



Richard Foster is the co-founder and CEO of S and F Athletes a youth organization that belief every child deserves the opportunity to learn regardless of economic disadvantages. He grew up in Bryan, TX with Father, mother and six siblings. His passion to help youth develops from his childhood struggles and shame. Richard has three sons and four grandchildren

With a strong support base he received growing up, he graduated from Bryan high school, and on a football scholarship he attended Tyler Jr. College and transfer to Angelo State Universe where I earn a bachelor degree in kinesiology, minor in physiology. After 24 years working as a Juvenile Detention Officer, Special Education teacher, Education paraprofessional and coaching, it was time for a change. He and his partner Henry Stewart decided to start the organization S and F Athletes. Richard has been profile on Bubblelife-reporter Dawn Tongish, and MindYourBlackBusiness by Louiseza Sanderson, appear on BlogTalk Radio show Black Wealth Creation, host Shawn Hill ,“Inside The Game” Sport Talk Radio Show host by Robin Valetutto and ST1740 “Beyond The Game”.

S and F Athletes was a vision when Richard and his partner Henry Stewart started mentoring students in 2010. As the need for specific guidance continued to be apparent, Richard and Henry decided to take the next steps of progression to grow S and F Athletes into an organization that will focus and assist helping youth in pursuing their academic and life goals.

Skill and Faith Athletes Name

We took the first initials of Foster and Stewart and put the word Skill for S and Faith for F. Athletes come from our original plan and Skill and Faith Athletes was born.

Our name mean: Let your ability give you confidence to compete

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