



WE LISTEN

Services Provided

- Behavioral Health
- Counseling & Therapy
- Screening for ADD/ADHD
- CPST (Case management)
- Mental Health Assessments
- Addiction Medicine
- Outpatient Detoxification Therapy
- Group Therapy
- Medical Management

The Serenity Center is accredited by the Joint Commission. Receiving the Joint Commission Gold Seal of Approval for Healthcare Quality and Safety demonstrates our organization's dedication to the highest level of professional care.

The Serenity Center is also certified by Ohio Mental Health & Addiction Services (O.M.H.A.S.) in Behavioral Health Counseling & Therapy, Mental Health Assessment, C.P.S.T. and Pharmacologic Management

The Council Vision: What is your vision for boys and young men's lives? We envision:

- Boys and young men are connected, valued, diverse, hopeful, active, creative, expressive, and involved members of society who care for their bodies, minds, spirits, and relationships.
- They are allies to women, girls, and young children, the elderly, and any vulnerable population.
- Healthcare, family and personal development, education, legal counsel, life skills development, spirituality, and community participation are accessible to youth.
- Boys and young men have lots of fun in their lives, but not at the expense of others.
- Competition leads to improvement and excellence, not shame.
- Adult role models respectfully challenge boys to strive toward their goals, be accountable, and live by their principles.
- Their cultural, ethnic, religious practices and perspectives, as well as their geographical contexts, sexual orientations, economic conditions, and individuality are respected.
- They know their history and have contact with their cultural heritage.
- Whatever the differences, boys and young men are today's global citizens with strong hearts, informed and open minds to view different perspectives, courage to resist violence, and skills to make way for a better future.

For more information about the THE COUNCIL for Boys and Young Men: please contact Clarence Jackson (330) 307-5377 Email: cjackson.scy@gmail.com



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What is the Council for Boys and Young Men about?

The Council is a strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years.

The Council meets a core developmental need in boys for strong, positive relationships.

In this structured environment, boys and young men gain the vital opportunity to address masculine definitions and behaviors and build their capacities to find their innate value and create good lives - individually and collectively.

The Council aims to promote boys' natural strengths and to increase their options about being male in today's world. The Council challenges myths about how to be a "real boy" or a "real man".

It engages boys in activities, dialogue, and self-expression to question stereotypical concepts and to increase boys' emotional, social, and cultural literacy by promoting valuable relationships with peers and adults individually and collectively.

The Council is a gender-specific approach engaging boys and young men, acknowledging and incorporating male propensities while also offering stress reducing activities along with thoughtful exploration of common attitudes, conditions, and behaviors.

How the Council works.

Each week, a group of six to ten boys of similar age and development meet with one or two facilitators for 1.5 to 2 hours. These meetings are held for ten weeks or more, depending on the capacity of the setting.

The group format includes warm-up activities, a "council" type check-in opportunity, experiential activities that address relevant topics, and a reflection and group dialogue component. The focused activities may include group challenges, games, skits or role plays, arts, and so on. Topics may address:

- competition
- the male "box"
- bullying
- valuing diversity
- safe expression of emotions
- defining power from multiple perspectives
- influences of mentors and role models
- rejecting violence
- becoming allies with girls and women
- mentoring and making a difference with others
- making safe and healthy decisions for themselves finding and living with values in difficult times



Why do boys and young men need the Council program?

Boys need a gender-specific group program to have a safe, protected, and focused place to address an array of harsh realities and to create healthy options for growing up male today. Findings of recent studies tell us that boys are not faring well in areas of education, mental health, healthcare access, bullying, violence, or substance abuse in this new millennium.

