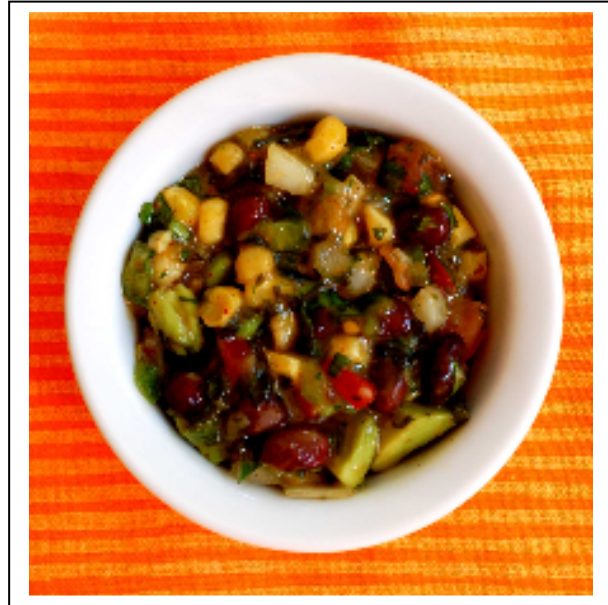


From the book "Man Can Cook" for "The Saturday Herd"
By Robert Sturm



Black Bean Corn Relish

Ingredients

- 1 Cup Corn, thawed
- 1 Cup Black Beans, canned, drained and rinsed or thawed
- 1 Cup Tomato, small diced
- 1 Cup Cilantro, fresh, chopped, packed tightly
- 1 Cup Avocado, small diced (about 1 avocado)
- ½ Cup Sweet Onion, small diced
- 2TB Jalapeno, very small deiced (about 1 large jalapeno pepper)
- 2 TB. Olive Oil
- 1 oz. Lime Juice, fresh
- 2 tsp. Cajun Seasoning

Directions

Combine all ingredients together. Chill 1 hour before serving. Keeps 5 days in the refrigerator.