

Golden Knights target league title

By Mike Zacchio

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NANUET — Many teams try to steer clear of setting goals, for fear that they may not attain them. Nanuet, on the other hand, has made its intentions for the upcoming volleyball season crystal clear: win the league. “I think that they should win league, without a question,” Golden Knights coach Jen Adams said during Wednesday’s practice. “They know that I graduated from Nanuet and we had never won anything in volleyball.”

Nanuet won league titles in 2009 and 2010 but has been in a drought ever since. Reigning champion Tappan Zee and Albertus Magnus, which was solid last season, will both begin rebuilding their programs. Nyack and Pearl River continue to be on the upside of their own rebuilding processes.

The Golden Knights return six starters, with libero Danielle DiModugno being the only graduate. St. John’s committed senior outside hitter Nia Diaz will provide a bulk of the team’s firepower, while fourth-year varsity senior setter Sarah Zazyczny returns to the core of the offense. “I think we’ve finally matured enough,” Diaz said. “We’ve played together for a really long time because we are an older team, so I think we’ll finally be able to move a little bit further in sectionals and win our league title.”

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Nanuet's Nia Diaz sets the ball during volleyball practice at the high school Wednesday. The Golden Knights are seeking their first league title since going back to back in 2009-10.

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