

Rolls-Royce Harriers

Newsletter

October 2015

END OF THE SEASON.....

Harriers history has been made! Congratulations to Clare McKittrick, our first ever lady club champion. Not only did Clare take top spot, but Lindsay Cuthbertson and Gillian Whiteside were close behind in third and fourth, and there's a healthy sprinkling of yellow in column 1 of the table below. I look forward to Clare receiving her trophy at the Awards Night on November 20th (more news of that on page 5).

R-R HARRIERS CHAMPIONSHIP 2014-2015

POSITIONS AT 15 SEPTEMBER 2015

POS	NAME	POINTS	POS	NAME	POINTS
1	CLARE MCKITTRICK	346	44	PADDY CONNALLY	34
2	ROBIN CARTER	294	45=	ALAN ECCLESTON	31
3	LINDSAY CUTHBERTSON	274		GREG HOLLAND	31
4=	GILLIAN WHITESIDE	265	47=	ANDREW DEIGHTON	29
	BOB WILSON	265		REUBEN LEE	29
6	MARK FOWELL	263		ADRIAN SHORE	29
7	DEAN SMITH	225	50=	MARK SKELTON	28
8	ANDY DODSLEY	211		JOHN IRVING	28
9	RUSSELL PARKIN	186	52=	BOB BOND	26
10	GAVIN CHADWICK	166		ALASTAIR HOBDAV	26
11	JON LEEK	165		IAN LAMBERT	26
12	STEVE WAKEFIELD	151	55	JON KINDER	24
13	AMANDA CARTER	149	56	WENDY LAWRENCE	23
14	RIC BRINEY	143	57	CHRIS MATTHEWS	21
15	LUKE FREEMAN	129	58=	PETE ADAMS	20
16	BILL SOUTHGATE	124		MATT TOMLINSON	20
17	CHRIS CLARKE	116	60=	CLIVE BARRACLOUGH	19
18	PAULA PARKIN	99		PETER BURFORD	19
19	HELEN HILDRED	98		DARREN POTTER	19
20	CHRIS SMITH	97	63=	GUY NORRIS	18
21	LUCY WILLIAMS	94		ALLAN POLLOCK	18
22	BEN HALL	85	65	ADAM LOWERSON	17
23=	JANET ILSLEY	83	66=	ROB GOULDS	15
	ANDY WARD	83		BEN KIRBY	15
25	ANDY NORMAN	74		ALBERT PEPPER	15
26	LEE GRIFFITHS	70	69=	TODD COXHEAD	14
27=	MARK HULANDS	66		TONY GREENHOUGH	14
	PAUL STEELE	66		RANBIR SAHOTA	14
29	RICHARD SCOTT	64	72	JUDY NOLAN	13
30	JOHN TAYLOR	60	73	DAVE PALFREYMAN	12
31	JOE REES	59	74	RICHARD THOMPSON	11
32	TRISTAN COOPER	53	75=	COLIN BURFORD	10
33=	PETE LONG	46		DAVE CAPEL	10
	IAN PAGE	46		KIERAN CONNALLY	10
35	ANDY GRIFFITHS	45		JULIE ROCK	10
36	NEAL FELLOWS	40		KEN WRIGHT	10
37=	CLIFF COOPER	39	80=	ANDY DEIGHTON	8
	NEIL BARNES	39		ANDREW KNIGHT	8
	LISA FILDES	39		JAMES TUBBY	8
40	JOE GIBSON	36	83=	CLIVE BELLAMY	5
41=	JOE BOAL	35		TONY EDWARDS	5
	ALAN MIDDUP	35		PHIL EDWARDS	5
	ROSEMARY WRIGHT	35		STEVE LEACH	5

Colour Codes

(based on age at start of season (17 September 2014))

	Junior (under 18)
	Senior men
	Over 40 men
	Over 50 men

	Over 60 men
	Over 70 men
	Ladies (all age categories)

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.....START OF THE SEASON

Last season finished on 15th September, and the new one began with the Handicap race the next day. Both cross-country leagues are now under way, and races such as the Robin Hood Marathon and Derby City Half Marathon have already taken place, so the championship table is already shaping up nicely.

R-R HARRIERS CHAMPIONSHIP 2015-2016

POSITIONS AT 20 OCTOBER 2015

<u>POS</u>	<u>NAME</u>	<u>POINTS</u>	<u>POS</u>	<u>NAME</u>	<u>POINTS</u>
1	GILLIAN WHITESIDE	71	25=	NEIL BARNES	14
2	LINDSAY CUTHBERTSON	61		PETE LONG	14
3	CHRIS CLARKE	53		BILL SOUTHGATE	14
4	ANDY DODDSLEY	52	28	BEN KIRBY	13
5	SARAH HAYNES	50	29	CLIVE BARRACLOUGH	11
6	CLARE MCKITTRICK	49	30=	NEAL FELLOWS	10
7	DEAN SMITH	48		SUKI VERNON	10
8	RIC BRINEY	44	32	PADDY CONNALLY	9
9	LISA FILDES	40	33	JOHN IRVING	8
10	ROBIN CARTER	36	34=	BOB BOND	5
11	RUSSELL PARKIN	35		DAVE CAPEL	5
12	TRISTAN COOPER	33		TONY EDWARDS	5
13=	ANDY NORMAN	31		ROB GOULDS	5
	ANDY WARD	31		STEVE LEACH	5
15	JOHN TAYLOR	22		JON LEEK	5
16	IAN LAMBERT	21		ALBERT PEPPER	5
17=	MARK FOWELL	20		JULIE ROCK	5
	LEE GRIFFITHS	20		BOB WILSON	5
	DARREN POTTER	20			
20=	ANDREW DEIGHTON	18			
	GREG HOLLAND	18			
22=	BEN HALL	16			
	CHRIS SMITH	16			
	STEVE WAKEFIELD	16			

Colour Codes

(based on age at start of season (16 September 2015))

	Junior (under 18)
	Senior men
	Over 40 men
	Over 50 men

	Over 60 men
	Over 70 men
	Ladies (all age categories)

NEW CLUB RECORD

Clare McKittrick has become the first Harrier for four years to break a club record. Her time of 1:06:07 in the Brampton Brewery Chesterfield Spire Ten on 5th July beat the previous record by over two minutes. Clare is the holder of four of the seven ladies records, and they are the only ones set this century. All the men's records have stood since 1990. Now there's a challenge!

CONGRATULATIONS

To Amanda and Robin Carter on the birth of daughter Emelie on 10th August.

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DIARY DATES

Sat 31st October ECCA XC Relay Championships, Berry Hill Park, Mansfield
Sun 1st November Dovedale Dash, 11am
Sat 14th November North Midlands League XC Glebe Park, Corby
Fri 20th November Annual Awards Night at the Blessington Carriage, Chapel Street
Sun 22nd November Derby Runner League XC Bagworth Heath
Sun 22nd November Clowne Half Marathon, 10am
Sun 22nd November Heanor 10k Pudding Run, 10am
Sat 5th December North Midlands League XC Shipley Park, Heanor
Sun 6th December Derby Runner League XC Bradgate Park, Newtown Linford
Sun 13th December Keyworth Turkey Trot Half Marathon, 10.15am
Sun 10th January Derby Runner League XC Allestree Park, Derby
Sat 16th January North Midlands League Cross-Country Wollaton Park, Nottingham
Sun 31st January Derby Runner League XC Grace Dieu School, Thringstone
Sun 21st or 28th February Derby Runner League XC Lutterworth area (venue TBA)
Sun 13th March Derby Runner League XC Holly Hayes Wood, Whitwick

CLUB ARCHIVE

Ever since the championship began in 1984, I have been keeping paper copies of race results, and of the championship tables. They now run to over thirty files, kept in two very large plastic boxes in my loft. To make them more accessible, I have been steadily typing them up onto spreadsheets over the last couple of years, and passing them on to Richard Scott to put on the Harriers website. With a joint sigh of relief, we can now announce that they are all there!

What you will find, if you click on Results, is a drop down box from which to select a season. For each season, there is the championship table and breakdown. They are followed by the results of the league cross-country races, the track races and all the club's own races (the Broome Cup, the Handicap, the Piggs Trophy 10k and the two we don't run any more, the Ten Mile and the Smelly Farm Seven).

To be clear, there is a lot more in the paper files, much of which is impractical to digitize, e.g. full results of other local races. And there are one or two future projects I do intend to undertake, like an extract of Harriers times from the Derby Ramathon and the London Marathon.

Meanwhile, if there's an old result you want digging out, there's a good chance I've got it. If so let me know.

CLUB RECORDS – 30 BEST TIMES

Now that all the old championship breakdowns are on file, it has been a relatively easy job to rank them to find the top times at each distance over the years. The results are top 30 tables for each of the seven fixed distances, separately for men and ladies, and with just one time per runner. You'll find them on the website under Club Records.

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DOVEDALE DASH, SUNDAY 1ST NOVEMBER 2015

Still going strong after 62 years. Originally organised by the Mercury Cycling Club, and now in the hands of the villagers of Thorpe, the Dash takes place on the first Sunday in November every year. The 4¾ mile course starts in the fields above Thorpe village and makes a rapid descent of Lindale before its most spectacular feature, the crossing of the River Dove, either via the stepping stones or, for most, straight through the water. The run along the tarmac footpath towards the car park is usually enough to restore feeling to numb legs, then it's back into the fields behind the Izaak Walton hotel to the village of Ilam, along the banks of the Manifold, then the Dove, to Coldwall Bridge. Doubling back, the course follows the opposite bank of the Dove, crosses the road and takes the path on the Thorpe Cloud side of the river to Lindale and a final lung-bursting climb to the finish.

The entry fee is £5, pay on the day only. Booking in starts at 9am and the race starts at 11am. All profits go to charity. More details on the Dovedale Dash website.



The Dovedale Dash at the stepping stones during the 1983 event. Two Harriers are in view, the late Joe Rowland in the Harriers vest, right of centre, and Ray Thompson, on the stepping stones, right. Thanks to Ray for sending me the photo.

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Former Harriers Chairman Ken Broadhurst was heavily involved in the organisation of the early Dovedale Dashes, then known as the All Cyclists Cross Country Race. He devised the course (which was different from today's) and won the first six races. Here he is winning the first one. I'd always believed this was in 1952, but all the information I've found on line suggests it started in 1953.

Dave Cluley: the Dash was one of Dave's favourite events, because it was where he and Annette first met. We're hoping to arrange a get-together after this year's race to raise a pint in Dave's memory. I'll circulate details when I know them.

AWARDS NIGHT

After an exhaustive programme of research in the boozers of Derby and the surrounding area, Jon Leek has selected the Blessington Carriage on Chapel Street for this year's celebrations. Here's what Jon has to say:

"Dear Harriers, I am pleased to announce that this year the Awards Night for the 2014-2015 season will be held on **Friday 20th November** at the **Blessington Carriage** public house, in their upstairs function room at **7.30 pm**.

Incredibly, the cost is still unchanged at an inflation busting **£7.50** a head!!!! The price includes a sumptuous buffet and entry into the raffle. Please come along and enjoy a convivial evening rubbing shoulders with your fellow club runners (and ex runners), enjoy some good food and ale, and cheer on our award winners from last season.

If you would like to attend, please let me know how many people require the buffet so that I can plan accordingly. I can be contacted using the telephone numbers below or by email at jon.leek@rolls-royce.com.

We look forward to seeing you on the night.

Kind regards,

Jon Leek

On behalf of Rolls-Royce Harriers

Tel: (01332) 2 44005

Mob: 07504 626574"

I have omitted the payment details, which were in the email circulated in mid October, but if you need a reminder, please contact Jon.

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PIGGS TROPHY 10K, MICKLEOVER, 5th AUGUST 2015

We approached this one with some trepidation. Not only was a drought-busting deluge forecast, but there was the uncertainty over the number of entries. Would the brave new world of social media deliver us more participants than we could cope with? To our relief, the entry was a healthy but manageable 162, and precipitation was limited to a little drizzle. Overall winner was David Stavner (unattached), in a time of 35:28, and the first lady was Derwent's Rachel McGuinness (39:48). The Piggs Trophy for the first R-R Harrier went to tenth-placed Russell Parkin (37:00) and the winner of the Ted Page Trophy for the first lady Harrier was Lindsay Cuthbertson (46:14). There was a temporary problem with the results: around half the times recorded had slipped out of phase with the positions, as many of the participants quickly pointed out. However, thanks to Richard Scott's comprehensive photographic coverage of the finish (he took 1,399 photos!), it was a relatively easy matter to spot and correct the error.

Mark Fowell giving his customary 100% at the finish of the Piggs Trophy



CLUB VESTS AND THE CROSS-COUNTRY LEAGUES

Please note that both cross-country leagues require club vests to be worn in their races. My apologies – I should point this out at the start of each season for the benefit of first-timers. Jon Leek will be happy to supply vests (see Club Kit section).

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Editor: **Bill Southgate.** billsouthgate337@btinternet.com. **Rolls-Royce Harriers**
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A WARD AWARD – TEN COLIN POTTER 10Ks!

Back in July, the Colin Potter 10k was staged for the tenth time, and our 2013 club champion Andy Ward had good reason to celebrate. No he didn't win, but he was honoured by the Colin Potter committee as the only runner to have completed all ten races. Here he is out-smiling race organisers (and fellow Harriers) Gavin Chadwick and John Taylor.

This is what the Colin Potter team had to say: "We have to give a special mention to Andy Ward who this year completed his 10th Race with us. The only person to our knowledge to have entered and completed each of our races. We owe special thanks for being so dedicated to run with us every year, through the varying courses, weather conditions, changes in date and even injury one year, Andy has been with us throughout. Thank you Andy. We hope you can continue to be part of the race in the future."



BOOK REVIEW

My daughter gave me a copy of "Feet In The Clouds" by Richard Askwith for my birthday. I'm sure many of you know it already (Steve Leach and Andy Swift can recite long passages from memory!), but somehow I've missed it until now.

It's a wonderful read! Chapters about the greats of fell-running (Joss Naylor, Bob Graham, Helene Diamantides et al) and fell-running history alternate with the experiences of a modest fell-runner's racing year, and convey just what it is that makes the sport so special. Originally published to a limited audience in 2004, it's now generally available in paperback. I'm not receiving a fee for this review!

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WEEKLY CLUB RUN

Just a reminder that the club runs start from the Roundhouse changing rooms (adjacent to the Moor Lane site) at 5pm every Wednesday. The 4 to 5 mile runs are taken at a very leisurely pace, and all Harriers, and prospective Harriers, are welcome to join in. More details from Jon Leek (jon.leek@rolls-royce.com), Richard Scott (richard.scott2@rolls-royce.com) or Gillian Whiteside (gillian.whiteside@rolls-royce.com).

CLUB KIT

If you require a new vest, shorts etc, please contact Jon Leek who is the vendor of all these items, at competitive prices.

Vests : £13.00	Shorts : £10.00
Mens Sizes : S(36in) M(38in) L(40in) XL(42in)	Mens Sizes : S(30in) M(32in) L(34in)
Ladies Sizes : S(34in) M(36in) L(38in)	Ladies Sizes : S(28in) M(30in) L(32in)

Phone Jon Leek on 44005

CHARITY RUNS 1981 AND 1982

In 1981 and 1982, the club staged two relay runs for charity. The first, on 20th September 1981, was a 24 hour relay around the old 440-yard cinder track. This used to surround the cricket pitch in front of the R-R Recreational Society Pavilion (or "The Welfare" to you and me!). 48 runners each ran for half an hour, and a competition was held to guess the distance completed. 1981 was the year I joined the Harriers, and my memory is of wild and stormy weather, and being lucky enough to draw an afternoon slot. Apart from the number of laps I ran (20), I have no other record of the event. Does anyone out there have more details, e.g. the names of the other runners and the total distance?

The second event, on 23rd October 1982, was a 100 mile relay, the competition being to guess the total time taken. The course was on roads, a 10 mile circuit from the Welfare via Sinfin, Barrow-on-Trent, Swarkestone, Chellaston and Shelton Lock (more or less the course we used later for our Ten Mile race until the roads became too busy). The circuit was divided into four unequal legs, and was run ten times. I have the results of this one (below). The time taken was 10 hours 2 minutes and forty seconds, and the lucky prizewinner (who was five seconds out) received airline tickets. The handwritten results sheet I have records each runner's first initial and surname, and I have to admit I have forgotten a few of the first names. The other detail I am missing is where the first and second stage changeover took place. Can anyone help?

PS I think the first stage was run by local racing driver Brian Henton, or is my memory playing tricks?

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ROLLS-ROYCE HARRIERS 100 MILE CHARITY RUN OCTOBER 23rd 1982

LAP	STAGE 1 R-R WELFARE - ?		STAGE 2 ? - BARROW		STAGE 3 BARROW - SHELTON LOCK		STAGE 4 SHELTON LOCK - R-R WELFARE	
	NAME	HR:MIN:SEC	NAME	HR:MIN:SEC	NAME	HR:MIN:SEC	NAME	HR:MIN:SEC
1	B HENTON	OVERALL TIME 00:13:55	JOHN TIVEY	OVERALL TIME 00:33:30	CLIVE BELLAMY	OVERALL TIME 00:51:58	IAN KINNEAR	OVERALL TIME 01:03:21
		STAGE TIME 00:13:55		STAGE TIME 00:19:35		STAGE TIME 00:18:28		STAGE TIME 00:11:23
2	DAVE WALKER	OVERALL TIME 01:16:33	BRYAN MEEDS	OVERALL TIME 01:34:56	MIKE LAWSON	OVERALL TIME 01:51:35	DAVE CLULEY	OVERALL TIME 02:03:41
		STAGE TIME 00:13:12		STAGE TIME 00:18:23		STAGE TIME 00:16:39		STAGE TIME 00:12:06
3	JIM KEOGH	OVERALL TIME 02:17:12	M THWAITES	OVERALL TIME 02:33:13	DAVE CHISHOLM	OVERALL TIME 02:50:35	GRAHAM GITTUS	OVERALL TIME 03:03:57
		STAGE TIME 00:13:31		STAGE TIME 00:16:01		STAGE TIME 00:17:22		STAGE TIME 00:13:22
4	TERRY LEAHY	OVERALL TIME 03:16:51	HARRY LEEMING	OVERALL TIME 03:33:30	TED MATLEY	OVERALL TIME 03:49:45	KEITH RYLES	OVERALL TIME 04:00:44
		STAGE TIME 00:12:54		STAGE TIME 00:16:39		STAGE TIME 00:16:15		STAGE TIME 00:10:59
5	ERNIE CRIPPS	OVERALL TIME 04:16:13	N HARVEY	OVERALL TIME 04:33:57	ALAN BEARD	OVERALL TIME 04:52:08	JOE ROWLAND	OVERALL TIME 05:03:02
		STAGE TIME 00:15:29		STAGE TIME 00:17:44		STAGE TIME 00:18:11		STAGE TIME 00:10:54
6	PHIL PICKERING	OVERALL TIME 05:15:33	M MAUDE	OVERALL TIME 05:33:44	GRAHAM BELCHER	OVERALL TIME 05:52:26	F CUNNINGHAM	OVERALL TIME 06:06:05
		STAGE TIME 00:12:31		STAGE TIME 00:18:11		STAGE TIME 00:18:42		STAGE TIME 00:13:39
7	L WEBSTER	OVERALL TIME 06:18:49	LENNY BENNETT	OVERALL TIME 06:36:11	BILL SOUTHGATE	OVERALL TIME 06:53:52	CLIFF COOPER	OVERALL TIME 07:04:45
		STAGE TIME 00:12:44		STAGE TIME 00:17:22		STAGE TIME 00:17:41		STAGE TIME 00:10:53
8	PHILL MAY	OVERALL TIME 07:15:59	DAVID BARNES	OVERALL TIME 07:31:44	TERRY TAYLOR	OVERALL TIME 07:50:10	S MEYNELL	OVERALL TIME 07:59:39
		STAGE TIME 00:11:14		STAGE TIME 00:15:45		STAGE TIME 00:18:26		STAGE TIME 00:09:29
9	G HOLLOWAY	OVERALL TIME 08:15:37	JIM CARROLL	OVERALL TIME 08:32:39	ANDREW GELL	OVERALL TIME 08:50:23	JOHN CHARLTON	OVERALL TIME 09:03:30
		STAGE TIME 00:15:58		STAGE TIME 00:17:02		STAGE TIME 00:17:44		STAGE TIME 00:13:07
10	TERRY RICHARDSON	OVERALL TIME 09:16:38	JOHN GREY	OVERALL TIME 09:33:58	PAUL CONROY	OVERALL TIME 09:52:35	KEN NORTHARD	OVERALL TIME 10:02:40
		STAGE TIME 00:13:08		STAGE TIME 00:17:20		STAGE TIME 00:18:37		STAGE TIME 00:10:05