

**AGENDA**  
*Southeast Washington Regional FYSPRT*  
*12/9/2021 3:30-5:00 p.m.*  
*Location – ZOOM & PHONE-IN ONLY*

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts          Everyone has an equal opportunity to share their voice and view          A variety of points of view are to be put forward and discussed during meetings          All attendees should work to remain open-minded          Stay true to the FYSPRT goals          Participants can interpret topics openly and honestly          All respectful feedback is welcomed</p>
<b>Agenda Items</b>	<b>Discussion &amp; Notes</b>		
<p><b>Welcome &amp; Introductions (10 minutes)</b></p>	<p>System Tri-Lead Jill Mulhausen          On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner. This will help with attendance gift card stipend for attendance.  <i>Jill reviewed the purpose, mission, vision and ground rules for our meeting. Jill leads the group in introductions including name, agency or organization and if you are a system, family or youth partner. Lead group in icebreaker to get meeting started.</i></p>		
<p><b>Meeting Minutes (5 minutes)</b></p>	<p>System Tri-lead Jill Mulhausen          Review of meeting minutes from November 17, 2021          Motion made by: <u>    Kaila Epperly    </u>          Seconded by: <u>    Jeanette Barnes    </u>          Did the vote carry? YES  <i>Jill reviewed the meeting minutes for the month of November. Minutes were reviewed with no changes or additions and a motion was made to approve the minutes. Minutes were approved as written.</i></p>		
<p><b>Gift Card Policy review and discussion (10 minutes)</b></p>	<p>Meredith Piehowski, Convener          Motion made by: <u>    Jeanette Barnes    </u>          Seconded by: <u>    Sharon Alfaro    </u>          Did the vote carry? YES / NO  <i>Meredith reviewed the gift card attendance stipend policy and purpose of the policy. Discussed that up to 10 gift cards will be given out per month at this time for those youth and family partners in attendance. Gift card policy is subject to funding available and may be changed depending on the needs of the FYSPRT. Meredith requested approval for the policy and the policy was approved with no amendments or changes. Jill asked FYSPRT members to encourage youth and family who may be interested in attending the meeting to let them know that they will receiving a gift card for attending.</i></p>		

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<p><b>Roundtable Discussion (15 minutes)</b></p>	<p>ALL MEMBERS Cindy Adams – Stated she would be participating in Tri-City Family Expo and discussed the potential for reaching many people during this event. Kaila Epperly – Lutheran is setting up a shopping experience for their families, sent out 70 Thanksgiving baskets, Saturday is Lutheran night at the hockey game, part of the proceeds go to Lutheran to fund services and events for their families Cameron Fordmeir – contract is in final review for the Recovery Navigator Program, goal to roll out program in March, discussed 1/10<sup>th</sup> of 1% tax for local mental health services in the area, one of the ideas for the money is a Recovery Center, encouraged group members to get involved in how these services Theresa Malley – lost multiple staff due to the COVID mandate, Kids in Care program is accepting donations and almost all 350 kids in care get sponsored annually during the holiday Brittany Aguilar – ESD has 7 new grant positions including behavioral health advocate, coordinator and SAPs, SAP will be able to focus on both substance use and mental health promotion Katie Toth – Busy with meeting with families and trying to make sure they have what they need for the upcoming holiday season Meredith Piehowski – Participating in Tri City Family Expo and requested volunteers, 3 Rivers Therapy is presenting in January</p>
<p><b>Special Holiday Gift Card drawing (5 minutes)</b></p>	<p>Meredith Piehowski, Convener &amp; Jill Mulhausen Winner of Walmart cards – Sharon “Chapi” and Heather McCollom Winner of Target cards – Sully Gama and Brittany Aguilar Everyone at the meeting that wants to participate in the holiday drawing put name in the chat! 4 people will be drawn (Excluding GCBH ASO staff) Contact Meredith at meredithp@gcbh.org for pick up/drop off/mail options if you win! (Family Partners and Youth Partners are eligible to get their regular gift card as well as participate in the special holiday drawing.) Happy Holidays!!!!</p>
<p><b>SPARK Presentation (30 minutes)</b></p>	<p>Carolyn Cox and SPARK Team Due to technical issues, the round table discussion was held before the presentation. Carolyn, Maria and Jasmine discussed the SPARK program and it’s original vision was that it was to be run by the youth. Mari Nunez will be the Executive Director for the Spark Peer Learning Center and Tobias Reed will be the Assistant Director. There will also be a licensed therapist joining the team in January. Muhammad will also be a certified peer counselor and a trainer as well. DCYF partnered with them to continue to do the SPARK program while in JR and will come out with their certificate and be able to meet with agencies to be able to become employed. Jasmine will be leading the school program with youth peers in the Pasco school district with New Horizons. Spark is continuing to grow and facilities are reaching out when someone is being released to make sure that there are services in place and a working plan for them. DCYF is working with Peer Bridger with JR. Discussed the need for youth peers. Continue to work with the WISE Collaborative to talk about the workforce and work with them to send youth to agencies in the region. Discussed that youth are experts in their lives and they know more than adults give them credit for. Spark program will be consultants for the Transition Age Youth Program with the HCA and how we can work with that underserved population differently. Mari discussed starting a youth podcast at SPARK called Spark Presents No Cap. The podcast will be geared toward discussing their experiences in the</p>

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	<p><i>SPARK program and being honest and sharing experiences purely. Jasmine will also begin a SPARK newsletter in January. Upcoming SPAR classes will be released in January. New website will be up in January and youth will be able to register for classes online. Will be able to sign up for individual classes if they can't attend group class times. Allowed group members to ask questions. Training from WSU regarding talking with youth about addiction and substance use disorders. Will be able to do trainings and engagements in the community. Discussed the importance of talking with youth about substance use issues.</i></p>
<b>Upcoming Event(s)</b>	<p><b>Tri-City Family Expo January 28<sup>th</sup> and 29<sup>th</sup></b>          Happy Holidays! Stay safe and healthy, see you in 2022!!!!</p>
<b>Closing Announcements and Evaluation (5 minutes)</b>	<p><b>Your FYSPRT meeting evaluation is available at this link: <a href="https://www.surveymonkey.com/r/PLRX67D">https://www.surveymonkey.com/r/PLRX67D</a></b></p> <p><i>Please know your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to the State, and are much appreciated!</i></p> <p><b>For all Youth and Family Partners, please put your contact info in the chat so I can reach out about gift cards for attendance</b></p> <p><i>Reminder to fill out the survey and that any family and youth partners present will be getting a gift card as well. Promoted becoming Co Tri-leads.</i></p>
Regional FYSPRT meeting dates	<p>January 13<sup>th</sup>, 2022 – <b>Presentation by 3 Rivers Therapy</b>          February 10, 2022          March 10, 2022</p> <p><b>Meeting ID: 376 123 4588</b>  <b>1-253-215-8782 or 3761234588#</b>  <a href="https://us06web.zoom.us/j/3761234588">https://us06web.zoom.us/j/3761234588</a></p>
State FYSPRT meeting dates	<p>November meeting cancelled, next meeting not yet scheduled          Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503  <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i></p>

Want to become a voting FYSPRT member or Tri-Lead?

Ask for a membership application or find one on our website @ <http://www.southeastfysprt.org>

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Additional Information/Links:

[Join CJJ's 2022 Emerging Leaders Committee!](#)

[Peer Support Program Specialist](#)