

Claire Ellison Counseling

Professional Disclosure

Claire Ellison M.Ed., LPC, RPT is a Licensed Professional Counselor and a Registered Play Therapist. She received her B.S. in Child and Family Development with a minor in Early Childhood Intervention from Stephen F. Austin State University. She also received her M.Ed. in Counseling Psychology from the University of Houston. Claire is also currently a contracted therapist for DePelchin Children's Center's Residential Treatment Center. Claire has been working with adults, children, and families since 2005 and became licensed for practice in 2009. Before starting her clinical practice, Claire worked in a variety of clinical settings, including psychiatric hospitals, community agencies, foster care organizations and residential treatment facilities. Most recently, Claire was employed with SEARCH Homeless Services for approximately six years working with children and families experiencing Homelessness. She was also recently employed with CrossCreek Counseling Center for approximately three years specializing in Cognitive Behavioral therapy techniques in a contract with the Federal Bureau of Prisons. Claire is a Registered Play Therapist and received her play therapy training at DePelchin Children Center. Claire's training includes but is not limited to Motivational Interviewing, Trust Based Relational Intervention, Cognitive Behavioral Therapy, and Family Wellness.

Claire's passion is to help individuals, children and families who are experiencing stress in their relationships and need some additional support. She works to develop a relationship where individuals and families feel supported, understood, and safe so that they can express their needs in a caring environment. She seeks to develop a truthful relationship where people can share their struggles and find that there is hope.

Claire lives in the Houston area and has been married for 9 years. She has three children.

Nature of Counseling: The purpose of counseling is to promote individual and relational growth by reaching goals that are mutually agreed upon by the counselor and client. Claire uses specialized methodologies to help the client(s) reach their goals.

Informed Consent

Counseling Relationship: During the time that we work together, client and therapist will meet at a mutually agreed upon frequency for approximately 50 minute sessions. The relationship will be a professional counseling relationship. All contact will be limited to counseling sessions arranged through the practice.

Client Rights and Responsibilities: Clients are in control of the number of sessions they will attend and may end the counseling relationship at any time, though a termination session is recommended. Clients have the right to refuse or discuss modification of any of my counseling techniques or suggestions that they believe might be harmful. Clients must agree to come to counseling free from the influences of drugs including alcohol. All services will be rendered in a professional manner consistent with accepted legal and ethical standards. If clients are dissatisfied with the services, please let the therapist know. If the therapist is not able to resolve concerns, clients may refer their complaints to the Texas Board of Examiners of Professional Counselors at (800) 942-5540.

Referrals: Should the therapist or client believe that a referral is needed; the therapist will provide alternatives, including programs and/or people who may be available to assist. A verbal exploration of alternatives to counseling will also be made available upon request. Clients will be responsible for contacting and evaluating those referrals and/or alternatives.

Cancellation: Clients must call Claire Ellison at 281-622-9884 within 24 hours of the scheduled appointment to cancel. A no show fee of **\$60.00** may be immediately charged for late cancellation.

Records: Records may be released only with your written authorization. However, your right to privacy is waived if records are subpoenaed by the court. In these instances, any communication made during the assessment or treatment phases are not protected and may be disclosed at trial and to the parties of the suit requiring the information. Adult client records are disposed of one year after the file is closed. Minor client records are disposed of one year after the client's 18th birthday.

11999 Katy Freeway, Suite 530
Houston, TX 77079
281-622-9884 (p)
281-605-1922 (f)

Confidentiality: Confidentiality regarding you and the services you receive is very important and is respected by this therapist. Your consent typically is required for any release of information. However, by law, your therapist has the duty to protect yourself or another person from harm. Therefore, your right to confidentiality is waived if your therapist becomes aware of a risk to harm yourself or others, abuse to a child, elderly person, or disabled individual. At this time, your therapist will notify the appropriate agency for action and may do so without notifying you directly.

Emergency Contact: If you have a crisis after office hours, please go to the nearest hospital emergency room, call your physician or call the crisis hotline at (713) 228-1505. If a hospitalization occurs, please contact Claire Ellison M.Ed., LPC, RPT at 281-622-9884 as soon as possible to coordinate your care.

Acknowledgment and Consent: By your signature below, you are indicating that you have read and understood this statement, any questions you had about this statement were answered to your satisfaction and that you were furnished a copy of this statement. By my signature, I verify the accuracy of this statement and acknowledge my commitment to conform to its specifications.

Client (or Guardian) Signature

Therapist's Signature

Date

Date