

LAW 11 OFFSIDE

3 ELEMENTS:

1. Position

Attacking player must:

- Be in opponents end of the field

- Be closer to the goal line than the ball

- Be closer to the goal line than last 2 opponents (defenders)

2. Timing

Attacking player must be in offside position when ball last touched by member of own team.

3. Player Interference

Attacking player must be actively involved in play:

- Interfering with play: Playing or touches ball

- Interfering with opponent: prevents opponent from playing ball or obstructs

- Gain Advantage: Playing rebound off crossbar, post or defender

No Offside

Throw in, corner kick, goal kick.

Tactics

Defense: Execute Trap:

- Pressure play with ball

- Look for player with ball with head down.

- Look for player with ball just wanting to kick it.

- All last defenders must move up at once. Team work

Attackers: Beat Trap:

- Diagonal runs by forward

- Time with midfielders

- Dribble through trap.

Training:

Play small sided (8v8) trap game. Point to attackers if trap beaten, point to defense if trap successful.

U8 – U10 should emphasize skill training and only teach generalities of offside.

Game day tactics: should not try to trap with 1 person referee system.