



Speakers Bureau Program

1 person dies from suicide every **15 minutes**.

1 in every 4 of us will have a mental illness.

So why aren't people getting the help they need?

Lack of access AND stigma.

**That is where we can help!
Together we can reduce stigma and increase understanding!**

The MHA of AZ's Speakers Bureau aims to utilize the lived experiences of individuals living with mental health conditions in a meaningful and informative way to increase awareness, break down stigmatizing attitudes and promote recovery.

Presentations enhance community education, and offer hope and inspiration about issues surrounding mental illness.

Interested in joining MHA of AZ's Speakers Bureau?

OR

Looking to Request a presentation from our Speakers Bureau?

[Visit mhaarizona.org/speakers-bureau.html](http://mhaarizona.org/speakers-bureau.html)



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MHA AZ promotes the mental health and well-being for all Arizonans through education, advocacy and the shaping of public policy.