



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
**Redemptorist Community**  
**Rev Fr Patrick Massang, C.Ss.R.** (Parish Priest)  
**Rev Fr Philip Lai, C.Ss.R.** (Assistant Parish Priest)

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(food for thought) (Bulletin 4 December, 2022)  
 Gospel: Mt 3: 1-12. *"Welcoming Advent Prophets"*

**(6/11/2022)**  
**TRANSITION TO ENDEMIC STAGE**  
*(From Your Parish Priest...)*  
**ATTENDING MASSES IN O.M.P.H. IPOH**

- \* Wearing of face Mask is mandatory inside the church premises (Adults & children)
- \* Sanitize your hands
- \* Please co-operate and follow instructions from the hospitality ministers.

**Stay safe Stay healthy**

**SALE OF HANDICRAFTS & CEREMICS**

A one-day sale on  
**Sun. 4 December., 2022**  
 by the Perak Society for the promotion of mental health. Please give your support for the sale of the handicrafts.

**CHRISTMAS CAROL 2022**

The Sun. Sch. children choir will be singing carols during coffee morning on 2<sup>nd</sup> Advent (4 Dec.) & 3<sup>rd</sup> Advent (11 Dec.) to bring in the spirit of Christmas to all.

**GOOD SHEPHERD CHRISTMAS CAKES & COOKIES**

- \* Apricot Walnut Cake Rm 28
  - \* Florentine Crunchies Rm 26
  - \* Almond Delights Rm 26
  - \* Pineapple Tarts Rm 30
- Please place your orders by 5 December, 2022.  
 (Whatsapp: 010 2107926)  
 Collection date: 20-21/12/2022.  
 Time: 10 a.m. – 6 p.m.  
 (Please call upon collection)

**A NIGHT OF CHRISTMAS MUSIC & SONGS**  
 organized by the Tamil Choir on (date) **Sunday, 11 Dec., 2022** (time) 7.00 p.m (venue) parish hall.  
 Lucky draw tickets (RM5/-) available in the parish office.

**PENITENTIAL SERVICE-2022**  
 In preparation for Christmas, penitential service will start at 7p.m for every parishes.

Mon.12/12/22	Church of St.Francis de Sales, Sitiawan, Church of Sacred Heart, Kampar
Tues.13/12/22	Church of St.Mary, Tapah, St.Joseph Chapel, Bidor
Wed.14/12/22	Church of St.Joseph, B.Gajah, Church of St.Anthony, T.Intan
Thurs.15/12/22	Taipung church
Fri.,16/12/22	Church of the Most Holy Redeemer, Tg.Malim, Church of St.Patrick, K.Kangsar, Church of St.John the Baptist, Sg.Siput
<b>Mon.,19/12/22</b>	<b>O.M.P.H church, Ipoh Gdn.</b>
Tues.,20/12/22	Church of Our Lady of Lourdes
Wed.21/12/22	Church of St.Michael, Ipoh

**CHRISTMAS SCHEDULE**  
**\* Sat., 24/12/22**  
 = 7.00 p.m – Carols (T)  
 = 7.30 p.m – Christmas Mass (T)  
 = 10.00 p.m. – Carols (E)  
 = 10.30 p.m.- Christmas Mass (E )  
**\* Sun., 25/12/22**  
 ^ 7.45 a.m – Carols (E)  
 ^ 8.15 a.m – Christmas Mass (E)  
 ^ 10 a.m. – Carols ( C )  
 ^ 10.30 a.m – Christmas Mass ( C )  
**St.Mary's Chapel, Tersusun**  
 - Sun. 25/12/22  
 – 8.00 a.m. Christmas Mass (T)

- MEETINGS/ACTIVITIES:-**
- \* 4/12/22 @ 2 p.m - RCIA (BM) (St.Mk.Rm.)
  - \* 5/12/22 @ 8 p.m – Chinese Apostolate (St.Mk.Rm.)
  - \* 6/12/22 @ 8 p.m. – Legion of Mary (C)(Hall) @ 8 p.m – CCR (T) (church)
  - \* 8/12/22 @ 8 p.m – RCIA (E) (St.Mk. Rm.) @ 8 p.m – RCIA (T) (St.Paul Rm.)
  - \* 9/12/22 @ 8 p.m – RCIA (C )(Francis X.Rm.)
  - \* 11/12/22 @7p.m – Christmas Music & Song (parish hall)
  - \* @ 2 p.m - RCIA (BM) (St.Mk.Rm.)
  - \* 13/12/22 @ 8 p.m. – Legion of Mary (C)(Hall)
  - \* 15/12/22 @ 8 p.m – RCIA (T) (St.Paul Rm.)
  - \* 16/12/22 @ 8 p.m – RCIA (C )(Francis X.Rm.)
  - \* 19/12/22 @ 7 p.m – Advent Penitential Rite (church)
  - \* 20/12/22 @ 8 p.m. – Legion of Mary (C)(Hall)

**BIBLE REFLECTION & HOME-GATHERINGS:**  
 ~BEC St.Benedict – 4/12/22 @ 7 p.m  
 ~BEC St.Simon – 8/12/22 @ 8 p.m – (LoungeCafe)  
 ~BEC St.Peter – 14/12/22 @ 8 p.m – (LoungeCafe)

**COFFEE MORNINGS 2022**  
 \* 4/12 - BEC St.Alphonsa (T)  
 \* 11/12 – Faith Educators.  
 \* 18/12 – CCR (E)

**INFANT BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance.

**MARRIAGE:** Please contact the Parish Priest at least **SIX MONTHS** in advance

**ETERNAL HAPPINESS TO:**  
 + Katie Chan Mo Yee@Christopher Chin Mee Hong departed on 21/11/2022.

**SOLEMN DECLARATION OF THE MINOR BASILICA OF ST. ANNE, BUKIT MERTAJAM, PENANG.**  
 Invitation to this significant celebration (date) **Mon. 9 January, 2023** (time) 6.00 p.m.(venue) Minor Basillica of St.Anne, Bukit Mertajam, Penang.

Advent calls us to conversion, a change to our ways of thinking and acting. There are too many valleys of despair that need to be filled in our lives and in our world. There are too many mountains and hills of pride that need to be made low. Along the way we find winding roads of confusion that need straightening and rough and violent ways that must be made smooth. This is still our broken and tired world and it still needs rejuvenation.

The true prophet vividly and faithfully portrays the people's present condition and offers hope. Isaiah promised a time of justice, faithfulness, and peace. God makes a promise to the besieged people of Israel. Even if the tree of David is cut down to a stump, a shoot shall spring from it. This root of Jesse will become a signal to the nations.

It is more important that we welcome the Advent promises of Isaiah and the Baptist. It is important that we see in those promises a reason to hope for a deepening of our own faith and love, for the power to overcome evil in ourselves and in our world, for the healing of hatred, the banishment of fear and for peace and justice. These challenging, prophetic voices echo across the centuries to be proclaimed as our own.

Change of heart is an ongoing process and God indeed comes to set things in right order.