

Marc Community Resources, Inc. can provide additional mental and behavioral health information and resources. The Information & Resources Coordinator, Andy Arnowitz, can be reached at 480-994-4407.

Pocket Guide Compliments of:
Mental Health America of Arizona
www.mhaarizona.org
MHA Info 480-982-5305
Info & Referrals 480-994-4407



Pocket Guide

Mental Health, Substance Abuse, Support Groups, and Recovery Services List

Maricopa County 2018

Support & Recovery

CHERS Recovery Center: 602-246-7607

Stand Together and Recover Centers (S.T.A.R.): 602-231-0071

Recovery Empowerment Network: 602-248-0368

RI International: 602-650-1212

Hope Lives - Vive La Esperanza: 1-855-747-6522

A list of the **Mental Health Guild's Peer Support Groups** can be located at mentalhealthaz.org/support-groups/

A list of the **National Alliance on Mental Illness'** free **Support Groups** can be found at namiaz.com/page13/index.html

For more information about publicly-funded behavioral health services in Maricopa County contact: Mercy Maricopa Integrated Care Customer Service at 602-586-1841.

Resource Directories

Find Help Phx - www.findhelpphx.org

Mercy Maricopa Community Resource Guide - www.mercymaricopa.org/guide-community-guide

Southwest Network Help Book - www.southwestnetwork.org/nt19rg/default.asp

HSAG Resource Guide - www.hsag.com/community-bh-resources

Simply **dial 211** to access a comprehensive information and referral directory for all sorts of health and human services.

Mental Health & Substance Use Services

St. Luke's Behavioral Health Center (Phoenix) 602-251-8535

Touchstone Health Services (Youth) (Phoenix & Mesa) 866-207-3882

Terros Health (Glendale) 602-685-6000

Trumpet Behavioral Health (Peoria) 602-535-8341

Copper Springs (Avondale) 480-565-3035

Aurora Behavioral Health (Tempe) 480-345-5400

Banner Behavioral Health Hospital (Scottsdale) 480-244-4949

Marc Center Outpatient Clinic (Mesa) 480-218-6569

Center for Behavioral Health (Tempe) 480-897-7044



What to do in a Mental Health Crisis or Emergency:

Call 911 if experiencing a life threatening emergency.

Central Arizona Crisis Line (24/7)

(800) 631-1314

(602) 222-9444

TTY (800) 327-9254

Mobile Acute Crisis services may be coordinated through the Crisis Line.

When calling 911, say it is a mental health crisis, who is in crisis, and ask that a Crisis Intervention Team officer be provided.

Non-Crisis Warm Line
(602) 347-1100

MENTAL HEALTH & SUBSTANCE USE



*Most public mental health/substance use services require AHCCCS (state public health insurance program).
Private Insurance: Contact member services to see what is offered.

If you are not on AHCCCS, or are not sure if you are eligible -

contact **Mercy Maricopa Integrated Care** at 602-586-1841

Want to apply for Medicaid/AHCCCS?

Visit: healthearizonaplus.gov or call 855-432-7587

You can also search online for a community assistor.

Domestic Violence/ Sexual Assault

Arizona Coalition to End Sexual and Domestic Violence
 602-279-2900 or 800-782-6400

Maricopa County Shelter Line
 480-890-3039

National 24 hour Domestic Violence Hotline 800-799-7233

National Sexual Assault Hotline - RAINN 800-656-4673

Visit www.des.az.gov and search 'Domestic Violence Contracts Directory' for a list of providers offering community resources such as shelter, housing, and legal assistance.