

Race Date
April 27, 2014

Hammer Sprint 2014
Age Group Results
Duathlon Age Group

Female Open Winners

Place			Run /			Trans 1			Bike			Trans 2			Run			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		
1	8	Marsha Morton	1	21:06.38	6:48	0:44.33	1	51:50.39	18.5	0:43.38	1	21:21.86	6:53	1:35:46.3						
2	13	alison green	3	26:17.24	8:29	0:56.06	2	51:59.37	18.5	1:03.34	3	28:17.37	9:07	1:48:33.3						
3	14	Kandi Qualls	2	24:58.12	8:03	0:56.51	3	55:54.51	17.2	0:55.92	2	26:01.89	8:24	1:48:46.9						

Male Open Winners

Place			Run /			Trans 1			Bike			Trans 2			Run			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		
1	1	Paul Horton	2	19:07.06	6:10	1:15.23	2	46:53.86	20.5	0:47.96	1	18:40.05	6:01	1:26:44.1						
2	2	Ronnie Manis	1	18:41.27	6:02	0:50.50	3	47:42.42	20.1	0:37.90	2	19:32.52	6:18	1:27:24.6						
3	3	Andrew Eickholt	3	20:24.25	6:35	0:47.04	1	45:13.97	21.2	0:44.22	3	21:06.02	6:48	1:28:15.5						

Female Masters Winners

Place			Run /			Trans 1			Bike			Trans 2			Run			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		
1	16	Sherrie Giles	2	26:02.81	8:24	0:47.59	1	54:31.03	17.6	0:53.10	2	27:02.55	8:43	1:49:17.0						
2	19	Sheila Wallace	1	25:57.85	8:22	1:11.97	2	57:31.23	16.7	1:24.58	3	30:31.10	9:51	1:56:36.7						
3	20	Natalie Clarke	3	26:20.91	8:30	0:37.19	3	1:03:57.7	15.0	0:29.33	1	26:46.22	8:38	1:58:11.4						

Male Masters Winners

Place			Run /			Trans 1			Bike			Trans 2			Run			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		

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Age Group Results
Duathlon Age Group

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Trans 1</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Trans 2</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	7	Marty Sandefur	1	21:31.46	6:56	1:26.08		1	47:35.78	20.2	2:22.43		1	22:22.98	7:13	1:35:18.7	
2	9	Dan McCaslin	2	22:06.18	7:08	0:52.14		2	50:00.24	19.2	1:01.60		2	23:26.04	7:34	1:37:26.2	
3	10	Bruce Heiser	3	22:45.18	7:20	0:33.17		3	50:35.67	19.0	0:32.16		3	23:41.07	7:38	1:38:07.2	

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Hammer Sprint 2014
Age Group Results
Duathlon Age Group

Male 25 to 29

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Kevin Rarick	1	20:33.56	6:38	1:08.99	1	43:34.92	22.0	1:02.20	1	22:11.11	7:09	1:28:30.7

Female 30 to 34

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	24	jessica cannon	1	29:40.81	9:34	0:59.95	1	1:04:10.4	15.0	0:51.28	1	30:59.32	10:00	2:06:41.8

Male 30 to 34

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Jason Goss	1	20:23.92	6:35	1:23.34	1	49:36.52	19.4	1:24.98	1	21:30.82	6:56	1:34:19.5
2	27	RJ Lillard	2	31:02.86	10:01	1:10.38	2	1:04:31.5	14.9	1:07.56	2	36:09.92	11:40	2:14:02.2

Male 35 to 39

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	John Smith	1	21:07.05	6:49	0:48.40	1	45:00.64	21.3	0:54.16	1	22:16.31	7:11	1:30:06.5
2	22	David King	2	27:23.99	8:50	1:50.87	3	1:01:10.2	15.7	1:46.22	2	29:51.64	9:38	2:02:02.9
3	23	Shane Asbury	3	29:07.12	9:24	2:37.21	2	58:32.78	16.4	2:16.60	3	33:11.95	10:42	2:05:45.6

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Age Group Results

Duathlon Age Group

Female 40 to 44

Place			----- Run / -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	25	Maria Irene Pacia	1	29:27.43	9:30	1:07.72	1	1:03:03.4	15.2	1:00.18	1	32:42.37	10:33	2:07:21.1

Male 40 to 44

Place			----- Run / -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Joel Denardo	1	26:05.68	8:25	0:39.94	1	53:03.13	18.1	0:35.82	1	29:30.51	9:31	1:49:55.0

Female 45 to 49

Place			----- Run / -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	21	Elizabeth Corbett	1	25:41.13	8:17	1:26.48	1	1:02:11.9	15.4	1:37.33	1	27:15.39	8:47	1:58:12.3
2	28	Lora Morgan	2	33:12.26	10:43	1:24.45	3	1:13:39.1	13.0	1:02.41	2	37:34.83	12:07	2:26:53.0
3	29	Diane McDaniel	3	34:12.30	11:02	2:17.53	2	1:11:57.9	13.3	2:41.47	3	37:50.14	12:12	2:28:59.4

Male 50 to 54

Place			----- Run / -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	David Winchester	1	21:35.70	6:58	1:20.31	3	55:08.52	17.4	1:07.24	1	23:48.93	7:41	1:43:00.7
2	12	Delbert Bennett	2	24:22.37	7:52	1:02.68	1	52:28.96	18.3	1:07.41	4	28:11.60	9:05	1:47:13.0
3	15	Todd Giorgio	3	24:54.26	8:02	1:35.09	2	54:35.05	17.6	1:15.06	3	26:43.34	8:37	1:49:02.8
4	18	Fred Henegar	4	25:27.39	8:13	1:11.49	4	55:47.21	17.2	0:57.72	2	26:36.75	8:35	1:50:00.5

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Hammer Sprint 2014
Age Group Results
Duathlon Age Group

Male 50 to 54

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
5	26	Thomas Fitzmaurice	5	30:58.60	9:59	2:22.54	5	58:37.26	16.4	2:48.43	5	35:26.50	11:26	2:10:13.3

Race Date
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Hammer Sprint 2014
Age Group Results
Duathlon Clydesdale

Male 99 and under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Trans 1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Trans 2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	1	Nicholas Karlovich	1	33:08.73	10:41	1:30.40	1	1:25:00.2	11.3	1:29.31	1	44:52.03	14:28	2:46:00.6	

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Hammer Sprint 2014
Age Group Results
Duathlon Relay Male

Relay Male

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	FU-mc	1	21:16.06	6:52	0:28.47	1	54:25.73	17.6	0:25.18	1	23:28.28	7:34	1:40:03.7

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Hammer Sprint 2014
Age Group Results
Duathlon Relay Mixed

Mixed 0-99

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Fuzzy Puppies	1	23:43.91	7:39	0:19.00	1	42:48.75	22.4	0:20.34	1	23:36.53	7:37	1:30:48.5
2	2	Chris Carter	2	27:13.44	8:47	0:24.19	2	49:48.14	19.3	0:18.67	2	28:41.11	9:15	1:46:25.5