



PARISH OF OUR MOTHER OF PERPETUAL HELP  
**Redemptorist Community**  
 Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)  
 Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

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**'HAWAIIAN DELIGHT' – 20 Oct., 2019**

Thank you for your table reservations. There are only limited tickets left. The Fund Raising Committee has decided that to be fair to all, tickets already sold and fully paid on first come first served basis would be allotted tables nearer the stage. Thank you for your understanding.

**CONFIRMATION RETREAT**

Our Form 4 Sunday Catechism students will be having a 3-day confirmation retreat from Sat 14 till Mon 16 of September, 2019 from 8.30am till 10.00 pm at Wisma Liguori. The Retreat will end on Monday, 16 September with **PARENTS SESSION** held at 4.00 pm in ven Francis Xavier Room.

Sacrament of Confirmation will be held on Sunday, 12 January, 2020.

**CHINESE PERAK FAMILY DAY –**

The OMPH Chinese Apostolate will be hosting a family day for the chinese-speaking community in Perak churches on Monday, 16 September, 2019 from 8.30am till 3.00 pm with family activities, games in our church grounds.

**NEW-INTAKE for "ADULT ENQUIRY TO THE CATHOLIC FAITH"**

The RCIA (Rite of Christian Initiation of Adults) is a program of induction into the Catholic Church. If you know of friends who...

- 1) ...are interested to know Jesus through our Catholic faith.
  - 2) ...have not received the Sacrament of Confirmation.
  - 3) ...wish to deepen their Catholic Faith.
  - 4) ...knows Jesus yet have not been baptized;
- Please register now at the Parish office.

The sessions will be held on  
 - RCIA (T) @ 11.30am on Sun. 8/9/19.  
 - RCIA (E) @ 8.00 pm on Mon. 9/9/19.  
 - RCIA (C) @ 8pm on Fri 13/9/19.

**OMPH TAMIL APOSTOLATE**

In conjunction with the Extraordinary Missionary Year 2019, the Tamil Apostolate is organizing a pilgrimage to Church of the Assumption, Penang on **Monday, 16 September, 2019.**

If you are interested to join the pilgrims, please contact Mr Lorthusamy (hp: 016 5620207)

(food for thought)  
 Gospel: Luke 14:25-33.

***"Tough Choices "***

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Jesus is on the final leg of his mission. He tells His followers to get ready. They are "going up to Jerusalem." He - and they - are about to be put to the test. It will not be easy. There will be contradiction and frustration. It will be a matter of dying to self, tending to the "poor, the crippled, the lame, and the blind." It will be a matter of putting things into proper perspective, and starting out on the right foot.

Living our lives in the spirit of the Gospel means continually "starting over." And that is a challenge for both leaders and followers. Every member of the Christian community contributes to the quality of our faith, our worship, our teaching, and our service. Each of us must re-examine our own commitment to the Christian life. In truth, discipleship is participating with Christ in salvation history: we are the instruments through which God's work on earth is accomplished. This is a constant process of reminding ourselves that the "first shall be last and the last, first."

How do we contribute to the vitality and growth of our Church? How do we add to the beauty and vigor of our prayer and liturgies? How do we share in the common tasks of inviting, welcoming, evangelizing, teaching, caring for and serving those in need?

Today's Gospel present us with a harsh metaphor, which suggests the arduous efforts and even pain sometimes asked of disciples. Even though we have already given our "Yes" to following Christ, there are times in our lives when we are asked to make choices that put our discipleship on the line. Some options require us to say "No" to what seems like attractive or easier ways of acting. These choices may put us at odds with family, friends or our surrounding culture; but we know we must choose in ways that echo the Gospel we believe.

Today, Jesus is described in heroic terms, and he is calling for heroic activity; not athletic achievements, or the accumulation of wealth for others to admire and envy, but the giving of one's life to something bigger than what is immediately obvious. He is saying that to follow him calls for a full-time commitment, with no backing out when the going gets tough. And he suggests we consider the costs.

**MARRIAGE:** Please contact the Parish Priest at least SIX MONTHS in advance.  
WEDDING BANNIS: (1st Publication)

\* *Michael Pereira P. Andrew & Jacinta Sharon Ravindra.*

**BAPTISM:** Please contact the Parish Priest at least ONE MONTH in advance.  
Next infant baptism will be on 29 September, 2019. Please register early.

**PARISH ACTIVITIES & MEETINGS:** (Sept, 2019)

- \* 8/9/2019 - 11.30 am - RCIA (T) (St. Matthew Rm.)
- 11.30 am - Tamil Hospitality (St. Mark's Rm.)
- 1.00 pm - PHDC (3rd Fl.)
- 3.00 pm - St. Mary's chapel Project & Upgrading Comm. (St. Mark's Rm.)
- \* 9/9/2019 - 7.00 pm - CCR (St. Mark's Rm.)
- 8.00 pm - RCIA (E) (St. Mark's Rm.)
- 8.0 pm - Chinese Apostolate (ven Francis Xavier Rm.)
- \* 10/9/2019 - 8.15pm - Legion of Mary (C) (St. Matthew's Rm.)
- \* 11/9/2019 - 8.00 pm - PHDC (St. Mark's Rm.)
- \* 12/9/2019 - 8.00 pm - Tamil Choir (St. Paul's Rm.)
- \* 13/9/2019 - 8.00 pm - RCIA (C) (ven Francis Xavier Rm.)
- \* 14/9/2019 - 6.45pm - CLOW (St. Mark's Rm.)
- \* 15/9/2019 - 8.00 am - CLOW (St. Mark's Rm.)
- 11.30 am - RCIA (T) (St. Matthew Rm.)
- 1.00 pm - PHDC (3rd Fl.)

**BIBL REFLECTION & HOME-GATHERING:**

- \* 10/9/2019 – 7.30 pm – BEC All Saints; Home of Ronnie Tan.
- \* 10/9/2019 – 8.00 pm – BEC St. Paul; Home of Linda & Louis Ho.
- \* 10/9/2019 – 8.00 pm – BEC St. Monica; Home of Chrisantus.
- \* 11/9/2019 – 7.30pm - BEC St. Joseph; Home of Joseph Martin.
- \* 11/9/2019 – 8.30pm – BEC St. Peter; Home of Jenny Loh.
- \* 27/9/2019 – 8.00 pm – BEC St. Francis De Sales; Home of Lawrence & Patricia.

**COFFEE MORNINGS 2019:**

- \* 8/9/2019 – Hospitality (E).
- \* 22/9/2019 - Fund Raising Committee.
- \* 6/10/2019 – PHDC
- \* 20/10/2019 – BEC St. Philip.
- \* 27/10/2019 – BEC St. Monica.
- \* 15/9/2019 – CLOW.
- \* 29/9/2019 – BEC St. John the Apostle.
- \* 13/10/2019- BM Apostolate.

**ETERNAL HAPPINESS TO:**

- + Joseph a/l Thevasigamoney departed on 29 August, 2019.
- + Monica Liew Kooi Lan departed on 29 August, 2019.

**“Sporadic Catholics & Catholics who have rejected God”**

OMPH Cath. Charismatic Renewal group is organizing a talk given by Rev. Fr. Joseph Stephen, CSsR on “To the sporadic Catholics & Catholics who have rejected God for various reasons” (date) **Wednesday 18 September, 2019** (time) 8.00 pm (venue) OMPH church, Ipoh. All are welcome.

**“EQUIPPED FOR MISSION”**

Organized by OMPH Cath. Charismatic Renewal group (date) 23 – 25 October, 2019. (time) 7.30pm – 9.30pm (venue) OMPH church, Ipoh. (Speaker) Jude Antoine, Catholic Lay Missionary. Please register at OMPH parish office with a solidarity share of RM10/-.

**PENANG DIOCESAN YOUTH FORUM 2019**

‘Youth in action, in a Synodal Church’ Penang Diocesan Youth network (PDYN) is organizing a Youth forum. This forum aims to aid the young people to better understand the Post Synodal Apostolic Exhortation of The Holy Father Pope Francis, Christus Vivit which was addressed to the young people and to the entire people of God. (date) **Sat. 14 September, 2019.** (time) 8 am – 4 pm (venue) Church of the Immaculate Conception, Penang. (Fee) RM10/- (Registration with Youth Leader or,) email: [pdyn@pgdiocese.org](mailto:pdyn@pgdiocese.org) Website: [www.pdynpenang.com](http://www.pdynpenang.com)

**NOVENA PRAYERS TO ST. PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets \* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

**OMPH CATHOLIC CHARISMATIC RENEWAL**

Come join us in our Praise & Worship \* Every Tuesday at 8.00 pm (T) \* Every Wednesday at 8.00 pm (E).

**EVENING FOR THE ENGAGED 2019**

Couples planning to get married in the year 2019, please take note of the EE Weekends english during the year. You are requested to register six (6) weeks before the weekend dates.

<b>EE122</b>	<b>18-20 Oct., 2019</b>
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**TAMIL MARRIAGE PREPARATION WEEKEND - 2019**

Closing date for registration (T): on 1st day of each month.

Domus St. Anne, Bukit Mertajam	November 22, 23, 24
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**Please see your Parish Priest for registration.**