

JAMMIN' DANCE & FITNESS CENTER SCHEDULE SPRING 2021

JAMMINDANCE.COM • DANCE@JAMMINDANCE.COM

FIND US ON FACEBOOK - JAMMIN' DANCE AND FITNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 -10:00 AM ZUMBA <i>All Levels</i> <i>Class Includes Toning</i>		9:00 -10:00 AM ZUMBA <i>All Levels</i> <i>Class Includes Toning</i>		9:00 -10:00 AM ZUMBA <i>All Levels</i> <i>Class Includes Toning</i>	Saturday FUN Day! Creative Dance, Crafts, Games, and FUN!
11:00-11:45 AM ZUMBA CHAIR <i>SPECIALTY CLASS</i> <i>Senior Friendly!</i>		<i>ALL Inclusive Adults</i> ZUMBA & CREATIVE DANCE			Prince Tea Parties Belly Dance Fitness Dance Camps
	3:00 - 5:00 pm Youth Scottish Country	NEW Class! Creative Dance Tumbling & Art!	4:30 - 5:30 pm Modern Dance By Taryn <i>All Ages</i>	NEW Class! Creative Dance Tumbling & Art!	
5:00 - 5:30 pm Youth Tap Advanced <i>Ages: 8 - up</i>		NEW Class! Beg. Youth Tap <i>Ages: 8 - up</i>	6:00 - 7:00 pm Youth Belly Dance Ages: 7 - 15	NEW Class! Zumba for Kids!!	We also host Birthday Parties ~ Contact us for more information!
5:30 - 6:00 pm NEW! KidsTeam Z Zumba <i>Ages 7 - up</i>		5:00 - 6:00 pm ZUMBA <i>All Levels</i> <i>Class Includes Toning</i>	7:00 - 8:00 pm Adult Belly Dance By Vahana <i>Ages: Teen - Adults</i>		
NEW Class! Teen/Adult Tap <i>Beginning!</i>	7:00 - 8:00 pm Adult Belly Dance By Vahana <i>Ages: Teen - Adults</i>	6:00 - 7:00 pm Adult Tap II By Kay <i>Ages: Teen - Adult</i>	8:00 - 9:00 pm Belly Dance Troupe "Jewels of the North"	7:00 - 9:00 pm Adult Swing For couples and singles!	Need a DJ.? We do weddings, parties, etc We can also provide live music....we will travel!

PLEASE NOTE:

Our schedule has been adapted to comply with social distancing requirements. Some classes are on hold and will Resume , once they can accommodate students in a safe environment. Please contact the studio, for more information and additional instructions that may be required before joining and/or returning to our studio. Thank You!!