

# Love N Care Healthcare Sitter Skills Checklist

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. No Experience    2. Need Training    3. Able to perform with supervision    4. Able to perform independently

SKILLS	1.	2.	3.	4.
Neonatal (0-12 months)				
Children (1-11 years)				
Adolescence (12-18 years)				
Adult (19-64)				
Geriatric (65+ years)				
<b>PROFESSIONAL RESPONSIBILITIES</b>				
Follows dress code				
Does not wear dangling jewelry				
Does not use perfume or scented after-shave				
Respects patients rights				
Arranges break time with staff				
Never uses cell phones or other communication devices				
Never leaves the patient unattended				
<b>DEMONSTRATES EFFECTIVE COMMUNICATION AND ETHICAL BEHAVIOR</b>				
Receives report at the beginning and gives report at the end of shift				
Demonstrates positive verbal/nonverbal communication skills				
Focuses on the patient. Observes and systematically reports findings to the appropriate person.				
Maintains and enforces client-confidentiality, dignity and privacy				
Notifies nurse of the following (suggestions, but not limited to) Patient complaints of pain, chills, nausea or vomiting. Shortness of breath, drainage from orifice, urine odor, color or amounts. (DO NOT EMPTY URINALS OR COMMODES)				
<b>SAFETY</b>				
Identifies patient using 2 identifiers				
Understands infection control policies and procedures				
Eliminates hazards that may cause the patient to or staff to slip				
Demonstrates proper hand washing techniques				
Uses call light or phone to get the staff's attention				
Positions self with access to an escape route, maintain distance, and expect the unexpected.				
Identifies department specific roles during emergencies such as Code Blue, Code Red				
Demonstrates and implements suicide precautions as directed				
Demonstrates competency in documenting Flow Sheet				

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<b>MEAL ASSISTANCE</b>				
Check the identification card on the tray, and assist with opening items on the tray				
Position the patient for meals				
Keep the patient in a sitting position for 30 minutes at a 45 degree angle or better				
<b>WITH ASSISTANCE AND SPECIFIC INSTRUCTION FROM THE NURSE: POSITIONING AND AMBULATION</b>				
With assistance: Reposition the patient at least every 2 hours, CALL FOR HELP				
With assistance: Assure position and clarity of all tubes				
With assistance and specific instruction from the nurse: Place non-skid footwear on the patient's feet prior to getting the patient up.				
With assistance: support the extremities with pillow to avoid skin-to skin contact.				
Eliminate fall hazards and provide good lighting.				
Walk on the patient's weak side with the strong side next to the wall.				
Do not attempt to catch the patient if falling; gently ease the patient to the floor. CALL FOR HELP.				
Stay with the patient when they are in the bathroom or on the bedside commode. Do Not Empty Urinals or Commodes.				
Grooming: Set the patient up to bathe/brush teeth. Brush hair at patients request. Assist with bed making.				
<b>LEGAL CONSIDERATIONS</b>				
Patient Confidentiality / HIPAA				
Patient Bill of Rights				
Recognizes own values in bioethical issues				

Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_