



**STRIKING BEAUTIES CRANSTON  
2018 SPRING SCHEDULE  
updated 5/17/18**

<b>MONDAY</b>	<u>Time</u>	<u>Class</u>	<u>Instructor</u>
	6:00 - 7:00 PM	BAGS & BARBELLS	DENA
<b>TUESDAY</b>	<u>Time</u>	<u>Class</u>	<u>Instructor</u>
	9:00 - 10:00 am	MANFREDO'S BOXING	PETER
	11:00 - 12:00	ROCK STEADY BOXING	
	6:00 - 7:00 pm	MANFREDO'S BOXING	PETER
<b>WEDNESDAY</b>	<u>Time</u>	<u>Class</u>	<u>Instructor</u>
	6:00 - 7:00 PM	12 ROUNDS	DENA
<b>THURSDAY</b>	<u>Time</u>	<u>Class</u>	<u>Instructor</u>
	9:00 - 10:00 am	MANFREDO'S BOXING	PETER
	11:00 - 12:00	ROCK STEADY BOXING	
	6:00 - 7:00 pm	MANFREDO'S BOXING	PETER
<b>FRIDAY</b>	<u>Time</u>	<u>Class</u>	<u>Instructor</u>
<b>SATURDAY</b>	<u>Time</u>	<u>Class</u>	<u>Instructor</u>
	9:00 am	MANFREDO'S BOXING	PETER
<b>SUN</b>	<b>CLOSED</b>		

\*\*\*ALL BEGINNERS MUST FIRST SIGN UP FOR PRIVATE INTRO BOXING by APPOINTMENT\*\*\*

Ring 617.201.1868

[www.strikingbeauties.com](http://www.strikingbeauties.com)

\* PRE-REGISTRATION REQUIRED for ALL CLASSES \*  
**STRIKING BEAUTIES CRANSTON or STRIKING BEAUTIES NORTH ATTLEBORO**  
TEXT 617.201.1868 TO REGISTER FOR CLASS

\*\* Private Class