# CITY OF MOLINE INTERN/VOLUNTEER WAIVER & RELEASE

### IMPORTANT INFORMATION

The City of Moline ("City") is committed to conducting its internship/volunteer programs and activities in a safe manner and holds the safety of interns/volunteers in high regard. The City continually strives to reduce such risks and asks that all interns/volunteers follow safety rules and instructions that are designed to protect the intern/volunteer's safety. However, interns/volunteers must recognize that there is an inherent risk of injury when choosing to intern/volunteer for any activity or program.

Each intern/volunteer is solely responsible for determining if he/she is physically fit and/or properly skilled for any internship/volunteer activity. It is always advisable, especially if the intern/volunteer is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

## WARNING OF RISK

Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when providing intern/volunteer services. Understandably, not all hazards and dangers can be foreseen. Interns/Volunteers must understand that depending upon the intern/volunteer services, certain risks, dangers and injuries due to acts of God, inclement weather, slip and falls, inadequate or defective equipment, failure in supervision or instruction, premises defects, horseplay, carelessness, lack of skill or technique, and all other circumstances inherent to the particular intern/volunteer services exist. In this regard, it must be recognized that it is impossible for the City to guarantee absolute safety.

## WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in consideration for providing intern/volunteer services, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you may sustain as a result of participating in any and all activities connected with and associated with your internship/volunteer services (including transportation services/vehicle operations, when provided).

#### STATEMENT

As an intern/volunteer, I recognize and acknowledge that there may be risks of physical injury to interns/volunteers in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that I may sustain as a result of my internship/volunteer services. I further agree to waive and relinquish all claims I may have (or accrue to me) as a result of my internship/volunteer services against the City including its officers, officials, agents, volunteers and employees (hereinafter collectively referred as "Parties").

I do hereby fully release and forever discharge the Parties from any and all claims for injuries, damages, or loss that I may have or which may accrue to me and arising out of, connected with, or in any way associated with my internship/volunteer services.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver

Participation will be denied if the signature of the intern/volunteer/parent/legal guardian and date are not on this form.