

Snack & Lunch Menu

October 2018

Sprayberry 2.0
2670 Kinjac Dr
Marietta, GA 30066
770.672.6289

Vegetarian Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Snack: Yogurt & Rice Crispies Lunch: Grilled Cheese Sandwich , Corn & Mangos Snack: Pita Bread and	2 Snack: Cheese Grits Lunch: Baked Ziti with Tomato Sauce , peas & Pears Snack: Pretzels & Cheese Slices	3 Snack: Cottage Cheese & Blueberries Lunch : Cheese Pizza, Salad & Strawberries Snack: Wheat Crackers with Cream Cheese	4 Snack: Bananas & Milk Lunch: Veggie Nuggets with Mashed Potatoes and Gravy, Orange Wedges Snack: Breadsticks with Marinara	5 Snack: Mixed Fruit & milk Lunch: Grilled Cheese Sandwiches, Salad, Sliced Apples Snack: Trail Mix & Juice	6
7	8 Snack: Bananas & Milk Lunch: Tomato Soup, Green Beans & Pineapple Snack: Apple Slices & Soy Nut Butter	9 Snack: Oatmeal & Milk Lunch: Cheesy Rice Caserole, Salad, applesauce Snack: Bell Peppers & Cheese Slices	10 Snack: Apple Sauce & Graham Crackers Lunch: Veggie Nuggets, Carrots, Bananas Snack: Baked Apples and Juice	11 Snack: Mixed Fruit & Milk Lunch: Veggie Burgers, Roasted Sweet Potatoes & Pears Snack: Tuna Salad & Crackers	12 Snack: Cucumbers with Ranch & Juice Lunch: Cheese Pizza, Salad , Mangos Snack: Yogurt & Rice Crispies	13
14	15 Snack: Yogurt & Rice Crispies Lunch: Grilled Cheese Sandwich , Corn & Mangos Snack: Pita Bread and	16 Snack: Cheese Grits Lunch: Baked Ziti with Tomato Sauce , peas & Pears Snack: Pretzels & Cheese Slices	17 Snack: Cottage Cheese & Blueberries Lunch: Scrambled Eggs, Toast, Cucumbers & Strawberries Snack: Wheat Crackers	18 Snack: Bananas & Milk Lunch: Veggie Nuggets with Mashed Potatoes and Gravy, Orange Wedges Snack: Breadsticks with Marinara	19 Snack: Mixed Fruit & milk Lunch: Grilled Cheese Sandwiches, Salad, Sliced Apples Snack: Trail Mix & Juice	20
21	22 Snack: Bananas & Milk Lunch: Tomato Soup, Green Beans & Pineapple Snack: Apple Slices & Soy Nut Butter	23 Snack: Oatmeal & Milk Lunch: Cheesy Rice Caserole, Salad, applesauce Snack: Bell Peppers & Cheese Slices	24 Snack: Apple Sauce & Graham Crackers Lunch: Veggie Nuggets, Carrots, Bananas Snack: Baked Apples and Juice	25 Snack: Mixed Fruit & Milk Lunch: Veggie Burgers, Roasted Sweet Potatoes & Pears Snack: Tuna Salad & Crackers	26 Snack: Cucumbers with Ranch & Juice Lunch: Cheese Pizza, Salad , Mangos Snack: Yogurt & Rice Crispies	27
28	29 Snack: Yogurt & Rice Crispies Lunch: Grilled Cheese Sandwich , Corn & Mangos Snack: Pita Bread and	30 Snack: Cheese Grits Lunch: Baked Ziti with Tomato Sauce , peas & Pears Snack: Pretzels & Cheese Slices	31 Snack: Cottage Cheese & Blueberries Lunch : Cheese Pizza, Salad & Strawberries Snack: Wheat Crackers with Cream Cheese			