

Culinary Specialist Training 2015 SEABAG REQUIREMENTS

Updated 5 MARCH 2015

P	QTY	ITEM	NOTES
ALL ITEMS MUST BE MARKED WITH LAST NAME			
	1	Current ID Card	REQUIRED FOR CHECK IN!
SERVICE DRESS WHITE UNIFORM			Worn during check in
	1	DRESS WHITE JUMPER	w/Flashes correctly placed
	1	DRESS WHITE TROUSERS	
	1	White belt w/silver buckle	MALES ONLY
	1	WHITE DIXIE CUP	MALE (Recommend 2)
	1	COMBINATION COVER	FEMALE
	1	DRESS SHOES	SHINABLE BLACK LEATHER, BROKEN IN, NO CORFRAMS
	2 PR	BLACK DRESS SOCKS	
	1	NECKERCHIEF	
	1	NAMETAG/RIBBONS	RIBBONS WORN MUST BE LISTED IN RECORD OF AWARDS
NAVY WORKING UNIFORM			REQUIRED (Note 1)
	2-3	NWU TROUSERS	WITH NAME STRIP
	2-3	NWU BLOUSE	WITH NAME STRIP, NSCC STRIP, FLASH
	6	NAVY BLUE T-SHIRTS	PLAIN, COLLAR NOT STRETCHED OR FRAYED
	1	NWU 8-POINT COVER	WITH SMALL FLASH (NO UNIT BALL CAPS)
	8 PR	BLACK BOOT SOCKS	
	2-4 PR	BLOUSING STRAPS	
	1 PR	COMBAT BOOTS	
	1 PR	PLAIN BLACK ATHLETIC SHOES	IN CASE OF BLISTERS
BATTLE DRESS UNIFORM			OPTIONAL (Note 1)
	2-3	BDU TROUSERS	WITH NAME STRIP
	2-3	BDU BLOUSE	WITH NAME STRIP, NSCC STRIP, FLASH
	6	BROWN T-SHIRTS	PLAIN, COLLAR NOT STRETCHED OR FRAYED
	1	BDU 8-POINT COVER	WITH SMALL FLASH
	8 PR	BLACK BOOT SOCKS	
	2-4 PR	BLOUSING STRAPS	
	1 PR	COMBAT BOOTS	
UNDERGARMENTS			
	2	WHITE CREW NECK UNDERSHIRTS	PLAIN, NO DESIGN/LOGO. COLLAR NOT STRETCHED OR FRAYED
	10	PLAIN WHITE UNDERWEAR	BOXERS OR BRIEFS
ATHLETIC APPAREL			
	4	ATHLETIC SHORTS (NAVY BLUE)	
	1	NAVY BLUE SWEATPANTS & SWEATSHIRT	RECOMMENDED - BARRACKS MAY GET COLD AT NIGHT DUE TO A/C
	4	NAVY BLUE TSHIRT	UNIT/NSCC LOGOS OK (IN ADDITION TO NWU T SHIRTS)

	8	ATHLETIC BRA	FEMALES ONLY
	1 PR	RUNNING SHOES	GOOD CONDITION. NO "FASHION ATHLETICS," BASKETBALL, COURT SHOES
	1 PR	OLD ATHLETIC SHOES	REQUIRED AS SHOES WILL GET MUDDY OR WET (note 2)
	8-10 PR	WHITE SOCKS	
	1	SWIMSUIT-SOLID NAVY BLUE OR BLACK	NO PATTERNED BOARD SHORTS! FEMALES' MUST BE ONE PIECE
PERSONAL ITEMS			
	4	WHITE BED SHEETS - FLAT ONLY.	NO FITTED SHEETS
	2	WHITE PILLOW CASE	
	1	BLANKET (PLAIN, SOLID, DARK COLOR)	NAVY BLUE PREFERED. BARRACKS GETS COLD AT NIGHT.
	4	WHITE TOWEL	WHITE ONLY SO IT CAN BE BLEACHED
	4	WHITE WASHCLOTH	WHITE ONLY IT CAN BE BLEACHED
	1	SHOWER KIT: SOAP, TOOTHPASTE, TOOTHBRUSH, DEODORANT, SHAMPOO, CONDITIONER. NO MAKE UP. NO AEROSOLS.	
		HAIR ACCESSORIES & HAIRSPRAY	FEMALES ONLY. AS NEEDED. NO AEROSOLS.
		SHAVING KIT	MALE ONLY. DISPOSABLE RAZOR, SHAVING CREAM
	1 PR	SHOWER SHOES	MANDATORY!
		FEMININE HYGIENE PRODUCTS	FEMALES
	4	HANDKERCHIEF	HIGHLY RECOMMENDED; VA IS HOT AND HUMID IN JULY
	1 BTL	SUNSCREEN	REQUIRED; NO AEROSOLS
	1 BTL	INSECT REPELLANT	NO AEROSOLS
	1 TUBE	LIP BALM	RECOMMENDED
OTHER ITEMS			
	1	SEABAG AND GARMENT BAG	NO SUITCASES
	6	PLASTIC HANGERS	NO METAL HANGERS
	1	SHOE SHINE KIT	SHOE POLISH, CLEAN RAG, OLD TOOTH BRUSH, EXTRA SHOE LACES
	1	SEWING KIT	WITH BLACK AND WHITE THREAD
	1	LARGE MESH LAUNDRY BAG & LAUNDRY DETERGENT	PODS IN ZIPLOC BAG OR POWDER DETERGENT. NO LIQUID SOAP. RECOMMEND PUTTING POWDER IN A CLEAN, DRY WATER BOTTLE.
	2	PADLOCK - MEDIUM SIZED	COMBINATION PREFERRED IF KEY LOCK, BRING EXTRA COPY. COPY OF KEY OR COMBINATION WILL BE KEPT IN SERVICE RECORD.
	1	FLASHLIGHT AND EXTRA BATTERIES	
	1	2-3" 3 RING BINDER W/NOTEBOOK PAPER	White 2 or 3" inch binder <u>with dividers</u> , containing the CS Coursework. You will be required to purchase it (\$25) if you fail to bring your own and we have to print it for you.
	1	12 inch ruler	
	2-3	highlighters	

1	small pocket memo pad	For notes. Will be kept on you at all times except PT.
4	BLACK PENS AND PENCILS	
1	CANTEEN & BELT (Black preferred)	MILITARY STYLE. COVER W/ CLIPS NOT HOOKS. NO CAMELBACKS.
	Postcards, stamps, paper, envelopes	optional - to send letters home

Note 1: NWUs are the prescribed uniform. NWUs are required for all Staff Cadets. BDUs are authorized for those who have no access to NWUs. No Utilities! Contact COTC if you cannot obtain NWUs or BDUs through your unit.
 Note 2: Failure to bring required 2nd pair of running shoes may result in walking around in wet shoes or having to purchase new ones. Cadets will not be excused from training evolutions due to footwear issues.

All items on this list are **minimum** required; you can bring more than the minimum. No cell phones, mp3 players, other electronic devices or items not on this list will be authorized at training. Any items brought that are not on this list will be confiscated and returned at the end of the training unless approved by COTC.

All items must be properly stenciled/marked with the cadet's last name. See the Bluejacket Manual for marking instructions. We do not do personal laundry at Recruit Training; items are washed together. If you want to see your items returned to you, MARK THEM! This includes socks (black and white), skivvies (underwear), and towels. Black Sharpie for light color items, and Silver Sharpie or other visible waterproof stenciling method for dark colored items.

www.1800nametape.com sells sheets of 100 custom preprinted iron on labels that work well with socks and undergarments.

Any items left at the end of Training will not be mailed to cadets but donated to a local charity or unit, so cadets need to take responsibility for their gear!

All uniforms MUST have properly sewn-on NSCC shoulder flashes. This includes the jumper and NWU uniforms.

A unit ball cap will not be needed.

Cadets will also need to bring \$25 in the form of one \$10 bill, two \$5 bills, and five \$1 bills. Please place the cash in a sealed envelope with the cadet's last name, first initial printed on the front. Any required items that are not brought will be purchased using a portion of your cadet's money. The rest will be returned at the end of the training. If all items are brought, no items will need to be purchased.

Optional - Cadets may bring spending money or bank card for the Navy Exchange. This money should be kept in a separate sealed envelope with cadet's last name, first initial and amount indicated on the inside of the envelope. Funds will be kept in a locked safe and be distributed if we are able to go to the NEX. All remaining funds will be returned at the end of training.