

OVEREXPOSED-SEXTING AND ROMANTIC RELATIONSHIPS

STUDENT HANDOUT: to be completed in groups, or individually and shared in groups. Can be used as a final activity or intro activity. Or just used to guide discussion.

1. Rate the following in terms of riskiness (1 most risky - 3 least risky) and explain why:

_____ Adam asks his girlfriend to say sexually explicit things in an IM conversation. She does what he asks.

_____ Monica surprises her crush by taking of some of her clothes during a video chat.

_____ Ariel's boyfriend wants her to send him a naked photo. She texts him: "Only if you text me one first."

Explain in writing your rating and discuss with group mates or whole class:

2. The word "sexting" refers to :

- a. Getting a text that says you look nice and I want to go out with you
- b. Sending a sexually suggestive word text by IM or phone.
- c. Sending or receiving sexually explicit photos or videos by text message or other digital media. Sometimes also refers to sending verbal sexually explicit messages.
- d. Only sexual images and does **not** include sexual verbal messages so it is okay to write sexually explicit texts or emails or messages.

3. Is it okay to sext or request another to sext if you are in a committed romantic relationship? Explain.

4. Are the risks & consequences the same or different for boys and girls and sexting?

5. Why do people sext?

6. Sexting by minors under 18 is illegal in some states: True or False

7. What are healthy ways to self disclose or get close, or have emotional intimacy instead of sexting?