

# MY PRACTICE RECORD

TODAY'S DATE: \_\_\_/\_\_\_/\_\_\_

NEXT LESSON: \_\_\_/\_\_\_/\_\_\_

STUDENT'S NAME \_\_\_\_\_

HIT ALL OF THE CYMBALS!



RATE YOUR PRACTICE!

TECHNIQUE:

THEORY:

ASSIGNMENTS:

MY GOALS & PRACTICE TIPS:

LOGGING MY PRACTICE:

MONDAY:  25 MINS  35 MINS  45 MINS  <sup>other</sup> \_\_\_ MINS

TUESDAY:  25 MINS  35 MINS  45 MINS  <sup>other</sup> \_\_\_ MINS

WEDNESDAY:  25 MINS  35 MINS  45 MINS  <sup>other</sup> \_\_\_ MINS

THURSDAY:  25 MINS  35 MINS  45 MINS  <sup>other</sup> \_\_\_ MINS

FRIDAY:  25 MINS  35 MINS  45 MINS  <sup>other</sup> \_\_\_ MINS

SATURDAY:  25 MINS  35 MINS  45 MINS  <sup>other</sup> \_\_\_ MINS

SUNDAY:  25 MINS  35 MINS  45 MINS  <sup>other</sup> \_\_\_ MINS