

## Health Indicators 2017: Top Public Health Focus Recommendations

### 1. Pregnant Women and Babies

- Improve prenatal care and preventive care between pregnancies
- Improve understanding of poor birth outcomes, disparities
- Increase financial supports
- Increase housing supports
- Increase social supports
- Increase breastfeeding supports
- Prevent and reduce tobacco use and other substance use
- Increase prevention and control of STIs

### 2. Children/youth

- Increase financial supports for young families
- Increase housing supports for young families
- Increase social supports for young families
- Follow developing science of ACES and implement prevention and mitigation strategies
- Decrease sedentary lifestyles & poor eating habits—seek cultural shift where healthy choices are the norm

### 3. Adults

- Continue to provide wide access to preventive healthcare across the adult life course
- Seek cultural shift where healthy food and activity choices are the norm
- Improve behavioral healthcare, integrated with physical healthcare
- Better understand and prepare for results of climate change

### 4. Foundational Public Health Services (FPHS)

- Support policy, systems & environmental work: conditions for health
- Support and advocate for full delivery of the FPHS

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