the Desert Intergroup
(ASDI)**

ASDI TRUSTED SERVANTS

Chair	Marie	602-717-1099
Vice Chair	Bobbi	623-606-2633
Treasurer	Kayla W.	480-626-2123
Recording Secretary	Rachel	602-561-7688
Communications Secretary	Greg L.	480-688-2222

COMMITTEES

Bylaws	Sheila	480-451-0859
Outreach/Lifeline	Tori	602-679-5273
Office	Pat J.	602-923-8310
PI/PO	Dianna	480-600-1617
PI/PO	Teri	480-466-5123
12 th Step Within	Kathy Y.	602-930-2689
Newsletter Editor	Christina	602-471-1217

SERVICE POSITIONS

Telephone Coordinator	Sheila	480-451-0859
Literature	Marian F.	623-587-6016
Website Manager	Greg L.	480-688-2222
Meeting List Updates	Bobbi	623-606-2633
Office Announcements	Pat H.	480-585-4024
Office Cleaner Coord.	Donna	480-946-8037

(See Outreach Directory for e-mail addresses)

This is your newsletter!

We are always looking for contributions from our local fellowship. Share your experience, strength, and hope of recovery with others.

It is as easy as emailing it to:
check.perception@gmail.com

DONATION REQUEST

We are less than a month away from a wonderful Recovery EVENT! The Arizona Serenity in the Desert Intergroup (ASDI) is hosting the Region III Assembly and Convention August 8, 9, & 10 at the Tempe Mission Palms in Tempe, Arizona. You can find the registration form on the home page along with more information on the OA website at www.oaphoenix.org.

OA Meeting groups are being asked to donate items to raise money for ASDI and Region III. What can your group do? Perhaps toss a few pieces of program literature and a little something that has touched your recovery, a journal, a bookmark, something hand made from one compulsive eater to another. Put it all together in a basket or a box. Or pick up a gift certificate or a gift card. Examples: OA literature, fuel or grocery (please avoid restaurant gift cards due to the nature of compulsive eating). If your meeting is not able to put together a basket, you as an OA member may want to donate something. One member donated 2 brand new power tools: a leaf blower and a chain saw! Check through your closets and perhaps you will find some birthday or Christmas gift given to you but will never use. Rather than re-gifting think about donating it to the convention for the raffle.

For those members who have not attended a convention before, the way the raffle works is that the raffle items will be displayed in one of the convention rooms for your viewing with a container in front of it. Tickets are \$1 each (or 20 for \$15), you write your name and phone number on the ticket then place it in the container of the item that has caught your fancy. You can put all of your tickets in one item container or you can spread them around to other items you are interested in. A silent auction will also be used on items being donated.

In addition, we will have a 50/50 raffle. Tickets will be sold and one ticket will be drawn and the winner gets 50% of the pot and ASDI/Region III get the other 50%. So you have a chance of walking away with cash.

Please contact Bobbi via her cell 623-606-2633 (texting is also ok) if you have a question or want to make arrangements for a donation. Donations can also be left at the OA office but please notify Bobbi as room is limited at the office. Arrangements can also be made to meet you at a meeting or come by your home or meet you somewhere and pick the item up. Thanks in advance for your service to ASDI and Region III Convention and Assembly.

STEP EIGHT

Made a list of all persons we had harmed and became willing to make amends to them all.

TRADITION EIGHT

Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

CONCEPT EIGHT

The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office.

Region 3 Representatives & World Service Delegates

Marie, Teri, Bobbi, Kathy, Rachel Alternate: Jackie

Contact Information for Monthly Contributions

Please be sure to include you World Service Office group number with ALL of you donations.

Arizona Serenity in the
Desert Intergroup
P.O. Box 47565
Phoenix, AZ 85068-7565
602-234-1195
www.oaphoenix.org

Region 3
P.O. Box 29903
Austin, TX 78755
www.oaregion3.org
Attn: Barbara Vervenne

World Service Office
P.O. Box 44020
Rio Rancho, NM 87174
Attn: Controller
505-891-2664
www.oa.org

Calendar

3rd Saturday of every month	ASDI Intergroup Meeting OA Office • 1219 E. Glendale Ave. • Suite #23 • Phoenix, AZ 85020 • 1:00pm – 3:00pm
August 8, 9, & 10	Overeaters Anonymous Region III Convention & Assembly Tempe Mission Palms • 60 E. 5 th St. • Tempe, AZ 85281
August 16	ASDI Intergroup Meeting OA Office • 1219 E. Glendale Ave. • Suite #23 • Phoenix, AZ 85020 • 1:00pm – 3:00pm