

# COACH SHELTON'S SKILLS AND DRILLS



**We are very excited to announce**  
**Coach Kristin Shelton**  
**will be offering**  
**Skills and Drills Sessions**  
**for K - 8<sup>th</sup> Grade Students Fall 2018!**

**COACH SHELTON'S SKILLS AND DRILLS** - Do you want to take your game to the next level? If so, then don't miss Coach Shelton's Skills and Drills Sessions this Fall! During these one hour sessions, students will focus on the necessary basketball fundamentals including dribbling, passing, shooting, defense and more advanced skills for older players. Each player's needs will be addressed regardless of talent differential. An added bonus to Coach Shelton's experience is a detailed assessment and evaluation of each player's strengths and areas needing improvement with recommendations of drills that will help. Be sure to register early, as Coach Shelton's Spring Session sold out in less than 48 hours!

**FALL DATES:**

**August 29**  
**September 5, 12, 19, 26,**  
**October 3**

**SESSION OFFERINGS:**

**Wednesdays 3:20 – 4:20 PM (K-3)**  
**Wednesdays 4:20 – 5:20 PM (4-8)**  
**6 sessions - \$150**

**Coach Kristin Shelton** received her Bachelor's degree from Guilford College, where she played point guard for the Women's Basketball Team. She is the Physical Education Teacher, Athletic Director, Varsity Girls' Basketball, and Track Coach at Saint Pius X School. Coach Shelton's Varsity Girls Basketball team has remained undefeated for the past three seasons, and they won both the PECSAA and Shamrock Tournament Championships on their latest 101-0 winning streak. Coach Shelton is the Co-President of the Greensboro Lady Gaters AAU Basketball Organization and currently coaches the Sophomore Travel Team. Basketball is a huge passion of Coach Shelton's, as she comes from a family of basketball coaches. She grew up in the gym watching her father lead his team to several state championships. Coach Shelton was inducted into the Lyons High School Hall of Fame in October 2005. She is a HUGE Syracuse Orange fan and was honored to be inducted into the same Hall of Fame as Syracuse's current Men's Basketball Coach, Jim Boeheim. She is looking forward to the opportunity of helping your child pursue his or her dream of becoming the next great basketball star!

**REGISTER ONLINE TODAY AS SPACE IS LIMITED!**

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