



# November 2018

Monday-Friday 8am-4pm  
 www.mcmminnseniors.com  
 205 McMinn Ave. | Athens, TN 37303  
 423-745-6830

**Weekly Events: Maneuvers & Billiards: Daily | Fiber Arts-Weaving, Crocheting, Knitting, Etc.: Tues 1pm | Rook: Tues 12pm | Pinochle: Thurs 12pm | Duplicate Bridge: Thurs 1pm | Shuffleboard, horseshoes & pool tournaments begin at 9:30 am; you must be signed up by 9:15am to qualify to play. (Please stop by the front office to update your membership form with updated emergency contact numbers.)**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> 9:00 Sassy Steps – Walking 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	<b>2</b> 9:30 Dance/Jam Session 11:20 Lunch w/Bateman NEW! 11:30 Yoga 7pm-9pm Friday Night Dance
<b>5</b> 10:00 Bingo/ Hospice of Chatt 11:20 Lunch w/Friends/Tom & Wilma Blandford 2:00 Yoga 7:00 Band/Dance	<b>6</b> 9:00 BP/ Life Care 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/Life Care	<b>7</b> 10:00 Bingo/Eagle Home Care 11:20 Lunch w/Friends/ Athens Place 2:00 Yoga 4:00 Pickleball (AMS)	<b>8</b> 9:30-3:30 – Medicare Open Enrollment 9:00 Sassy Steps – Walking 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	<b>9</b> 9:00-9:30 Bible Study with Todd Cox in the Conference Room 9:30 Dance/Jam Session 11:20 Lunch w/Bateman NEW! 11:30 Yoga 7pm-9pm Friday Night Dance
<b>12</b> Closed in Observance of Veteran’s Day! If anyone wants to eat a meal this day you may stop by Life Care for a hot meal free of charge. Please sign up in the Welcome Office! 6pm – Dance/ Finger Foods	<b>13</b> 9:00 BP/ Guardian 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends – Thanksgiving Meal	<b>14</b> 10:00 Bingo/ Athens Lutheran Church 11:20 Lunch w/Friends/ Athens Lutheran Church 2:00 Yoga 4:00 Pickleball (AMS)	<b>15</b> 9:00- Donuts with Dominion 9:30 Bingo w/friends bring a prize 9:30 Pool Tournament 9:00 Sassy Steps – Walking 10:00 Legal Aid- Appointment Required 11:20 Lunch w/Batemen 3:00 Chess Club	<b>16</b> 9:30 Dance/Jam Session 11:20 Lunch w/Bateman No Yoga 11:30 No Friday Night Dance

Monday	Tues	Wednesday	Thursday	Friday
<b>19</b> 10:00 Bingo/ Beltone 11:20 Lunch w/Friends/Premier Properties 2:00 Yoga 7:00 Band/Dance	<b>20</b> 9:00 BP/NHC Home Care 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/ Marshall Hill Baptist	<b>21</b> 10:00 Bingo/ Amedisys 11.20 Lunch w/Friends/ Starr Regional 2:00 Yoga 4:00 Pickleball (AMS)	<b>22</b> Closed in Observance of Thanksgiving!	<b>23</b> Closed in Observance of Thanksgiving!
<b>26</b> 10:00 Bingo/ResCare 11:20 Lunch w/Friends/ Intrepid 2:00 Yoga 7:00 Band/Dance	<b>27</b> 9:00 BP/ STARR 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/ King Audiology 12:00 MSAC Board Meeting	<b>28</b> 9:00 Wellness Wednesday Sponsored by Starr 10:00 Bingo/Etowah Healthcare 11:20 Lunch w/Friends/Dominion 2:00 Yoga 4:00 Pickleball (AMS)	<b>29</b> 9:00 Sassy Steps – Walking 10:00 Wreath Making Class- you must sign up in the Welcome Office 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club 6:30 Wreath Making Class- you must sign up in the Welcome Office	<b>30</b> 9:30 Dance/Jam Session 11:20 Lunch w/Bateman <b>NEW!</b> 11:30 Yoga 7pm-9pm Friday Night Dance

### Medicare Open Enrollment Dates

November 8<sup>th</sup> & December 5<sup>th</sup>

Please make appointments in the Welcome and Reception Office or call 423-745-6830.



### Christmas Bazaar

Saturday, November 17<sup>th</sup>

9:00am – 2:00pm

Pecan pieces and halves will be available for \$9.00/pound



### Wreath Making Class Thursday, November 29<sup>th</sup> 10:00am or 6:30pm

Participants must register for this program in the Welcome and Reception Office. Classes will fill quickly. If you are under 60 the class is \$5 & you must pay in advance.

Sponsored by a grant from the

