

Daily Gratitude Tehillim Group

Uniting to thank Hashem for all our blessings



Round 20

www.DailyGratitudeTehillim.com

July 26 - Dec. 24, 2019



~July 2019~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
21	22	23	24	25	Psalm 1!	27
3 28	4 29	5 30	6 31			
~August~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
				7 1	8 2	9 3
10 4	11 5	12 6	13 7	14 8	15 9	16 10
17 11	18 12	19 13	20 14	21 15	22 16	23 17
24 18	25 19	26 20	27 21	28 22	29 23	30 24
31 25	32 26	33 27	34 28	35 29	36 30	37 31
~September~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
38 1	39 2	40 3	41 4	42 5	43 6	44 7
45 8	46 9	47 10	48 11	49 12	50 13	51 14
52 15	53 16	54 17	55 18	56 19	57 20	58 21
59 22	60 23	61 24	62 25	63 26	64 27	65 28
66 29	67 30					
~October						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
		68 1	69 2	70 3	71 4	72 5
73 6	74 7	75 8	76 9	77 10	78 11	79 12
80 13	81 14	82 15	83 16	84 17	85 18	86 19
87 20	88 21	89 22	90 23	91 24	92 25	93 26
94 28	95 28	96 29	97 30	98 31		
~November~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
					99 1	100 2
101 3	102 4	103 5	104 6	105 7	106 8	107 9
108 10	109 11	110 12	111 13	112 14	113 15	114 16
115 17	116 18	117 19	118 20	119 **21	119 **22	119 **23
120 24	121 25	122 26	123 27	124 28	125 29	126 30
~December~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
127 1	128 2	129 3	130 4	131 5	132 6	133 7
134 8	135 9	136 10	137 11	138 12	139 13	140 14
141 15	142 16	143 17	144 18	145 19	146 20	147 21
148 22	149 23	Psalm 150!	Round 21!	26	27	28

From the comfort of your own home, join a sisterhood of women from all around the world saying one psalm a day, in gratitude to Hashem for all the blessings He continually showers upon us.

Additional Resources

www.Aneinu.com- 2x a day Tehillim phone conference + shiurim

www.KavanahKards.com- Kavanah cards for your prayers

www.NerEchad.com- Sisterhood of women lighting candles + more

Join our group: coachlaurie18@gmail.com



** Psalm 119

Nov. 21: Aleph - Chet verses 1 - 64

Nov. 22: Tet - Samech verses 65 - 120

Nov. 23: Ayin - Tav verses 121 - 176

The Tzemach Tzedek said, "If you only knew the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers, they ascend higher and higher with no interference.; they prostrate themselves in supplication before the Master of all worlds, and they effect and accomplish with kindness and compassion."

If you miss a day or 2 or 3 (or more) of the psalms, no worries. Either catch up or start again with the current psalm of the day. Every one of our psalms helps us reach out to Hashem in unity and in gratitude.