

## **Welcome Back Swimmers and Divers!!!**

I hope everyone has had a great fall, it is exciting that we had such a great group of boys at the pool on Monday. We have increased our numbers and are looking forward to seeing some hard work turn into a great season at the end. I have included a schedule of practices and events for the whole entire season. If you have any questions please contact me. Throughout the season we will use this email list to communicate. All upcoming announcements will be made on a weekly basis via email. Any changes to the schedule will be reflected on the webpage as well as communication via email. Smaller announcements will be made via Remind text service. If you would like to receive text messages with updates please follow this link. <https://www.remind.com/join/coachaars>

Some of the upcoming events that you need to be aware of include not only the pentathlon on Friday December 9 but also our team fundraiser, the Laker Invite, on Saturday Dec. 10th. The Laker invite serves as our only team fundraiser. In order to make this event a success we need volunteers to help work. The jobs may include but not limited to timers, ticket sellers, concession workers. It is a great opportunity to help our team out while watching your swimmer/diver compete. This event takes place at St. Catherine University. Please look for an chance to volunteer via sign up genius. Our team does not require/or ask for a donation because we run this event. It has been a tradition for going on 20 years. If you have any questions please feel free to contact me.

One of the captains, Pablo Meyer, will be sending out a link to Elsmore Swim Shop. In this link you will the team swim suit, along with warmups, and additional items. Seeing that a swimsuit is an intimate piece of apparel the school district does not provide that piece of equipment. You're swimmer/Diver will be required to purchase a suit along with a warmup top. These items are your's to keep. If there are any financial hardships please directly contact coach Chris Aarseth and he will work with the booster club to purchase said items.

Again we are excited to see what the season brings and our looking a wonderful year. If you have any questions please feel free to contact me.

Thanks, Chris Aarseth  
Head Swim and Dive Coach