



## Cumberland Valley Eagles

Mechanicsburg, PA

Facebook: [Cumberland Valley Wrestling](#)  
[@CwrestleV](#)

Head Coach: **Dave Heckard** (11th year, 162-51)

Assistant Coaches: **Mike Orfanos, Joe Perretta, Matt White**

PIAA AAA, Southcentral Region, District 3, Mid-Penn League, Commonwealth Conference

2015 will be Cumberland Valley's 1st appearance at ETR.

**Cumberland Valley is nationally ranked #25 (FLO) #35 (AWP) #34 (Intermat)**

### History

- Cumberland Valley opened in 1954 and started the wrestling program in 1956
- Overall record 686-240-5 (Top 25 in PA history)
- 9x Southcentral Region Tournament (1992-93, 1996, 1998, 2002-04, 2006, 2014)
- 7x District 3 Dual Champions (1993, 1996, 2003-06, 2014)
- 9 Individual PA State Champion
- 51 Individual PA State Medalists
- 70 Individual Southcentral Regional Tournaments

### 2013-14

- Intermat ranked #49 nationally
- PA AAA State Duals 4th
- PA State Tournament 10th
- District 3 Duals Team Champions
- Southcentral Region Tournament 1st
- Mid-Penn Commonwealth Champions
- Dual Meet Record 20-3

### Medal Outlook

**Pat Duggan** will be one of four nationally ranked competitors vying for the title at 152. **William Kaldes & Wyatt Long** project to drop weight classes for ETR and will be solid medal picks. **Francis Duggan & Jackson Stanford** project to be seeded top 8 and will battle for medals. **Cal Reichart** projects to drop to the difficult 126 weight class at ETR and could make some noise. **Trent Cook & Felix Belga** are under consideration to be seeded and will be a threat to see the stand. **Quentin Milliken** is a talented freshman who will look to break through at ETR. **Parker Hillard** is a strong wrestler who could surprise.

### Projected ETR Lineup:

- 106 **William Kaldes** (10) 38-9, PA State Qualifier, Region 4th, CV Kickoff 1st, King of Mountain 2nd, Beast 8th, 2013 Fargo Cadet Freestyle 4<sup>th</sup> *Nationally ranked HM (FLO)*
- 113 **Wyatt Long** (10) 29-18, Region Qualifier, Section 3rd, Beast 7th, King of Mountain 7th, Fargo Qualifier *Ranked PA #20-120 by PA Power Rankings*
- 120 **JD Barrick** (10)
- 126 **Cal Reichart** (10) 28-12, Region 5th  
*Ranked PA #11-132 by PA Power Rankings*
- 132 **Parker Hillard** (11) 2013 Regional Qualifier
- 138 **Felix Belga** (11) Region Qualifier, Section 2nd  
*Ranked PA #18-145, #69 2016 PA recruit by PA Power Rankings*
- 145 **Quentin Milliken** (9) 2013 PJW 3rd, 2012 PJW 1st, 2012 S32 MS 2nd  
*PA Power PA Freshman #5*
- 152 **Pat Duggan** (12) PA State 3rd, 2013 PA State 2nd, Region 1st, 3x CV Kickoff Champion, 2x Beast 2nd, Fargo JR Freestyle 8<sup>th</sup> *Nationally ranked #36 SR. #7-152 (FLO), #6 (AWP), #4 (IM) Committed to West Virginia University*
- 160 **Jacob Schalles** (11)
- 170 **Trent Cook** (11) 27-15, Region 5th, Beast 7th  
*Ranked PA #23-170, #98 2016 PA recruit by PA Power Rankings*
- 182 **Dayne Ross** (11)
- 195 **Francis Duggan** (9) PJW 1st, Beast R12  
*Nationally ranked #26 FR (FLO), Ranked #10-195, PA Freshman #19 by PA Power Rankings*
- 220 **Brad Drabenstadt** (11)
- 285 **Jackson Stanford** (12) 32-17, PA State Qualifier, Region 4th, Beast 7th  
*Ranked PA #13-285 by PA Power Rankings, Committed to Seton Hill University*