South East Washington Regional FYSPRT

5/19/2016 from 4-6pm

7102 W Okanogan Pl. Kennewick, WA 99336

Members Present:

Jill Mulhausen Travis Rybarski Robert Haffner Liz Lee Carolyn Cox Cindy Adams Susan Lind Andrea Peyton Sally Mayo Amanda Crawmer

Members Not Present:

Crystal Watson Tana Bentley Baltazar Torres Margarita Alaman Julie Schmidt Heather Babler Brigette Phillips Leigh Wick Chris Hoag RuVine Jimenez JJ Hiebert

Youth Representatives in Attendance: <u>3</u> Family Representatives in Attendance: <u>10</u> System Partner Representatives in Attendance: <u>11</u> Family/Youth Percentage: <u>54%</u>

Announcements:

- 1) There is a call-in number for this meeting: (509) 396-3601
- 2) Our meeting will end promptly at 6pm

3) We have a Spanish Interpreter and she will be here every meeting, so please spread the word!

Business:

Welcome:

Travis introduced the Co-Leads Present: Travis Rybarski, Jill Mulhausen and Robert Haffner. We then asked those present at the FYSPRT to introduce themself and state whether they are representing Youth, Family or System Partners.

Ground Rules: the newly adopted Ground Rules were handed out and reviewed them for those present at the meeting.

Agenda: The meeting agenda was handed out to attendees.

Meeting minutes: The meeting minutes from the April Regional FYSPRT were handed out and for review by Jill Mulhausen. Sally Mayo made a motion to approve the meeting minutes and Travis Rybarski seconded the motion. The meeting minutes were unanimously approved by FYSPRT members.

Acronym Challenge: Robert and Jill introduced an Acronym Challenge activity for the FYSPRT. We asked attendees to write down every acronym heard at the meeting so we could create an acronym poster for future FYSPRTs.

Community Reports:

Carolyn Cox, Community Connections

Carolyn presented on the Community Connections meeting she attended. Community Connections is looking to boost recruitment from colleges by providing incentives to enter mental health field so we can entice new employees to the field and keep them. She reported that the state is having a difficult time filling the trainings that are being offered across the state. Additionally, the Evidence Based Practice Institute is looking to provide paid internships for new grates.

Chris Hoag, Omsbuds

Chris had a medical emergency arise and couldn't attend the meeting.

Jackie Davidson, Greater Columbia Behavioral Health Organization Jackie was not present for this meeting.

Open Forum for Community Concerns:

- The concern was raised over lack of services available for private pay/non-Medicaid youth.
 - Travis suggested identifying the numbers of students in schools that need mental healthcare but must receive it privately (via private insurance of private pay)

- Carolyn Cox reiterated the need for mental healthcare providers and services for non-Medicaid youth. She is working to fund a "Youth in Transitions" program for private pay families.
- Amanda suggested a Facebook drive or petition to demonstrate the need in our region
- Amanda mentioned that there needs to be additional trainings offered to parents and system partners on how to support families who deal with "big or violent behaviors."
 - Liz Lee agreed that this is an area need and reported they are seeing this need daily in the Juvenile Justice system.
 - Cindy Adams added that there still isn't training dollars allocated to the Behavioral Health Organization (BHO)
 - Carolyn suggested we take this concern to the Regional Advisory Board (RAB) and ask for more block dollars to pay for trainings.
 - Carolyn also recommended we ask the commissioner for support in this area.
 - Carolyn emphasized that the commissioner/BHO need to be at the FYSPRT.

Resource Drive:

Jill Mulhausen presented on our first project that we are taking on as a FYSPRT. We have decided to gather information about the resources offered to youth in 4 areas:

- 1) What are the substance use services/providers/programs offered to youth in our Region?
- 2) What are the services/providers/programs/resources offered to homeless youth in our Region?
- 3) What are the services/providers/programs/agencies/resources offered to youth who do not have Medicaid in our region?
- 4) What are the services/providers/programs/agencies/resources offered to LGBT youth in our region?:

During this Resource Drive, we asked FYSPRT attendees to "pledge" to bring a certain number of resources in some or all of these areas. We will gather the results and compile them into fliers and post on the FYSPRT website.

Membership Application:

At the FYSPRT in April, members present voted to adopt a membership policy and have that policy on all membership applications. These new applications were handed out to those present, and we announced that we are accepting new applications.

State FYSPRT report:

The State FYSPRT report will be made at the next FYSPRT meeting to allow the State FYSPRT time to release the meeting minutes for the report.

Name Change:

The topic of changing the South East Washington FYSPRT name has been postponed to the next meeting, in order to end the meeting on time.

Community Partner Presentation by Jeanette Barnes

Jeanette gave a presentation on the history of FYSPRT in the State of Washington and in South East Washington. Please see attached Power Point Presentation

The next State FYSPRT meeting will be August 11, 2016 in Lacey, Washington.

The next South East Washington Regional FYSPRT meeting will be held <u>June 23, 2016</u> at the Health Department from 4-6pm. We will have a call in number available. The proposed agenda will be emailed to the FYSPRT attendees a week before the next meeting.