

Shamanism in Prehistoric Crete: Experiencing the Evidence

Spiritual Retreat with Robinette Kennedy

May 2 to 5, 2015

Learn how to perform and experience a reconstructed Minoan shamanistic technique during a two and a half day spiritual retreat led by Robinette Kennedy.

Our retreat is held in a 5,000-year old village in the mountains of eastern Crete that I've been visiting regularly since 1975. While staying in the village, you'll have time to slow down and absorb the rhythm and character of Crete's distinctive culture that has not strayed too far from its traditional roots.

Retreat participants arrive on Saturday, May 2nd. After settling in and exploring the village, we'll spend the next two and a half days in an experiential retreat in a private center in the countryside near the village. During the retreat, you'll learn to perform some of prehistoric Crete's most powerful shamanic poses identified in figurines, and depicted on the faces of gold rings and frescoes, many of which were found in the island's oldest sacred caves, tombs, outdoor sanctuaries, and other sites.

Retreat Schedule

Arrive on Crete on the afternoon of Saturday May 2nd. Travel to the village of Kritsa in eastern Crete, about 1.5 hours from the Heraklion Airport, in the early evening, join the rest of the group for introductions and dinner in the courtyard of the inn.

For the next three days, we'll leave after breakfast to walk to the retreat center, about 5 kilometers (approximately 3 miles) from the village. There, we'll perform several shamanic poses from prehistoric Crete from the 13 poses that are the subject of Robinette's research. She'll also share more about each pose and their experiential, visionary and archaeological contexts.

In late afternoon, we'll return to the village to observe the Greek custom of resting, or just taking some time for yourself to reflect and write about your experiences, explore the village or enjoy a coffee in a neighborhood café.

In the early evening, we'll choose one of the many traditional tavernas in the village for dinner, as a group or on your own. Evenings free. The retreat ends mid-afternoon on May 5th.

Cost for the Retreat: 120€ (Includes the retreat and three vegetarian lunches.)

Retreat Price Does Not Include:

- Transportation to and from the Heraklion airport or port.
- Meals, other than lunches at the retreat center
- Lodging
- Any other activities besides the retreat.

Lodging Options: Reasonably priced rooms are available in the village of Kritsa at a small, family-run inn. There are no other tourist rooms nearby (that we know of). Please contact us for details about Kritsa lodging and reservations.

To Register or For More Information: Contact Robinette at robinettekennedy@windstream.net or by phone, 706-746-5485.