

MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

Phone 419-946-4191 * 419-946-1037 facsimile

June 2016 Menu

SUGGESTED \$3.00 DONATION
ONE DAY ADVANCE RESERVATIONS REQUIRED *

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div><div>MENU IS SUBJECT TO CHANGE</div></div>		1 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice Whole Grain Bun Whole Grain Crackers Milk	2 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk	3 Shredded Chicken Ranch Fries Pears Pineapple Juice Whole Grain Bun Whole Grain Crackers Milk
6 Salisbury Steak Mashed Potatoes Succotash Apple Juice Whole Grain Bread Graham Crackers Milk	7 Chicken Breast Mashed Potatoes Carrots Grape Juice Whole Grain Bread Milk	8 Marzetti Cauliflower Applesauce Cranberry Juice Bread Stick Milk	9 Pepper Steak Brown Rice Corn Banana Pineapple Juice Whole Wheat Bread Milk	10 Chicken Strips Ranch Fries Beets Orange Juice Whole Grain Bread Milk
13 Chicken Noodle Casserole Peas Applesauce Cranberry Juice Whole Grain Bread Milk	14 Meatloaf Mac & cheese Corn Apple Juice Mandarin Oranges Milk	15 Roast Beef Red Skin Potatoes Carrots Orange Juice Whole Grain Roll Milk	16 Vegetable Lasagna Broccoli Fresh Orange Whole Wheat Bread Milk	17 Chicken Breast Baked Potato Brussel Sprouts Pears Whole Grain Roll Milk
20 Deli Ham Sandwich Tossed Salad Peaches Apple Juice Whole Wheat Bun Whole Grain Crackers Milk	21 Pork Chops Sweet Potatoes Malibu Vegetables Applesauce Whole Grain Knots Milk	22 Stuffed Peppers Cheese Cubes Parsley Potatoes Grape Juice Whole Grain Bread Graham Crackers Milk	23 Roasted Turkey Mashed Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk	24 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk
27 Shredded Chicken Ranch Fries Pears Pineapple Juice Whole Grain Bun Whole Grain Crackers Milk	28 Pork Fritter Baked Potatoes Broccoli Peaches Whole Grain Bread Milk	29 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice Whole Grain Bun Whole Grain Crackers Milk	30 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk	