

Daily Gratitude Tehillim Group
Uniting to thank Hashem for all our blessings

Ⓢ Round 22 Ⓢ

www.DailyGratitudeTehillim.com
 May 25, 2020 - October 23, 2020




~May 2020~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
24 7 31	Psalm 1!	2 26	3 27	4 28	5 29	6 30

~June~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
	8 1	9 2	10 3	11 4	12 5	13 6
14 7	15 8	16 9	17 10	18 11	19 12	20 13
21 14	22 15	23 16	24 17	25 18	26 19	27 20
28 21	29 22	30 23	31 24	32 25	33 26	34 27
35 28	36 29	37 30				

~July~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
			38 1	39 2	40 3	41 4
42 5	43 6	44 7	45 8	46 9	47 10	48 11
49 12	50 13	51 14	52 15	53 16	54 17	55 18
56 19	57 20	58 21	59 22	60 23	61 24	62 25
63 26	64 27	65 28	66 29	67 30	68 31	

~August~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
						69 1
70 2	71 3	72 4	73 5	74 6	75 7	76 8
77 9	78 10	79 11	80 12	81 13	82 14	83 15
84 16	85 17	86 18	87 19	88 20	89 21	90 22
91 23	92 24	93 25	94 26	95 27	96 28	97 29
98 30	99 31					

~September~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
		100 1	101 2	102 3	103 4	104 5
105 6	106 7	107 8	108 9	109 10	110 11	111 12
112 13	113 14	114 15	115 16	116 17	117 18	118 19
119 **20	119 **21	119 **22	120 23	121 24	122 25	123 26
124 28	125 28	126 29	127 30			


~October~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
				128 1	129 2	130 3
131 4	132 5	133 6	134 7	135 8	136 9	137 10
138 11	139 12	140 13	141 14	142 15	143 16	144 17
145 18	146 19	147 20	148 21	149 22	Psalm 150 23	Round 23! 24
25	26	27	28	29	30	31

From the comfort of your own home, join a sisterhood of women from all around the world saying one psalm a day, in gratitude to Hashem for all the blessings He continually showers upon us.

Suggestion: Before saying your daily tehillim, take a moment to thank Hashem for 5 new things. Gratitude creates a positive attitude and enables you to serve Hashem b'simcha!

Join our group: coachlaurie18@gmail.com



**** Psalm 119**
 Sept. 20: Aleph - Chet verses 1 - 64
 Sept. 21: Tet - Samech verses 65 - 120
 Sept. 22: Ayin - Tav verses 121 - 176

The Tzemach Tzedek said, "If you only knew the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers, they ascend higher and higher with no interference.; they prostrate themselves in supplication before the Master of all worlds, and they effect and accomplish with kindness and compassion."

If you miss a day or 2 or 3 (or more) of the psalms, no worries. Either catch up or start again with the current psalm of the day.

This is a NO PRESSURE Tehillim Group. Say what you can, when you can.
 Every one of our psalms helps us reach out to Hashem in unity and in gratitude.

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