

Adoptee Resources:

<http://www.adopteeson.com/> - *This is my favourite online resource. Haley is an adult adoptee who provides meaningful conversations and interviews with adoptees about their experiences. I have spoken with her on a few occasions about my exhibit and I will be interviewing with her this year for a future podcast. Haley also interviews counsellors that specialize in helping adoptees with healing.*

The resources noted below come directly from her website: www.adopteeson.com

Please visit her website for links to the resources and for further detailed information.

Articles

- "Adopted, Who am I?" by Jeanette Winterson
 - "Am I Blood or Am I Water" by Davis Peticolas or download the mp3 file
 - "On the Venerable American Bar Association or the Myth of Normal and Good in Adoption" by Frank Ligtvoet
 - "Sympathy Vs. Empathy" by Baby Girl B Adoptee
 - "What We Mean When We Say Adoption Reunion" by Karen Pickell
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Books

- *Adoption Reunion: Ecstasy or Agony?* by Evelyn Robinson
- *Adoption Separation: Then and Now* by Evelyn Robinson
- *Adoption Therapy: Perspectives from Clients and Clinicians on Processing and Healing Post-Adoption Issues* by Laura Dennis
- *Bastards: A Memoir* by Mary Anna King
- *Black Baby White Hands: A View from the Crib* by Jay John
- *Coming Home to Self* by Nancy Verrier
- *Daring Greatly* by Brené Brown
- *Found: A Memoir* by Jennifer Lauck
- *The Girls Who Went Away* by Ann Fessler

- *Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship* by Laurence Heller, PhD & Aline LaPierre PsyD
 - *Identical Strangers: A Memoir of Twins Separated and Reunited* by Elyse Schein and Paula Bernstein
 - *Primal Wound* by Nancy Verrier
 - *Restored* by Deanna Shrodes
 - *Reunion: A Year in Letters Between a Birthmother and the Daughter She Couldn't Keep* by Katie Hern & Ellen McGarry Carlson
 - *Rising Strong* by Brené Brown
 - *Worthy To Be Found* by Deanna Shrodes
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Documentaries

- *Closure* (closuredocumentary.com)
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Facebook

- 6 Word Adoption Memoir Album
 - Facebook Page "How Does It Feel To Be Adopted"
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Podcasts

- Indiana Adoptee Network News
 - More Perfect, "Adoptive Couple v. Baby Girl"
 - Out of the Fog
 - The Rambler
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Twitter

- #flipthescript hashtag on twitter
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Videos

- 6 Word Adoption Memoir
 - The Adopted Life
 - Paul Sunderland Lecture "Adoption & Addiction, Remembered Not Recalled"
 - *Listening to Shame by Brené Brown*
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Websites & Blogs

- www.theadoptedlife.com
- www.adopteereading.com
- www.adopteeresearchingforself.com
- Adoption at the Movies
- www.anyaproject.com
- www.adopteerestoration.com
- www.declassifiedadoptee.com
- iamadopted.net (formerly The Not So Secret Life of an Adoptee)
- www.sisterwish.com
- www.thelostdaughters.com