

RECOMMENDED READING LIST & RESOURCES

Most Books Available on Amazon.com

SEXUAL ADDICTION

Carnes, P. (2002). **Facing the shadow: Starting sexual and relationship recovery.** Carefree, AZ: Gentle Path Press.

Carnes, P., Delmonico, D., Griffin, E., (2002). *In the shadows of the net: Breaking free of compulsive online sexual behavior.* Carefree, AZ: Gentle Path Press.

Carnes, P. (1992). **Out of the shadows.** Carefree, AZ: Gentle Path.

Carnes, P. (1991). *A gentle path through the Twelve Steps.* Carefree, AZ: Gentle Path Press.

Corley, M.D., & Schneider, J.P. (2002). *Disclosing secrets.* Carefree, AZ: Gentle Path Press.

Ferree, M. C. (2003). *No Stones: Women Redeemed from Sexual Shame.* Carefree, AZ: Gentle Path Press.

Schneider, J. & Weiss, R. (2001). *Cybersex exposed: Simple fantasy or obsession?* Center City, Minnesota: Hazelden.

Waltz, W. & Waltz, L. (2010). *The Porn Trap: A Guide to Healing from Porn Addiction, for Sufferers and Their Loved Ones.* NY, NY: Harper.

Weiss, R. (2015). **Sex Addiction 101: A Basic Guide to Healing from Sex, Porn, and Love Addiction.** Deerfield Beach FL: Health Communications.

Weiss, R. (2016). **Sex Addiction 101: The Workbook, 24 Proven Exercises to Guide Sex Addiction Recovery.** Deerfield Beach FL: Health Communications.

Weiss, R. (2017). *Out of the Dog House: A Step-by-Step Relationship-Guide for Men Caught Cheating.* Deerfield Beach FL: Health Communications.

PARTNERS OF SEX ADDICTS

Black, C. & Tripodi, C. (2012). **Intimate Treason: Healing the Trauma for Partners Confronting Sex Addiction.** Las Vegas, NV: Central Recovery Press.

Black, C. (2009). *Deceived: Facing sexual betrayal, lies and secrets.* Center City, MN: Hazelden.

Carnes, P. (1997). *The betrayal bond: Breaking free of exploitive relationships.* Deerfield Beach, Florida: Health Communications, Inc.

Carnes, S. (2008). **Mending a shattered heart: A guide for partners of sex addicts.** Carefree, AZ: Gentle Path Press.

Corcoran, M. (2011). *A house interrupted: A wife's story of recovering from her husband's sex addiction.* Gentle Path Press.

Melody, P. (1992). *Facing love addiction: Giving yourself the power to change the way you love.* San Francisco: Harper

Payson, E.D. (2002). The wizard of oz and other narcissists: Coping with the one-way relationship in work, love and family.

Palmer, V. T. (2016). Moving Beyond Betrayal: The 5-Step Boundary Solution for Partners of Sex Addicts. Las Vegas, NV: Central Recovery Press.

Steffans, B. & Means, M. (2009). Your sexually addicted spouse: How partners can cope and heal.

COUPLES IN RECOVERY

Carnes, P. (2000). Open Hearts - Renewing relationships with recovery, romance & reality. Carefree, AZ: Gentle Path Press.

Caudill J. & Drake, D. (2019). Full Disclosure: Preparing Partners for Full Disclosure. McKinney Counseling & Recovery.

Caudill J. & Drake, D. (2019). Full Disclosure: How to Share the Truth After Sexual Betrayal. McKinney Counseling & Recovery.

Sheets, C.J. & Katz, A. J. (2019). Help Her Heal: An Empathy Workbook for Sex Addicts to Help their Partners Heal. Long Beach, CA: Sano Press.

Weiss, R. (2018). Prodependence: Moving Beyond Codependency. Deerfield Beach FL: Health Communications.

RECOVERY WEBSOURCES

<https://bloomforwomen.com>

Bloom for Women. Online programs specializing in Partners of Sex Addicts. They offer support, courses, coaching, therapy and a community. You can sign up for the program that is right for you.

www.sexhelp.com

Dr. Patrick Carnes' official website. *Resources for Sex Addiction and Recovery* - basic information on sex addiction, self-tests, books, articles, links to other resources

Robert Weiss, PhD

<https://www.robertweissmsw.com/about-sex-addiction/information-for-spousespartners/>

Information for Spouses and Partners of Sex Addicts

SELF-HELP GROUPS

Sex and Love Addicts Anonymous

<http://www.slaafws.org/>

Sex Addicts Anonymous

<http://www.sexaa.org/>

Sexaholics Anonymous

<http://www.sa.org/>

Partners of Sex Addicts Anonymous

<http://www.sanon.org/>

Recovering Couples Anonymous

<http://www.recovering-couples.org/>