

Gastroenterology, Hepatology and Endoscopy

American Board of Internal Medicine

Diplomate in Gastroenterology & Internal Medicine

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Name: _____ Date: _____

Preparation for Capsule Endoscopy

1. You are scheduled for a Capsule Endoscopy on _____ at _____.
2. Begin a clear liquid diet for lunch and dinner on _____, the day before your procedure and continue the entire day.
3. Drink one bottle of citrate of Magnesium (Mag-Citrate) at 8:00 pm, the day before the procedure.
4. You can continue taking clear liquids, during and even after the liquid preparation until midnight the night before the test, but nothing after that.
5. Do not take any medications within 2 hours before undergoing Capsule Endoscopy. Do not take iron pills for one week before the test.
6. Please be advised that you must come back to the office to return the pill endoscopy machine by 4:30pm on the day of the exam.

Clear liquids that you can take are the following:

Clear bouillon, broth or consommé, tea, coffee, decaffeinated tea or coffee, Kool-Aid, carbonated beverages. Do not put any milk or cream in you tea or coffee. Juices including clear cranberry, white grape, and clear apple juice, strained lemonade, limeade, orange drink or any juices that you can see through and has no pulp. Also acceptable is water ices, Italian ices, popsicles, and you can have jello (**NO RED**).