

Important COVID-19 (Coronavirus) Update

Mental Health Resource Center is closely monitoring developments relating to the spread of COVID-19, including official guidance published by the Centers for Disease Control and Prevention, the Florida Department of Health and other government agencies. We are committed to ensuring the health and well-being of our employees and the individuals we serve.

As a precautionary measure, we have suspended the provision of outpatient psychosocial rehabilitation services at our Emerson Street facility. However, all of our other inpatient and outpatient programs are continuing to provide services. We have stationed staff members at the entrances to our facilities to screen individuals for symptoms of the COVID-19, and individuals with symptoms will be referred to appropriate health providers for testing, and if needed, for treatment.

We have also intensified the cleaning and sanitizing of our facilities by disinfecting high-touch surfaces, such as door knobs and counter tops, multiple times each day. In addition, all employees must adhere to the following protocol, and we encourage all individuals we serve to do the same:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Avoid touching your eyes, nose, and mouth.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid close contact with other people.
- Stay home as much as possible, only going out for essential activities such as grocery shopping, appointments with doctors, and pharmacy visits to obtain medication.

If you develop symptoms which might be COVID-19 infection, such as coughing, sneezing, shortness of breath or fever, please contact your primary care physician. If you think you need immediate medical attention, go to your nearest hospital emergency room.

As always, Mental Health Resource Center is here to help.