

Book Study: Relationship, Responsibility, and Regulation

Trauma-invested Practices for Fostering Resilient Learners

Tuesday, July 28 and Thursday, July 30 (9-10 am) Zoom about Trauma

Friday, July 31 and Tuesday, Aug 4 (9-10) Book Study Discussion

Cost: \$40 8 PDC's

The book study will consist of 4 Zoom meetings and reading the book. Some books are available at the ROE office or you can order online.

The first two Zooms will be Trauma training with Lynn Kalnins and Terry Camplain.

- Participants will describe the effects of school closures and the global pandemic on students experiencing or who have experienced trauma.
- Participants will recognize the concept of collective dysregulation, and reflect upon how the global pandemic and school closures have impacted their own emotional and physical status.
- Participants will choose three of the strategies discussed that support students with trauma and collective healing following times of uncertainty to implement in their educational environment.

The last two Zooms will be discussion of the book with Deb Endress.

To register: www.roe8.com

