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St. Joseph The Worker Parish, Russell, MB St. Theresa's Parish Rossburn, MB

**<u>Responsorial Psalm 130:</u>** With the Lord there is steadfast love and great power to redeem.

Almsgiving during Lent – **Share Lent Collection** – Today! Fifth Sunday of Lent, March 26th, collection is taken up for developing countries. Pope Francis urges us to undergo a true transformation of the heart. Faced with a culture of indifference that confuses minds and stifles hearts, he invites us to build a culture of encounter - a culture of mercy and compassion. "For me this word is very important. Encounter with others. Why? Because faith is an encounter with Jesus, and we must do what Jesus does: encounter others. With our faith we must create a 'culture of encounter,' a culture of friendship, a culture in which we find brothers and sisters, in which we can also speak with those who think differently, as well as those who hold other beliefs, who do not have the same faith. They all have something in common with us: they are images of God, they are children of God." – Pope Francis. We wish to thank you for your generosity, envelopes are provided for donations – used to help our sisters & brothers all over the world! For more information – www.devp.org.



<u>Coffee Sunday</u> is back Palm Sunday & Sharing God's Gifts Kick-Off Sunday April 2nd after 9 am Mass and *everyone is invited*! *We hope to see you there*!

Holy Thursday April 6, 6:00 p.m. Russell – 8:00 p.m. Rossburn

Good Friday April 7, 1:00 p.m. Rossburn – 3:00 p.m. Russell

Holy Saturday April 8, 7:00 p.m. Rossburn

Easter Sunday April 9, 9:00 a.m. Russell – 11:00 a.m. Rossburn

#### Mass Intentions For This Week:

#### Fifth Sunday Of Lent

Saturday Mar 25 7:30 p.m. Russell + Ann Panko req. by Maryon & Margaret Mushumanski

- Sunday Mar 26 9:00 a.m. Russell <u>Zoom on-line Mass 9:00 a.m. & YouTube after 10:15 am</u> For all parishioners by Father Paul 11:00 a.m. Rossburn Laurette Sabourin req. by St Theresa's Parish
- Monday Mar 27 + Deceased Family req. by Jean Goba
- Tuesday Mar 28 Health of family & friends req. by Mary Shenderevich
- Wed. Mar 29 Richard req. by Don Bisson
- Thurs. Mar 30 10:30 a.m. Rossburn Adoration
  - 11:00 a.m. + Suffering Souls in Purgatory req. by Rose & family
- Friday Mar 31 8:30 a.m. Russell Adoration 9:00 a.m. Mass + Duncan Spurway from Funeral Mass offering 7:00 p.m. Station Of The Cross at St Joseph The Worker Parish

### Passion (Palm) Sunday

Saturday Apr 1 10:45 a.m. Rossburn **First Saturday Immaculate Heart Of Mary** 7:30 p.m. Russell Amanda Fontaine req. by Carlene Douglas & Darin

Sunday Apr 2 9:00 a.m. Russell <u>Zoom on-line Mass 9:00 a.m. & YouTube after 10:15 am</u> For all parishioners by Father Paul 11:00 a.m. Rossburn + Nellie Kaskiw req. by Kaskiw family

# 10 Things to Love About Ignatian Spirituality By Rebecca Ruiz

## 1. It promotes lasting happiness.

One of my friends gave me a coffee mug that reads "Do more of what makes you happy." Every morning, it makes me happy just thinking about doing things that make me happy! I am also reminded of St. Ignatius's belief that those noble desires closest to our hearts that make us most happy deep down—not passing fancies or things that we want but know aren't good for us—reveal God's plan for us. Ignatian spirituality helps us to get in sync with God's plan for each of us. When we are working along with God's plan we are most deeply happy and fulfilled. The question to be constantly asked in decision making is, "What do I really want, deep down?" That's what God wants too. God wants what is best for us.

#### 2. It helps us to come into relationship with God.

Ignatius taught that we are put on earth to praise, reverence, and serve God. Yet relating to the concept of God can be difficult. Through the Spiritual Exercises, St. Ignatius takes the abstract concept of God and facilitates an intimate and personal relationship in which we come to know God's gentle and compassionate love for each of us.

#### 3. It helps us make good decisions.

It's often hard to choose the best path. In the Spiritual Exercises, Ignatius laid out a solid framework through which a person can make good decisions.

#### 4. It's accessible.

Ignatius taught that God can be found in all things. Every day, God's love is active and demonstrated in the people, places, and things around us—not just in big, grand gestures but often in the moments of everyday life. We just need to keep our eyes open!

#### 5. It encourages balance.

Ignatius encouraged his followers to take care of themselves in body, mind, and spirit. He also encouraged an evenkeeled and grounded approach to life, neither dwelling too long on the bad nor on the good. Ignatian spirituality offers a balanced, realistic outlook and a practical approach, not just to spirituality, but to life in general.

### 6. It encourages gratitude and optimism.

Over the years, Ignatius developed an "attitude of gratitude." He found daily life to be laden with gifts from God, whom he found in all things. He incorporated gratitude as an essential component of his daily Examen. Rooted in his deep faith in a living Savior who came to earth and died to redeem each of us, Ignatius's example inspires a hope-filled confidence that, through Christ, all will be well.

### 7. It encourages positive communication.

Ignatius encouraged his followers to assume the best in others. In the Spiritual Exercises, St. Ignatius advised retreatants that, "it should be presupposed that every good Christian ought to be more eager to put a good interpretation on a neighbor's statement than to condemn it. Further, if he cannot interpret it favorably, one should ask how the other means it. If that meaning is wrong, one should correct the person with love; and if this is not enough, one should search out every appropriate means through which, by understanding the statement in a good way, it may be saved." (Presupposition, SE 22) How many misunderstandings might be avoided if we brought this communications approach to our daily life as well!

#### 8. It keeps us connected.

Followers of St. Ignatius are called to be "men and women for others." This requires us to be connected in community, sharing our gifts and serving others. As we serve, we start to "walk in the shoes" of others, and we grow in compassion.

#### 9. It helps us become our best selves.

When we experience true kinship with our brothers and sisters throughout the world, we want to work in partnership with God in helping to eradicate injustices. In this way, Ignatian spirituality encourages us to do more and be more, revealing our best selves.

# 10. It helps us make the world a better place.

As we walk in solidarity with others, seeing Christ in each person and striving to alleviate their suffering, we make the world a better place. Ignatian spirituality enables us to work in a real way toward building the Kingdom of Heaven on earth—and this gives great glory to God.

# **Dear Padre**,

#### Are Catholic religious orders dying?

#### Yes...and no.

In Africa and Asia, some religious orders are vibrant, with orders of men and women religious increasing in number. In the United States, Europe, and Oceania, it's a different story. As many as 300 of the 420 institutes of women religious in the US are in their final decades of existence (*Leadership* Conference of Women Religious, 2019). One-third of all women's congregations in the US have fewer than fifty members. In the US, sisters over age ninety far outnumber those under sixty. Consequently, many communities fall



short of the number of active ministers needed to replace their elderly and retiring members. The story is similar for many orders of religious men.

As those in religious orders struggle to remain effective in their mission and ministry for God and humanity, they are reimagining styles of leadership, levels of administration, and, in short, ways of getting the job done. This includes, for example, creative partnerships with laypeople to share in the charism, community life, and ministry of the religious order.

People are still drawn to Jesus and the work of building the kingdom. Only God knows how this "building process" will look in the future. As in all challenging times, the Church remains hopeful. From crisis comes resurrection!

#### Fr. Byron Miller, CSsR / DearPadre.org

<b>MONDAY</b> March 27	<b>TUESDAY</b> March 28	WEDNESDAY March 29	THURSDAY March 30	FRIDAY March 31	<b>SATURDAY</b> April 1	<b>SUNDAY</b> April 2
Lenten Weekday	Lenten Weekday	Lenten Weekday	Lenten Weekday	Lenten Weekday	Lenten Weekday	Palm Sunday
Dn 13:1-9,	Nm 21:4-9	Dn 3:14-20,	Gn 17:3–9	Jer 20:10-13	Ez 37:21-28	of the Lord's
15–17, 19–30,	Jn 8:21–30	91–92, 95	Jn 8:51–59	Jn 10:31-42	Jn 11:45–56	Passion
33–62 or		Jn 8:31–42				Mt 21:1-11
Dn 13:41c-62						ls 50:4-7
Jn 8:1–11	Tim	oly topics viewed wit	th a Catholic perspec	tivo		Phil 2:6–11
Catho P	<i>blic Update</i> explores co rint and digital subscri	ontemporary issues th	rough the lens of Cath	olic teaching and trac	litions. 1.	Mt 26:14–27:66 or Mt 27:11–54



#### **A WORD FROM POPE FRANCIS**

Take away the stone from your heart! Let the Word of God restore life where there is death. Jesus repeats to us: "Take away the stone." God did not create us for the tomb....He created us for life, [which is] beautiful, good, joyful. ANGELUS, MARCH 20, 2020



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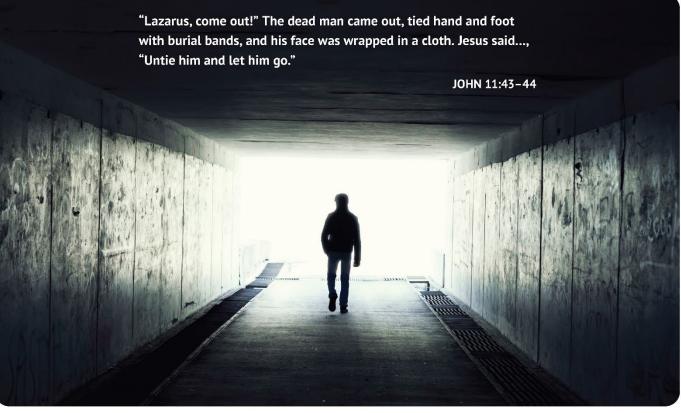
March 26, 2023 **Our Parish** COMMUNITY

Fifth Sunday of Lent (A) Ezekiel 37:12-14 / Romans 8:8-11 John 11:1-45 or John 11:3-7, 17, 20-27, 33b-45

# **Called from the Pits**

hen I feel sorry for myself or just down in the dumps, when I feel buried by life not going the way I think it should, sometimes I remember to stop thinking about myself and my problems, and I say to myself, I need to go care about someone else. It seems that doing so pulls me out of that tomb of darkness and back into the light. Then I ask myself, Why didn't I do that sooner? The truth is, I didn't remember. But the very fact that I eventually do remember is the spirit of God dwelling within me that pulls me back into life, just as Paul once wrote (Romans 8:9 and the verses afterward). It's like hearing a voice calling me out of a dreary tomb of death, just as sure Lazarus heard Jesus calling him out.

Have you experienced times when your spirit feels deader than dead, but then someone or something cal





#### FR. JOSEPH JUKNIALIS

	you back into life? I have. When that happens to us, I
	think we've been blessed with a hint of the resurrection.
s	When I find myself wondering if there is really life
	beyond death, if resurrection really does happen to us,
	then I think about all the times that what I thought was
	a death turned out to be some unexpected doorway to
	new life. If that happens with such little deaths along
	the way, wouldn't it also happen on our last day on this
)	earth?

	Have you ever experienced something that
	seemed terrible at the time that turned out
L	to be a blessing in disquise?

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