

The Hungry Ghost:

A Biopsychosocial Perspective on Addiction from Heroin to Workaholism

Presented by Dr. Gabor Maté

Workshop Details

October 17, 2019

9am – 4pm

Location

BEST WESTERN PLUS

Arden Park Hotel

552 Ontario Street

Stratford, Ontario

Fees:

Early-Bird Rate: \$225 + HST

After Sept 16: \$250 + HST

Fee includes lunch, morning and afternoon refreshments.

**Discounted rates are available for groups of 5+ people registering together AND for individuals registering for more than one workshop **

Registration

Register online at

missionempowerment.ca



About the Workshop

This workshop, based on the best-selling book *In The Realm of Hungry Ghosts*, draws on cutting-edge science to illuminate where and how addictions originate and what they have in common, whether the addiction is to drugs, alcohol, nicotine, or behavioural addictions such as shopping or sex.

Dr. Maté weaves together scientific research, case histories, and his own insights and experience to explain the roots of addiction and to encourage us to develop a compassionate approach towards the addicted individual; one that stands the best chance of restoring him or her to wholeness and health.

Participants will learn about the source of addictions and what happens chemically and physiologically in the brains of people with substance dependency or behaviour addiction; the development of the addicted mind and how early childhood experiences shape the brain; the social basis of addiction in economic, cultural and political dislocation and disempowerment; how to develop a therapeutic relationship in which healing is possible; and how to prevent addiction, both in adolescence and before.

About the Presenter

For twelve years Dr. Gabor Maté worked in Vancouver's Downtown Eastside with patients challenged by hard-core drug addiction, mental illness and HIV, including at Vancouver's Supervised Injection Site. With over 20 years of family practice and palliative care experience and extensive knowledge of the latest findings of leading-edge research, Gabor is a sought-after speaker and teacher. As an author, he has written several bestselling books including the award winning *In the Realm of Hungry Ghosts: Close Encounters with Addiction*. For his groundbreaking medical work and writing he has been awarded the Order of Canada. To learn more: www.drgabormate.com

mission: empowerment!

WORKSHOPS AND EVENTS THAT EDUCATE, INSPIRE AND EMPOWER