

LIFELONG LEARNING IN RETIREMENT AT THE HIGHLANDS

SPRING 2019 COURSE DESCRIPTIONS UPDATED 12-1-18

REGISTER EARLY - WWW.LLRHDM.COM

CALL 784-1524 FOR HELP

(Courses, times, and locations are subject to change.)

MONDAYS

EMT FIRE SUPPORT IN OUR COMMUNITY

Date: Feb. 11, 2019

11:00 – 12:00 pm

Catalina II

COURSE DESCRIPTION: Have you ever wondered how firefighters and emergency medical personnel support your community? Did you know that 33% of their lives are away from family and family events loving what they do....protecting us. As I know many of you served in our armed forces, did you know that the National Guard serves first under a state mission to protect your community, then federalized to support the warfight. Shane Clark, a retired Fire Chief over military and civilian fire departments and retired Chief Master Sergeant in the Az National Guard will share this information and share some of his accounts of what he considers were the best professions he ever belonged to.

WHY ATTEND? To have a better understanding how first responders guard and support their communities.

PRESENTER BIOGRAPHY: Currently, Shane Clark, is Advanced Program Manager for the Public Safety Emergency Services Institute at Pima Community College Leading Paramedic, Fire, and Law Enforcement programs. My background = 29 years as a firefighter (retired as Fire Chief and paramedic) simultaneously served 34 years in the Az National Guard (retired Command Chief Master Sergeant).

MORE FUN & GAMES WITH CITIZEN SCIENCE

Date: Feb. 11, 18, 25, 2019

1:30 – 2:30 pm

Catalina II

COURSE DESCRIPTION: At each meeting we'll work together on Citizen Science projects, for example analyzing images from astronomy or wildlife biology, or deciphering historical documents. This is a continuation of "Introduction to Citizen Science" from 2017, but that's not a prerequisite – everyone is welcome!

WHY ATTEND? Have fun with your friends and neighbors while contributing to real science projects.

PRESENTER BIOGRAPHY: Alan Jones, PhD worked as a mathematician in the aerospace industry for entirely too many years. He's now safely retired, enjoying the snowbird lifestyle and the clear, dark skies here in the Highlands, and trying to learn more about the environment of southern Arizona.

BUILDING & HONING YOUR NEGOTIATING SKILLS

Date: Feb. 18, 2019

11:00 – 12:00 pm

Catalina II

COURSE DESCRIPTION: Negotiation is an art, a science and a game all rolled into one process. It is also a skill that is used by virtually all people in their daily life. Its depth and breadth are virtually unlimited. However, there are a myriad of basic and intermediate tips, tools and tactics, when used, can provide better results to those who employ them in their daily life.

This class will not focus on theoretical terms, but it will provide the participants with the practical means of improving the outcome of their negotiation efforts.

WHY ATTEND? An investment of a small amount of time in this class will provide practical benefits for your use when you are buying most anything from a home on down.

PRESENTER BIOGRAPHY: Michael Bohon worked in the supply chain management field in three industries. He practiced the skill of negotiation for his employers or clients resulting in total savings in eight figures. Having studied at the Harvard Program on Negotiation he has been an instructor of negotiation practices for 20 years.

INSIDE THE ARIZONA DAILY STAR EDITORIAL PAGES

Date: Feb. 25, 2019 11:00 – 12:00 pm Catalina II

COURSE DESCRIPTION: Learn how the Arizona Daily Star's Editorial Pages work, from choosing letters to the editor to writing editorials and selecting diverse op-eds and guest opinions. Have a conversation with the Star's Editorial Page Editor.

WHY ATTEND? Get the inside scoop.

PRESENTER BIOGRAPHY: Sarah Garrecht Gassen is the Editorial Page Editor of the Arizona Daily Star/Tucson.com and director of the Star's Apprenticeship/Internship program. She has taught at the University of Arizona School of Journalism for 15 years. She sits on the board of the national Women and Journalism Symposium, and Southern Arizona Adaptive Sports.

NAVAJO CODE TALKERS – SECRET WEAPON IN WORLD WAR II

Date: Mar. 4, 2019 11:00 – 12:00 pm Catalina II

COURSE DESCRIPTION: Almost everyone knows a little bit about the Navajo Code Talkers, America's Secret Weapon in World War II, especially after the death of Chester Nez, one of the first 29 Navajos who created the only code that the Japanese could not break. One Marine commander said that we could not have won the attack on Okinawa if it hadn't been for the Navajos and their code. Historian Jim Turner has worked on several Code Talker books as an editor for Rio Nuevo Publishers and will present in detail how the code was written, personal Code Talker stories, and their contribution to victory over the Japanese.

WHY ATTEND? This is a compelling story about how Native Americans helped save America, despite how they had been treated up to that point. Opportunity to buy his book.

PRESENTER BIOGRAPHY: Jim Turner received his masters in U.S. History, taught for the University of Arizona and Central Arizona College, and retired as historian for the Arizona Historical Society in 2009. He has published three books and another about the Four Corners area is set for release in September.

INVISIBLE ASTRONOMY

Date: Mar. 4, 2019 1:30 – 3:00 pm Catalina II

COURSE DESCRIPTION: To most of us, "astronomy" means the iconic visible light images from the Hubble Space Telescope. But other observatories show us things completely invisible to Hubble -- radio waves from new solar systems, gamma rays from exploding stars, and everything in between. We'll talk about how and why we observe in all these wavelengths. Pretty pictures will be shown!

WHY ATTEND? Broaden your perspective on what's going on out there in the Universe.

PRESENTER BIOGRAPHY: ALAN JONES worked as a mathematician in the aerospace industry for entirely too many years. He's now safely retired, enjoying the snowbird lifestyle and the clear, dark skies here in the Highlands, and trying to learn more about the environment of southern Arizona.

TUESDAYS

LINCOLN'S GETTYSBURG ADDRESS

Date: Feb. 12, 2019 10:30 – 12:00 pm Catalina II

COURSE DESCRIPTION: We will examine the derivation and writing of Lincoln's famous address. We will also examine the development of the National Cemetery in Gettysburg and the emphasis on the dedication ceremony,

WHY ATTEND? This was an important and fascinating moment in American history and one of the most significant speeches ever delivered by an American president.

PRESENTER BIOGRAPHY: Richard Wiseman was a teacher and avid student of the Civil War. He received his B.S. from Kent State University and he attended graduate school at both California State University, Long Beach and Northern Illinois.

FRED FOX GRADUATE WOODWIND QUINTET - UA

Date: Feb. 12, 2019 1:00 – 2:00 pm Catalina II

COURSE DESCRIPTION: The quintet will present a program of varying musical selections from the wind quintet repertoire. Members of the ensemble will share information on the individual pieces, their instruments, as well as their experiences in music. A brief Q&A with the audience will follow the performance. Program details will be determined in January.

WHY ATTEND? The intimate concert setting allows for these young musicians to not only share the repertoire and their passion for their craft but also share their experiences in developing their careers.

PRESENTER BIOGRAPHY: The Fred Fox Graduate Wind Quintet is the premiere student performing ensemble at The University of Arizona. Its members have come to the Fred Fox School of Music from some of the world's leading music schools. These students engage in graduate studies with the faculty of the Arizona Wind Quintet.

CIVIL WAR: GRANT VS. LEE

Date: Feb. 19, 26, Mar. 5, 2019 10:30 – 12:00 pm Catalina II

COURSE DESCRIPTION: We will examine how the Union took control of the Mississippi River and then move to 1864. President Lincoln brings General Grant to the eastern theatre and the emphasis will be on the battles between Grant and Lee. We will also look at Sherman's march to the sea.

WHY ATTEND? President Lincoln finally finds, in Grant, a general who understands how to defeat Lee's army and ultimately leads to the end of the war.

PRESENTER BIOGRAPHY: Richard Wiseman was a teacher and avid student of the Civil War. He received his B.S. from Kent State University and he attended graduate school at both California State University, Long Beach and Northern Illinois.

MONSOONS IN THE SONORAN DESERT

Date: Feb. 19, 2019 1:30 – 2:30 pm Catalina II

COURSE DESCRIPTION: We will specifically look at monsoon weather, to gain an interesting perspective on the impacts of weather in our region and what makes forecasting here much trickier than most would think.

WHY ATTEND? Learn about monsoon weather from meteorologists.

PRESENTER BIOGRAPHY: Cuyler Diggs and April Madison are meteorologists from KGUN 9 television. Both have been forecasting southern Arizona weather for many years. Please refer to our biographies on KGUN9.com for more detailed information on both of us.

VIRTUAL TOUR OF THE GARDNER MUSEUM

Date: Feb. 26, 2019 1:30 – 2:30 pm Catalina II

COURSE DESCRIPTION: No need to even leave your seat for this one hour guided tour highlighting numerous art treasures including a seascape by Rembrandt, an interior by Vermeer, oils by Raphael and Titian, as well as masterpieces by John Singer Sargent.

WHY ATTEND? You will enjoy a virtual tour of artistic masterpieces. Come for learning, chocolate, and fun!

PRESENTER BIOGRAPHY: Native Tucsonan ... B. A. Degree from St. Mary's Notre Dame and two Masters Degrees from University of AZ ... Teacher and Director of Professional Development in the Flowing Wells School District for 32 years ... International Educational Consultant for 25 years ... Tucson Museum of Art Docent for 12 years ... Volunteer at the Presidio Museum

THE RTA MOVES US

Date: Feb. 26, 2019 3:00 – 4:00 pm Catalina II

COURSE DESCRIPTION: We are more than halfway through the voter-approved 20-year Regional Transportation Authority (RTA) plan. Together with our plan partners, we have completed more than 800 projects, from brand new roadways to improved intersections, new sidewalks, expanded transit, wildlife crossings and miles of bikeways. An independent performance review found that the RTA is delivering its promise to voters, and if current practices continue, the RTA will successfully complete the plan. A citizens committee is working on establishing priorities for an RTA continuation plan to meet future regional transportation needs. Public involvement will be a critical and ongoing asset to the process.

WHY ATTEND? Learn more about your voter-approved RTA transportation plan.

PRESENTER BIOGRAPHY: Mindy Blake makes connections with the community to increase awareness and understanding of the Regional Transportation Authority plan. She enjoyed a 30-year career as a journalist, including many years at KOLD-TV. Mindy has served on several boards and volunteers for Arizona Public Media. Mindy is a graduate of Western State Colorado University.

TUCSON MUSEUM OF ART & LUNCH

Date: Mar. 5, 2019 10:45 – 1:00 pm **140 N. Main Street, Tucson**

COURSE DESCRIPTION: This one hour interactive guided tour will highlight the featured traveling exhibits as well as key pieces in the permanent collection. A variety of art genres will be discussed: Pre-Columbian, Contemporary, Western, and European.

DIRECTIONS: Take I 10 to Congress St. Left on Granada. Right on Alameda. Left on Main Ave. Take right on Washington St. for parking lot.

FEES: \$0 - \$10

LUNCH: 12 – 1 PM AT CAFÉ D LA C'ART, 140 N. MAIN AVE., TUCSON

WHY ATTEND? The participant will appreciate and enjoy the fine art collection at the Tucson Museum of Art, and participate in discussing the art in an actual museum setting. It's a fun field trip with lunch!!

PRESENTER BIOGRAPHY: Native Tucsonan....B. A. Degree from St. Mary's Notre Dame and two Masters Degrees from University of AZ....Teacher and Director of Professional Development in the Flowing Wells School District for 32 years....International Educational Consultant for 25 years....Tucson Museum of Art Docent for 12 years....Volunteer at the Presidio Museum.

UA GRADUATE STRING QUARTET

Date: Mar. 5, 2019 2:00 – 3:00 pm Catalina II

COURSE TITLE: University of Arizona Graduate String Quartet: Classical Music Performance

COURSE DESCRIPTION: The University of Arizona Graduate String Quartet will perform a selection of contrasting works from their current repertoire.

WHY ATTEND? We hope to provide an engaging performance as well as to broaden your understanding and appreciation for classical string quartets.

PRESENTER BIOGRAPHY: The award-winning **University of Arizona Graduate String Quartet** consists of an internationally diverse group of performers. All current graduate students, they hold principal positions in the university's orchestra. Along with their quartet duties, each member is an active part of the Tucson community, teaching privately and volunteering at various Tucson schools.

WEDNESDAYS

INTRIGUING LIFE OF BIRDS

Date: Feb. 13, 2019 11:00 – 12:00 pm Catalina II

COURSE DESCRIPTION: We see birds everywhere, on utility lines and poles, on golf courses, in our back yards, in shopping centers, just flying around or migrating afar. Do you wonder why they're there, where they go, what they eat, how they can survive in the cold north and in the heat of our Sonoran desert? 2018 has been designated as "The Year of the Bird" because they are such an important part of our world. Come and find out much more about these amazing fliers.

WHY ATTEND? You'll want to learn more about just how incredible birds are.

PRESENTER BIOGRAPHY: Cynthia Pruett is a retired executive from IBM, she is engaged in working for the protection of birds and wildlife in our fast changing world as a board member of both Tucson Audubon and National Audubon. She also supports the advancement of women studying engineering at her alma mater with a scholarship and is being honored this November, 2018 with the President's Medal for Lifetime Achievement at New Jersey Institute of Technology.

INTERNATIONAL NEGOTIATIONS – WHAT, HOW, WHY?

Date: Feb. 27, 2019 11:00 – 12:00 pm Catalina II

COURSE DESCRIPTION: The world seems to be in a continual state of chaos and nations are trying to use negotiations to resolve their difficulties. Negotiations in the international scene differ from business and personal negotiations in many ways. Why is this important? Obviously, the results of these interactions can have an effect on the millions of people up to and including the fate of life on our planet.

A combination of information provided by Michael and the ensuing discussion in this class will provide a better understanding of the good, bad and ugly of this critical topic in the current world setting,

WHY ATTEND? The information provided and the discussion in this class will help participants to better understand why international negotiations are so different from other types. The effects and results are different, too.

PRESENTER BIOGRAPHY: Michael Bohon, CPSM, C.P.M. CMRP, worked in the supply chain management field in three industries. He practiced the skill of negotiation for his employers and clients resulting in total savings in eight figures. Having studied at the Harvard Program on Negotiation, he has been an instructor of negotiation practices for 20 years.

RBG - RUTH BADER GINSBURG MOVIE

Date: Feb. 20, 2019 10:30 – 12:20 pm Catalina II

COURSE DESCRIPTION: In this documentary film, learn about Ruth Bader Ginsburg, who has served for more than two decades on the Supreme Court and is the second woman to be appointed to the Supreme Court. Ruth is a small, quiet woman but she has led major advances by the court in the areas of women's rights and sex discrimination. RBG provides inspiring insights into the life of a true pioneer. Her career has seen dramatic changes in the way society views gender roles.

WHY ATTEND? Learn about the contributions of a key leader in the justice system.

PRESENTER BIOGRAPHY: Peter Edwards, BSc., PhD, University of Birmingham UK. Worked in US industry.. Adjunct professor for Wilmington University and University of Delaware.

FOREIGN POLICY ASSOCIATION – GREAT DECISIONS

Date: Feb. 13, 20, 27, Mar. 6, 2019 1:30 – 3:00 pm Catalina II

COURSE DESCRIPTION: Build your knowledge of current international developments. Our discussion group is registered with the Foreign Policy Association in NYC. For 100 years, the FPA has provided programs for community members, business professionals, and public officials. The LLRH Great Decisions group will meet four times in the spring and four times in October and November. **A DVD will be shown at the beginning of each meeting. A Briefing Book (\$28.00)** will be used to read before each meeting to help familiarize you with the topic. **Pay \$28.00 when you register and pay for the Spring 2019 courses.**

GREAT DECISIONS 2019 TOPICS & MODERATORS – Spring, 2019 - Sessions 1,2, 3, 4

Refugees and Global Migration – Joan Drucker
The Middle East: Regional Disorder – Peter Edwards, PhD
Nuclear Negotiations: Back to the Future? - Michael Bohon
The Rise of Populism in Europe – Bill Christiansen

WHY ATTEND? Be an informed citizen about global issues.

AMERICAN DRUM NATIVE CIRCLE

Date: Feb. 20, 27, Mar. 6, 2019 3:15 – 4:15 pm Catalina II

COURSE DESCRIPTION: The hand drum has an important role in Native American cultural heritage. Students will learn to sing authentic Native American intertribal, pow wow style, social dancesongs while playing their own drums. No experience necessary! All participants must have their own drum. A drum can be purchased online from Musician's Friend, Amazon or at any local Tucson music store such as: Chicago Store, Music Land, Instrumental Music, Guitar Center, Rainbow Guitars, The Folk Shop or Sticks and Strings.

WHY ATTEND? This is a fun, easy- going, hands-on way to enjoy and learn about Native American culture by participation.

PRESENTER BIOGRAPHY: Mary Redhouse, Dine' (Navajo), is a 2005 Grammy Nominee for Canyon Records release People of Peace cd with R. Carlos Nakai Quartet. She has a Native American Awards and a 2017 Jazz Heroes Award. For many years she was chanter/drummer with the Redhouse Group, which specialized in intertribal, pow wow social dances and songs.

