



AAU INDOOR NATIONAL CHAMPIONSHIP March 9 – March 11, 2018

WHERE: PG Sports & Learning Complex, Landover Maryland
8001 Sheriff Rd.
Landover, MD 20785

SANCTIONED BY: Amateur Athletic Union (AAU)

HOST: AAU Track & Field Executive Committee
Darnell & Karen Hall, Meet Director
E-mail: khall@vistamaria.org

ELIGIBILITY: This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club memberships can be obtained through the AAU National Website www.aausports.org. Each athlete aged **13-18 years** may enter in up to a **maximum of 4 events including relays**. Athletes aged **12 and younger** based on year of birth below may only enter in **3 events including relays**. Athletes aged **19-90+ (OPEN & MASTERS)** may enter in up to a **maximum of 4 events**. **RELAYS AND POLE VAULT WILL NOT BE OFFERED TO THE OPEN & MASTERS AGE GROUP** *If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.*

AGE DIVISIONS: Age divisions are determined by year of birth. Listed below are the AAU Age Divisions.

5 & 6 Under Girls/Boys (Born 2012 and later) Maximum 3 Events including relays
7 & 8 Girls/Boys (Born 2010 and 2011) Maximum 3 Events including relays
9 Year Old Girls/Boys (Born 2009) Maximum 3 Events including relays
10 Year Old Girls/Boys (Born 2008) Maximum 3 Events including relays
11 Year Old Girls/Boys (Born 2007) Maximum 3 Events including relays
12 year Old Girls/Boys (Born 2006) Maximum 3 Events including relays
13 Year Old Girls/Boys (Born 2005) Maximum 4 Events including relays
14 Year Old Girls/Boys (Born 2004) Maximum 4 Events including relays
15-16 Year Old Girls/Boys (Born 2003-2002) Maximum 4 Events including relays
17-18 Year Old Girls/Boys (Born 2001-2000) Maximum 4 Events including relays
19 -29 **OPEN**; 30 – 90+ **MASTERS** Women/Men (Born 1999 & Below)

**Athletes who are still eighteen (18) years of age through the final day (March 11th) of the AAU Indoor National Track & Field Championship shall be eligible to compete in the 17-18 year old division.*

MEET ENTRY FEE: Entry fee is **\$35.00** for each athlete for **Track & Field events**. All members of relay teams, including alternates, who have not entered an individual event, must pay a **\$35.00** entry fee. **ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. ALL ENTRY FEES MUST BE PAID ONLINE.** Entry will not be processed unless entry fee is paid by the deadline. All major credit cards accepted online. **Bring a legible copy of a birth certificate or proof of age, along with a 2018 AAU membership card for each athlete entered; Do not send in advance. All entry fees must be paid online.**

ENTRY PROCESS: All teams and unattached athletes must utilize the online entry process via www.auathletics.org. This will permit a very efficient registration process that is easy to use. Everyone will have until 11:59pm CST, **Tuesday, March 6, 2018** to complete registration. Immediately after registering online, you will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should

be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving in Landover Maryland, if at all possible. ***Absolutely no entries will be accepted after March 6, 2018.***

DEADLINE DATE: ONLINE REGISTRATION ONLY: WWW.ATHLETICS.ORG . REGISTRATION WILL BE OPEN UNTIL March 6, 2018.

PACKET PICKUP: **FRIDAY, MARCH 9, 2018, 10:00AM – 7:00PM – PACKETS WILL BE AVAILABLE AT THE TRACK (PG Sports & Learning Complex).** A packet will be provided for each team consisting of team roster and events entered. A team representative will be responsible for picking up the packets. All teams are urged to pickup packets on Friday as the lines on Saturday can be long.

SATURDAY, MARCH 10TH, 7:00AM-4:00PM and SUNDAY, MARCH 11TH, 7:00AM-1:00PM - PACKETS CAN BE PICKED UP AT THE TRACK FACILITY (PG Sports & Learning Complex).

AWARDS: In individual and relay events, awards will be presented for participants who finish 1st – 8th place.

ADMISSION: There will be a **\$6.00 gate fee charge per person per day.** All coaches will receive **one free pass for 4 athletes, two free passes for 5 to 15 athletes and 3 free passes for 16 or more athletes** in their packet. All Children 6 and under will be admitted free. All Registered athletes with a 2018 AAU Card and Competition Number will also be admitted free.

FACILITY: PG Sports & Learning Complex Indoor track facility contains an 8-lane straightaway as well as providing 6 lanes around the oval. **Only 1/4” or smaller pyramid spikes are allowed.** Fully Automatic Timing & results will be done using Finish Lynx Cameras interfaced with Hy-Tek Meet Manager. No radios, glass containers, or alcoholic beverages are allowed in the facility.

REFRESHMENTS: A Full Service Concession Stand will be provided as well as a hospitality area for officials.

RESULTS: Results will be posted on line at www.aauathletics.org and www.coacho.com.


COMPETITOR BIB NUMBERS: Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. **There is a ten-dollar (\$10.00) replacement fee for lost bib numbers.** Replacement bib numbers can be purchased at the clerking area.

IMPLEMENTS: Athletes may bring their own implements to use during competition.

PROTESTS: Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. **Protests MUST be filed in writing and presented to the Meet Director accompanied by a cash deposit of \$100.00.** The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury’s decision is final. If the protest is denied, the cash deposit will be forfeited. **PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.**

AIR TRAVEL: Baltimore-Washington International Airport (BWI) is approximately 30 mins away from PG Sports & Learning Complex.

HOST HOTEL: Courtvard New Carrollton Landover, will serve as the host hotel for the meet. Hotel information is listed below

HOTEL	LOCATION	PHONE	AMENITIES	RATE
	8330 Corporate Drive, Landover, MD, 20785	P) (800) 321-2211 or (301) 577-3373	INDOOR POOL	\$104.00

Please be sure to indicate that you are participating in the AAU Indoor National Track & Field Championship. Rooms must be reserved by **Thursday, February 15, 2018** to ensure you get the best rate.

FINAL SCHEDULE



AAU INDOOR NATIONAL CHAMPIONSHIP March 9 – March 11, 2018

All Running events will start at the designated time listed each day. Listen to announcements and check-in to the designated check-in area for your event at least 30 minutes early. Any athlete that does not check-in before their schedule heat is run will be scratched from the event.

Friday – March 9, 2018

This is a rolling schedule

12:00 NOON 1500 Meter Race walk - **TF**- All Age Groups Combined - **9 Year Old – 12 Year Old**
3000 Meter Race-walk – **TF** - All Age Groups Combined – **13 Year Old – 17/18 Year Old**
200 Meter Dash – **SEMI-FINAL** - **Starting with 5-6 Year Old -17/18 Year Old -Open & Masters** (top 8 times advance to finals)
1500 Meter Run – **TF** - **Starting with 13 Year Old – 17/18 Year Old - Open & Masters** Age Groups may be combined by gender
400 Meter Dash – **SEMI-FINAL** – **Starting with – 13 Year Old – 17/18 Year Old - Open & Masters** (top 8 times advance to finals)

Saturday – March 10, 2018

This is a rolling schedule

9:00AM 3000 Meter Run - **TF** – **Starting with 11 Year Old – 17/18 Year Old - Open & Masters** Age Groups may be combined by gender
200 Meter Dash – **FINAL** - **Starting with 5-6 Year Old - 17/18 Year Old - Open & Masters**
800 Meter Run – **TF** - **Starting with 7-8 year old - 17/18 Year Old - Open & Masters**
60 Meter Hurdles – **SEMI-FINAL** - **Starting with 11 Year Old -17/18 Year Old - Open & Masters** (top 8 times advance to finals)
60 Meter Dash – **SEMI-FINAL** – **Starting with 5-6 Year Old -17/18 Year Old - Open & Masters** (top 8 times advance to finals)
4 x 400 Meter Relay – **TF** - **Starting with 7-8 year old – 17/18 years old**

Sunday – March 11, 2018

This is a rolling schedule

9:00AM 4X800 Meter Relay - **TF**- **Starting with 11-12 year old – 17/18 year old**
60 Meter Hurdles – **FINAL** - **Starting with 11 Year Old - 17/18 Year Old - Open & Masters**
60 Meter Dash – **FINAL** - **Starting with 5-6 year Old -17/18 Year Old - Open & Masters**
400 Meter Dash – **FINAL** - **Starting with 5-6 year old – 17/18 Year Old - Open & Masters**
1500 Meter Run – **TIMED FINAL** - **Starting with 7-8 Year Old – 12 Year Old** - Age Groups may be combined by gender
4 x 200 Meter Relay – **TIMED FINAL** - **Starting with 5-6 year old – 17/18 years old**

- **NOTE: If there are not enough runners in Semi-Final, event will be run as a Final at that time.**
- **NOTE: Some distance races may be combined due to the number of participants.**

FINAL SCHEDULE



AAU INDOOR NATIONAL CHAMPIONSHIP March 9 – March 11, 2018

All Field Events will follow schedule below. **This is a rolling schedule.** Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the **Field Event official – ONLY** - at the appropriate time. **Field Event athletes will have 10 minutes to report back to their Field Event after their running event** and be ready to compete.

Long Jump, Shot Put will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with three additional jumps or throws.

This is a rolling schedule

Day	Date	Event	Time	Qualification
Friday	March 9 th	High Jump 1		
		Open(19-29)		
		Masters (30-90+)		
		13G/13B		
Friday	March 9 th	Shot Put 1		
		Open(19-29)		
		Masters (30-90+)		
		17-18 G/17-18B		
Friday	March 9 th	Long Jump		
		Masters (30-90)		
		Open(19-29)		
		13B/13G		
Friday	March 9 th	Triple Jump		
		13B/13G		
		14B/14G		
		15-16B/ 15-16G		
Friday	March 9 th			
		17-18 B/17-18G		
Saturday	March 10 th	High Jump 1		
		Open(19-29)		
		Masters (30-90+)		
		13G/13B		
		14 G/ 14B		
Saturday	March 10 th	Shot Put 1		
		Open(19-29)		
		Masters (30-90+)		
		15-16G/ 15-16B		
		14 G/ 14B		
Saturday	March 10 th	Pole Vault		
		GIRLS ONLY		
		13G		
		14G		
		15-16G		
Sunday	March 11 th	High Jump 1		
		9B/9G		
		10B/10G		
		11B/11G		
		12B/12G		
Sunday	March 11 th	Shot Put 1		
		12B/12G		
		11B/11G		
		10B/10G		
		9B/9G		
Sunday	March 11 th	Pole Vault		
		BOYS ONLY		
		13B		
		14B		
		15-16B		
Sunday	March 11 th	Long Jump 1		
		5-6 G/ 5-6B		
		7-8G/7-8B		
		9G/9B		
		10G/10B		
Sunday	March 11 th			
		11G/11B		
		12G/12B		

PLEASE SEE OPEN AND MASTERS NATIONAL CHAMPIONSHIP INFORMATION BELOW



AAU INDOOR OPEN & MASTERS NATIONAL CHAMPIONSHIP March 9 – March 11, 2018

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8001 Sheriff Rd.
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- SANCTIONED BY:** Amateur Athletic Union (AAU)
- HOST:** AAU Track & Field Executive Committee
Darnell & Karen Hall, Meet Director
E-mail: khall@vistamaria.org
- ELIGIBILITY:** This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club memberships can be obtained through the AAU National Website www.aausports.org. Each athlete aged **19&Above (OPEN)** may enter in up to a **maximum of 4 events. RELAYS AND POLE VAULT WILL NOT BE OFFERED TO THE 19 & Above (OPEN) AGE GROUP.** *If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.*
- AGE DIVISIONS:** Age divisions are determined by year of birth. Listed below are the AAU Age Divisions.

19 -29 **OPEN**; 30 – 90+ **MASTERS** Women/Men (Born 1999 & Below)
Maximum 4 Events (NO RELAYS OR POLE VAULT OFFERED)

OPEN Ages: 19-24; 25-29
MASTER’S Ages: 30-35; 36-40; 41-45; 46-50; 51-55; 56-60; 61-65; 66-70; 71-75; 76-80; 81-85; 86-90+
- MEET ENTRY FEE:** Entry fee is **\$35.00** for each athlete for **Track & Field events**. All members of relay teams, including alternates, who have not entered an individual event, must pay a **\$35.00** entry fee. **ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. ALL ENTRY FEES MUST BE PAID ONLINE.** Entry will not be processed unless entry fee is paid by the deadline. All major credit cards accepted online. **Bring a legible copy of a birth certificate or proof of age, along with a 2018 AAU membership card for each athlete entered; Do not send in advance. All entry fees must be paid online.**
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Please note: OPEN & MASTERS division is for ages 19&Above. No Relays, Race Walk or Pole Vault will be offered for the OPEN & MASTERS division.

Friday – March 9, 2018

This is a rolling schedule

12:00 NOON 200 Meter Dash – SEMI-FINAL - **Starting with OPEN - MASTERS** – (top 8 times advance to finals)
1500 Meter Run – **TF - Starting with OPEN - MASTERS** - Age Groups may be combined by gender
400 Meter Dash – SEMI-FINAL – **Starting with OPEN - MASTERS** – (top 8 times advance to finals)

Saturday – March 10, 2018

This is a rolling schedule

9:00AM 3000 Meter Run - **TF – Starting with OPEN - MASTERS** - Age Groups may be combined by gender
200 Meter Dash – **FINAL - Starting with OPEN - MASTERS**
800 Meter Run – **TF - Starting with OPEN - MASTERS**
60 Meter Hurdles – SEMI-FINAL - **Starting with OPEN - MASTERS** – (top 8 times advance to finals)
60 Meter Dash – SEMI-FINAL – **Starting with OPEN - MASTERS** – (top 8 times advance to finals)

Sunday – March 11, 2018

This is a rolling schedule

9:00AM 60 Meter Hurdles – **FINAL - Starting with OPEN - MASTERS**
60 Meter Dash – **FINAL - Starting with OPEN - MASTERS**
400 Meter Dash – **FINAL - Starting with OPEN - MASTERS**

- **NOTE: If there are not enough runners in Semi-Final, event will be run as a Final at that time.**
- **NOTE: Some distance races may be combined due to the number of participants.**

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Long Jump, Shot Put will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with three additional jumps or throws.

This is a rolling schedule

Friday	March 9th		
Time	Long Jump	High Jump 1	Shot Put 1
12:00Noon	Masters (30-90+) Open(19-29)	Open(19-29) Masters (30-90+)	Open(19-29) Masters (30-90+)