

Procedure for submitting Music for Posing Routine

Music must be submitted by e-mail.

E-mailed music must be in mp3 format.

When emailing your music as an attachment the title must be **your name and your Class of competition. ie: Jane Smith Nov Fig Tall or John Smith Nov Men Short not the name of the music.**

Send the music to: ***peterhardwick41@gmail.com***

We will play it and confirm with you by e-mail that it is acceptable. If you do not receive an e-mail within 3 days contact us in case it has been overlooked in the many e-mails we receive.

Important: ALWAYS bring a USB stick with your music on it with you to the event in case of emergencies.

DRUG FREE DECLARATION

I hereby state that I have not used Anabolic Steroids, Growth Hormones or other performance enhancing substances as listed in the WADA Prohibited List available on our web site ***www.inbanewzealand.org***

I agree, if and when requested, to supply a urine and/or Blood sample under the testing conditions laid down by the South Pacific Natural Physique Association or other relevant testing agency at these Championships for the purpose of testing for prohibited substances.

I hereby also to agree that should my test return a positive result for any reason, I will reimburse the South Pacific Natural Physique Association the costs incurred in conducting these tests up to a value of \$750.00

I hereby agree and consent to the use of any photographs, video recordings or other recorded images taken or recorded at this event by the S.P.N.P.A., I.N.B.A. , Physical Attractions or any of their agents or representatives, in any magazine, broadcast transmission, or any other printed or electronic media for the purpose of promoting or advertising this or future events, the "S.P.N.P.A., Physical Attractions or their sponsors.

I have read and understood this Declaration and the Conditions of Entry and enter these Championships in accordance with their terms.

Signed.....Print Name.....Date.....



**South Pacific Natural Physique Association
Affiliated to the
International Natural Physique Association. I.N.B.A.
Membership Application**

I (Print Your Name).....

on payment of \$60 Annual Membership Fee apply to join the South Pacific Natural Physique Association as an Associate Member for 12 months allowing me to compete in any competition organised or sanctioned by the South Pacific Natural Physique Association, the International Natural Bodybuilding Association or their Affiliates while still a Member.

I understand that my membership in the S.P.N.P.A. does not restrict my right to compete in any competition or event organised or conducted by any other organisation.

Name.....

Address.....

.....Area Code.....

Contact Phone Number.....e.mail address.....

Confirm e.mail address.....

Signature.....Date.....

***Entry and Membership Fees may be paid online by depositing them into the following account:
BNZ SPNPA 02-0200-0285880-083 using your Surname and Auckland as reference.***