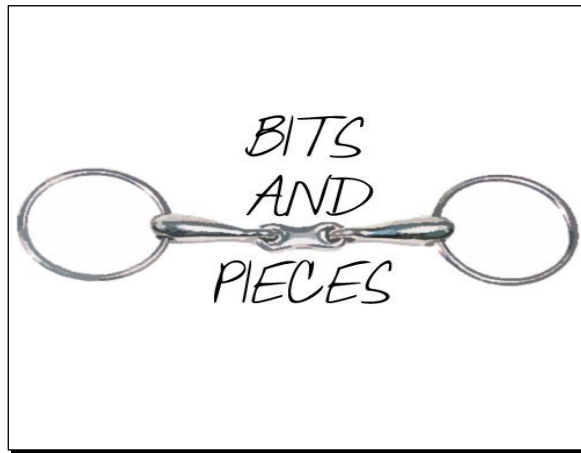


On The Bit



**PASO DEL NORTE
DRESSAGE SOCIETY
October 2015**



Letter from the president.

Our Fall schedule is in full swing now. The upcoming show promises to be a good one. We will be having our fundraising Tack Sale at the show so be sure to come check out all the bargains.

I am sorry to say we have had some problems with scheduling for the planned clinic so that will not be happening this year. Hopefully we can get one scheduled for next year.

I want to give a big Thank You to Arden Evans and Laura Farmer for putting together The western Dressage Clinic with the help of Ann Hayes, Martha Diaz and Sandy Perez. It was a big success so thank you all for your hard work and support of the club.

We have elections coming up and we need volunteers to help run the club. As of right now we are looking for a president, Membership Chair person, Secretary, and a Treasurer. Jane will continue to run the shows next year. Please consider helping out to keep the club running for next year.

See you all at the show,

Missy Broyhill

We need a nominating Committee for our upcoming Elections. Please volunteer to help keep our club going!

The nominating committee develops a roster of Board positions and potential candidates for any positions whose terms are to expire or are vacant. They shall have the nomination list prepared at least thirty (30) days prior to the December regular meeting, The slate of candidates shall be included with the notice of the December regular meeting. Following the report of the chairman of the nominating committee at the meeting, a majority vote, by ballot, of the membership will determine the winning candidate. Contact Missy Broyhill if you would like to volunteer for the committee. mmbroyhill@gmail.com.

PDNDS TACK SALE
AT THE
OCTOBER 4TH
SCHOOLING SHOW

Now is the time to clean out that tack room !

Or pick up something that you've needed (or didn't know you needed until you saw it)

PDNDS will be holding a tack sale benefiting our education programs at our Sunday, April 26 schooling show at Miller Horse Farm.

Clean out your tack room, closets and book shelves and support local dressage at the same time!

We will accept anything horse related, tack, breeches, books, videos, boots, etc .

It's easy to do.

Click [Here](#) for more information and vendor tag downloads



Region 5 Message

The USDF convention is just around the corner and it's going to be a wonderful year. We are in Las Vegas, Nevada this year December 2nd-5th. Information and registration forms for the Convention and Symposium are available at www.usdf.org/Convention/.

Your Participating Member Delegates to the USDF Convention for 2015 are Eva-Maria Adolphi, Joan Clay, Rusty Cook, Scarlett Fahrenson and Susan Leutwyler. These ladies will be representing our Region during the voting portions of the Board of Governors meetings, in addition to representatives from each GMO. Please feel free to contact them regarding your viewpoints – their contact information can be found at www.usdf.org

There will be lots of great informational sessions presented by presenters such as Hilary Clayton, Dr Richard Mitchell, Dr.Kent Allen, Dr. Mike Tomlinson, Dr. Heather Farmer, Dr. Duncan Peters, Dr. Frank Pellegrini and Dr. Grant Myhre. We are lucky to precede the AAEP Convention and there will be many great veterinary presentations for our attendees!

For the northern part of our region, the show season is wrapping up and for the southern portion, it's just beginning. By next month, we'll be able to report on the USDF Region 5 Championships for 2015 that are being held in Arizona. I hope many of you were able to support the competition as volunteers, sponsors or competitors. I look forward to seeing everyone at the USDF Finals in November at the Kentucky Horse Park in Lexington, Kentucky.

Till next month!

Heather Petersen

Region 5 Director

USDF/USEF NEWS

Anticipation Builds as First Invitations are Issued for 2015 US Dressage Finals Presented By Adequan®

Source: Yellow Horse Marketing for the US Dressage Finals

"I anticipated that competing in the US Dressage Finals presented by Adequan® was going to be an unforgettable, once-in-a-lifetime experience, and it absolutely was. The thrill of competing on that national stage was a strong pull for me to travel all that way, and it exceeded my wildest dreams. I would love to go back!"

Adult amateur rider and full-time mom Krista Nordgren echoed what so many dressage competitors have experienced attending the US Dressage Finals presented by Adequan®. Now that the first four Great American Insurance Group/United States Dressage Federation (USDF) Regional Championships have concluded with almost 850 competitors already declared for the Finals from USDF Regions 2, 6, 7, and 8, excitement and anticipation are running high as the first round of Finals invitations have now been distributed to qualified horse/rider combinations.

Nordgren first made the 1,000-mile trek from her home in South Portland, Maine to the Kentucky Horse Park for the inaugural Finals in 2013 where she claimed the Reserve Championship in the Adult Amateur Prix St. Georges division. Now she and her Danish Warmblood gelding Schando have progressed to the Intermediate II level, and last weekend they claimed the Region 8 Adult Amateur title in Saugerties, N.Y. to secure an invitation to return to Lexington and pursue another championship on November 5-8, 2015. "Ever since our first trip two years ago, I guess you could say I'm a bit of a US Dressage Finals 'evangelist' because I'm such a huge fan of the event," laughed Nordgren. "The show staff and volunteers make you feel like a champion for being there, and I don't think any showgrounds compares to the magnificent atmosphere of the Kentucky Horse Park. My horse is 19 this year so that's a factor in deciding about the trip, but I'm part of an enthusiastic group of competitors up here in Maine so we're all actively working on arrangements. This could be my last chance for an experience like this with Schando, so if we do make it, I'll be savoring every moment."

With so many competitors like Nordgren now beginning to plan their journeys to Kentucky from across the country, USDF has unveiled a new Transportation Resources webpage which includes links to horse transportation vendors, as well as a Horse Transport Share Forum where competitors can connect with others in their areas to organize group transportation. As part of ongoing efforts for the Finals to be the most exhibitor-friendly competition possible, USDF created the Horse Transport Share Forum to assist in what can be a daunting process in arranging transportation for horses to and from Lexington. For more information, visit this link: <http://www.usdf.org/usdressagefinals/competitors/forum.asp>

In addition to returning competitors like Nordgren, this year's Finals will also welcome a multitude of first-timers such as Lori Tormoehlen of Sand Creek, Mich. Aboard Hors-

es Unlimited's Zweibrucker mare Gracefull Rendition HU, Tormoehlen claimed top honors for Third Level Freestyle at the Great American/USDF Region 2 Championships in Grass Lake, Mich., and now she can't wait to come to Kentucky and show off a performance that will be near and dear to her heart.

"I have always wanted to do a freestyle and this is my first year riding one. The music we ended up with is so beautiful and suits this horse perfectly, and our canter music of 'Over the Rainbow' connects me to my mom who passed away a few years ago, so it's pretty emotional," said Tormoehlen. "I haven't yet been to the Finals as a competitor or spectator, so I am thrilled to participate this year! The opportunity to compete in a competition of this level does not happen by accident, and like so many other riders with a goal like this, I've worked very hard to get myself and my horse here and I take none of it for granted. I realize I am so fortunate and I may not get this opportunity again in my life, so I can't wait to go!"

Despite traveling the farthest for the opportunity to compete in Kentucky, West Coast riders from Regions 6 and 7 have enjoyed great success at the Finals and Elizabeth Landers of Agoura Hills, Calif. hopes to join that growing roster of champions. After big wins during last week's Great American Insurance Group/USDF Region 7 Championship in Rancho Murieta, Calif., Landers is ready to hit the road for her first Finals experience. She'll be bringing her own Hanoverian gelding His Highness Crusador to compete at Open Third Level and the Freestyle, as well as her Oldenburg mare and former show jumping partner Liberty for First Level Freestyle.

"I'm still waiting for someone to pinch me - It's a dream come true and such a joy for me to be able to compete these two very special horses," said Landers, who added that qualifying for the Finals was her "number one goal" for the year. "It's a long way and I know it will be an expensive trip, but one way or another, I'm going to figure out a way to get there. I think that this national competition is invaluable for the development of the sport, and I truly believe that in ten years we will look back and see that these early years of the Finals were the beginning of what will be the most important event to happen to the sport in this country. I'm just so very grateful for the opportunity to be a part of it."

Great American/USDF Regional Championships continue in Regions 3, 4 and 9 on October 8-11, with Regions 1 and 5 closing out the qualifying calendar on October 15-18. There's still time for competitors in these regions to declare for a chance to come to Kentucky – click [HERE](#) to find out how to complete a free declaration. To learn more about the US Dressage Finals presented by Adequan®, download competition information, declare and nominate for the Finals, and sign up to receive news and updates, visit the official event website at www.usdressagefinals.com.

SCHOOLING SHOW NEWS

*Our next show will be October 4th at Miller Horse Farm.
Our Judge will be Lois Whittington "L" Scottsdale, AZ*

Ride Times Available at

<http://www.pasodelnortedressage.org/ride-times.html>

*Our November Show will have year end
championship classes and also a team
competition!*

*For more information on the year end Championship
see page 6*

*For More information on the team competitioion
see page 8.*

<http://www.pasodelnortedressage.org>

2015 PDNDS Dressage Championship Rules

- Open to any breed of horse.
- Riders are required to be a member of PDNDS.
- The Qualifying season for the 2015 PDNDS Championships is from January 1, 2015 to October 4 , 2015.
- The Championship classes will be held in November 8, 2015.
Horse/rider combinations must earn 2 qualifying scores under 2 different judges at 2 different shows.
- Qualifying shows are all PDNDS schooling shows.
- Qualifying scores must be earned from USEF "L" level or higher judges.
- Qualifying scores must be from the highest test of the level.
- Horse/rider combination must declare Rider's status (Open or Junior/Young Rider)
- Horse/rider combination may move up a level during the qualifying year. Horse/rider combinations may compete at only two consecutive levels in the Championship classes.
- Horse/rider combinations which have won a PDNDS Championship may no longer compete in a PDNDS championship in that division at that or a lower level (Grand Prix Level excepted)
- Scores from Championship classes will count towards high point or year-end awards.

Championship Competition

1. The highest test of the level will be ridden.
2. Whips may be carried in championship classes.
3. Championship classes will follow USEF and FEI rules regarding attire and equipment allowed.
4. A horse/rider combination, having won the Championships at a particular level may not compete at that level or lower, other than Grand Prix, in future years.
5. In the event of a tie of total points for Champion and/or Reserve Champion in Championship classes, the collective marks will determine first, second and/or third places (i.e., when a tie for first place is broken by collective marks, tied competitors will receive first and second places, etc.) If collective marks are equal, the tie will remain unbroken (i.e., two first places will be awarded, next third place etc.) This policy for breaking ties will also apply to subsequent placing in the class. In the case of a tie (equality of total points and collective marks) for Champion prize money (if offered) Champion and Reserve Champion will be combined and divided equally between the competitors. See USEF rules DR123.3 and DR123.6.

Awards

Award and ribbon to Champion.

Award and ribbon to Reserve Champion and ribbons 3rd through 6th place in each Championship class.

continued.....

Qualifying Scores

	OPEN	JR/YR	<u>FREESTYLE</u>	OPEN	JR/YR
TRAINING LEVEL	63%	60%	TRAINING	63%	60%
FIRST LEVEL	62%	60%	FIRST LEVEL	62%	56%
SECOND LEVEL	60%	58%	SECOND LEVEL	60%	56%
THIRD LEVEL	60%	58%	THIRD LEVEL	60%	56%
FOURTH LEVEL	60%	58%	FOURTH LEVEL	60%	56%
PRIX ST. GEORGE	58%	56%	I 1	58%	56%
INTERMEDIARE 1	58%	56%	GRAND PRIX	56%	56%
INTERMEDIARE 2	57%	56%			
GRAND PRIX	56%	56%			

You have until the October 4th show to earn your scores.

The following horse/rider pairs have earned one of the two required scores as of September 1, 2015.

Shea Johnson	Tamar Impressionist	Training Level
Shea Johnson	Rain Dance	Second Level
Madison Gales	Ringo	Training Level Jr.
Amanda Vines	Gold and Fire	Intermediare I
Sarah Daus	Voltaire	Second Level Jr.

Just to keep things fun, and mix it up a bit, at the November 8th show we will also have a Team Competition.

- Each team will consist of 4 riders.
- You will not ride an extra test for this event.
- On the team entry form you must declare which test you ride that you want to count toward the team competition.
- At the end of the show the lowest score on each team will be thrown out and the scores will be averaged for each team and the best team wins.
- One entry per team please and if you would like to be included on a team and don't know of a team please let Jane know and she can help you find a team.

CALENDAR

OCTOBER 4 Schooling Show - Judge Lois Whittington - Closing Date
September 24

TACK SALE AT THE OCTOBER 4TH SHOW.

NOVEMBER 8 Schooling show- Judge James Reiderman -Closing date
October 29

Championship classes and team competition

DECEMBER PDNDS Christmas Party/ General Meeting Date TBA

The Dressage Foundation Carol Lavell Gifted Memorial Fund

Seeded with donations received in special remembrance of Carol's great Dressage horse, Gifted. Many other friends of The Dressage Foundation have added donations and the Scholarship Fund has grown steadily over the years. This Scholarship enables Adult Amateurs to set aside quality-time, in concentrated training away from the daily pressures of job and family, with a horse the recipient owns or formally leases. For more information on this and other scholarships available go to <http://www.dressage-foundation.org/apply/adultamateurs/>

One of our members, Michelle Dorsey, received this grant from The Dressage Foundation. Here is her story about her experience this year.

Being able to use my grant was a long time coming. In 2013 I broke my knee. Last year my FEI schoolmaster, who got injured years ago in Holland, had a flare up. As he was my only riding horse I was not able to take advantage of my training opportunity in 2014. My old schoolmaster was pushed hard in a competition in his prime when he sustained his original injury. He was progressed quickly, and possibly his body was unable to handle the stress. I have always struggled with keeping him relaxed and through his back, and although I have been able to improve him a little bit he is not where I would like him to be. I believe if more time had been spent building this foundation that perhaps he would have remained sound. Relaxation is first and foremost and without it you do not totally have the mind and body of the horse. Although he is again sound to ride he is just coming back to work so after mulling it over and talking to Sarah I decided to concentrate on my young horse.

I have a 3yo filly by Idocus who can be reactive and also has a tendency to get tight in her back. I knew that I wanted to pursue an integrative approach to riding by combining facets that would keep both my mind and body, as well as my horse's mind and body, healthy and relaxed and incorporate that into my dressage training. I needed to come up with a plan to keep us both sound for the remainder of my riding years. What better place to go than Sarah Martin's in Blanca, CO. I had attended several clinics with Sarah and Janice Dulak in the past and knew how well Pilates had helped my riding with core strengthening and spinal alignment.

This time there was an added element. Pete Rodda is a natural horsemanship trainer who was spending the summer up at Sarah's. He is not what most people would think of though when they think natural horsemanship. His methods mesh well with dressage, and Sarah incorporates both Pete's NH techniques and Pilates into her dressage lessons. Pete's groundwork exercises are designed to create a calm, focused, and connected partner. There is a rhythmic aspect to his exercises which leads to relaxation in the horse. But for me, the most fascinating exercise that Pete teaches is something called safe spot.

The first day that I was there I observed Sarah's working students putting their horses in safe spot and was amazed at what I saw. The horses were not only licking, chewing, and yawning, but they were also doing something Pete called "processing."



Processing seemed to me as though the horses were going into a hypnotic trancelike state which looked like the ultimate trust and relaxation situation. I wanted to learn more as this would be perfect for my filly who was prone to getting distracted easily by external stimuli.

Sarah and Pete worked with my filly and me for several days. We did indeed learn safe spot and it will be my go to in unfamiliar situations from now on. Sarah says that this is akin to putting your horse on your seat, and it is also a straightening exercise. I could really feel this in our riding sessions as my horse aligned, relaxed, and connected with me under saddle. Although she would still occasionally show a little tension from a loud tractor or a tarp flapping in the wind, she was not reactive.

I also used my seat for the ground exercises, pointing my belly button as I would from the saddle. I found that once I got on for my lessons with Sarah after working with Pete that the ground work carried over very nicely to the riding work! Other exercises were useful in teaching maneuvers used in riding such as how to yield the hind quarters, leg yielding, and backing. I

was also able to watch numerous dressage lessons during my time there as there were 3 working students riding daily.

Many of the lessons were on young horses which was very beneficial as I was able to see how to progress my filly to the next level once I returned home using the integrative approach of Sarah's riding exercises.

As an added bonus, level 5 Pilates instructor Karen Leopardi was also at Sarah's for riding instruction. Karen has achieved her level 1 certification with Janice Dulak and she led us through floor exercises every morning. This was a wonderful review and I plan on incorporating more Pilates into my daily routine.

As I have progressed through my dressage journey over the years I have come to realize the importance of trust between horse and rider. I feel that I now have a solid base to build that trust upon with my filly through routines that promote relaxation, a place I can return to if external stimuli start to overwhelm her, and a foundation to build on for a partnership I hope will last for many years. Thank you Carol Lavell and TDF for allowing me this wonderful opportunity.

WESTERN DRESSAGE NEWS

A really super group of riders at the Paso del Norte Dressage Society
Western Dressage Clinic at Ann Hayes farm on September 19th.



CLASSIFIED ADS

TACK

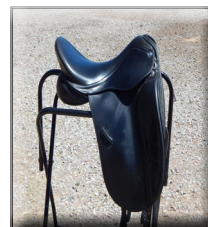
Wintec Pro dressage saddle. 18 inch seat.
Has a wide gullet installed. The panels are flocked.
This saddle has seen very little use and is in excellent
condition.

\$500 Please contact Missy at mmbroyhill@gmail.com.



[MORE](#)

Borne Levade Dressage Saddle, MW tree,
18 inch seat. Very good condition. \$1800
Please contact Missy at mmbroyhill@gmail.com



[MORE](#)

SERVICES

Sun Valley Animal Clinic

10050 MCCOMBS
VETERINARY SERVICES &
BOARDING
(915) 751-8817

[MORE](#)

Boarding :Our boarding facility consists of 25 indoor Dog Runs and 8 Kitty Condos.

Discounts on Shots every Saturday 8:30 am til 1:30 pm *No appointment Necessary*

Hours: Mon, Tues, Wed & Fri 8:30 am - noon & 2 pm - 5 pm- Thursday (1/2 day) 8:30 am
- noon Saturday: 8:30 am - 2:00 pm

pdndsdressage@gmail.com