

TRINITY SUNDAY!

GOD HAS INTEREST IN MY WELL-BEING

During Christmas we read from Isaiah and in the gospel of Mathew that the child to be born would be called Emmanuel, which means 'God is with us'. It seems after the season, we tend to forget that God is still with us.

Today we celebrate one of the mysteries surrounding us; the Blessed Trinity - the three persons in one God. There are many mysteries which the human mind cannot explain; life and death, the colour of the wind, where the wind comes from and where it goes, the nature of human beings and animals, and many more. We may use some things around us to explain but they may not be accurate. Examples are the egg and coconut, how they are structured.

The mystery of the Trinity tells us more about the love of God and the unity that exists between the Father, the Son and the Holy Spirit. At the same time it reminds us of the unity between us human beings, the rest of creation and God. It tells us how God has interest in His creatures, especially in us His children.

The presence of the Trinity is expressed in different ways in the scriptures. In creating man, we read in Genesis that, "God said let us make man in our own image, in the likeness of ourselves," (Gen.1:26 // Jn.1:1). Scholars of scripture explain that this may imply the presence of the Trinity. During the Annunciation, the presence of the Father, the Son and the Holy Spirit was indirectly expressed; (Lk.1:35). Jesus told the disciples the oneness of the three Persons when He taught them about the coming of the Holy Spirit; He said, "He (Holy Spirit) will glorify me, since all He reveals to you will be taken from what is mine. Everything the Father has is mine; that is why I said: all He reveals to you will be taken from what is mine," (Jn.16:14-15). And in the gospel, we heard Jesus sending His disciples to baptize in the name of the Father, and of the Son, and of the Holy Spirit.

The action of the Father and the Son and the Holy Spirit is a clear indication that God has great interest in our welfare and well-being. The Father creates, the Son redeems, and the Spirit sanctifies, all leading to the salvation of man. The readings remind us of how God takes delight in us. Moses told the Israelites to reflect on how God had worked to set them free and to protect and guard them from their enemies. He told them that God is

greater than any god, and He had worked wonders in their midst, and He had even spoken to them and they were still alive. God had been with them through thick and thin; and Jesus also assured the eleven, “behold, I am with you always, until the end of the age”.

St. Paul in the second reading tells us that it is not only the Israelites who have experienced the mercy and love of God; they are not the only children of God. “All who are led by the Spirit of God are the sons of God,” and we have become “adopted sons through Jesus Christ” (Eph. 1:5). “The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs of Christ”.

We were baptized in the name of the Trinity; we begin and end every prayer in the name of the Trinity; in short we make the sign of the cross many times a day, and this reminds us of the Trinity and the crucifixion. But how does this bring us close to God who has great interest in our well-being?

Moses told the Israelites in order to be close to God and for things to go well for them and their children and have long life on the land, they should keep His commandments and statutes. In a similar way, Paul told the Romans, and tells us that, “we are joint heirs with Christ, if only we suffer with Him so that we may also be glorified with Him”. So being children does not mean we have to idle about doing nothing. We have to do God’s will and work towards our salvation.

God the Father, God the Son and God the Holy Spirit takes interest in me as His priest; He takes interest in the success of your marriage; He is interested in your education; He has interest in what you want to achieve in life; He is concerned about your weaknesses; He is concerned about your sickness and worries. His wish is that you accept Him into your life so that one day may be with Him in paradise.

This feast also reminds us that since we are the children of God we all have one Father and so we should be one in mind and heart, and love one another, as we read about the believers. Your cry should be my cry, and your laughter should be my laughter; my joy should be your joy, and my sorrow should be your sorrow. I should not rejoice over your failure or downfall, but sympathize and empathize with you. We have to live in God and God in us.