

## Meal Prices

Breakfast		Lunch	
Grades PK-5	\$1.40	Grades PK-5	\$2.60
Grades 6-8	\$1.40	Grades 6-8	\$2.70
Grades 9-12	\$1.40	Grades 9-12	\$2.70
Adult	\$1.75	Adult	\$3.55
Extra Milk	\$0.40	Extra Milk	\$0.40

# January 2018

## Baltic School District Breakfast & Lunch Menu



### Monday



1

### Tuesday

No School

2

### Wednesday

#### French Toast Sticks

3

- A. Taco Quesadilla
- B. Crispy Chicken Sandwich
- C. Italian Sub
- D. Chef Salad

Peas

### Thursday

#### Egg/Cheese Biscuit

4

- A. Macaroni & Cheese w/Bread
  - B. Corn Dog
  - C. Cold Cut Sub
  - D. Chicken Fajita Salad
- Sidekicks Frozen Juice Cup

### Friday

#### Cinnamon Roll

5

- A. Ham & Scalloped Potatoes w/Bread
  - B. Pepperoni Pizza
  - C. Turkey & Cheese Sub
  - D. Chicken & Fruit Salad
- Green Beans

#### Pancakes

8

- A. Italian Dunker
- B. Pork Fritter Sandwich
- C. Ham & Cheese Sub
- D. Chicken Fajita Salad

Green Beans

#### Breakfast Burrito

9

- A. Chicken Fajita Burrito
- B. Hot Dog on Bun
- C. Trio Meat & Cheese Sub
- D. Chicken Ranch Salad

Corn

#### Waffles

10

- A. BBQ Meatball Sub
- B. Taco Pizza
- C. Italian Sub
- D. Chef Salad

French Fries

#### Sausage Pancake Stick

11

- A. Tater Tot Hotdish
  - B. Chicken Nuggets
  - C. Cold Cut Sub
  - D. Chicken Fajita Salad
- A&B: Bread  
Carrots

#### Long John Donut

12

- A. Spaghetti w/Meatsauce w/Garlic Toast
  - B. Chicken Wrap
  - C. Turkey & Cheese Sub
  - D. Chicken Salad
- Peas

15

No School

#### Sausage/Cheese Biscuit

16

- A. Nachos Grande
  - B. Meatballs w/Gravy
  - C. Trio Meat & Cheese Sub
  - D. Chicken Ranch Salad
- A&B: Rice  
Corn

#### Dutch Waffle

17

- A. Fish Sticks w/Dinner Roll
- B. Stuffed Crust Pizza
- C. Italian Sub
- D. Chef Salad

Green Beans

#### Breakfast Boat

18

- A. Chicken Fajita Flatbread
- B. Corn Dog
- C. Cold Cut Sub
- D. Chicken Fajita Salad

Broccoli

#### Glazed Donut

19

- A. Turkey & Gravy
  - B. Chicken Sticks
  - C. Turkey & Cheese Sub
  - D. Chicken Salad
- A&B: Bread  
Mashed Potatoes w/Gravy

#### Breakfast Pizza

22

- A. Sloppy Joe
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub
- D. Chicken Fajita Salad

Baked Beans

#### Cheesy Eggs & Toast

23

- A. Super Mexi Tots w/Bread
  - B. Taco Quesadillas
  - C. Trio Meat & Cheese Sub
  - D. Chicken Ranch Salad
- Corn

#### French Toast Sticks

24

- A. Italian Meatball Sub
- B. Mini Corn Dogs
- C. Italian Sub
- D. Chef Salad

Peas

#### Egg & Cheese Biscuit

25

- A. Breaded Pork Fritter
  - B. Chicken Nuggets
  - C. Cold Cut Sub
  - D. Chicken Fajita Salad
- A&B: Dinner Roll  
Mashed Potatoes w/Gravy

#### Cinnamon Roll

26

- A. Beef Soft Shell Tacos
- B. Pepperoni Pizza
- C. Turkey & Cheese Sub
- D. Chicken & Fruit Salad

Carrots

#### Pancakes

29

- A. Cheesy Scrambled Eggs w/French Toast Sticks
  - B. Chicken Wrap
  - C. Ham & Cheese Sub
  - D. Chicken Fajita Salad
- Tater Tots

#### Breakfast Burrito

30

- A. Beef & Cheese Burrito
- B. Hot Dog on Bun
- C. Trio Meat & Cheese Sub
- D. Chicken Ranch Salad

Corn

#### Waffles

31

- A. Tangerine Chicken/Rice
- B. Hot Ham & Cheese
- C. Italian Sub
- D. Chef Salad

Broccoli

Be a Food Label Detective:  
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.



### Breakfast Choices Offered Daily



- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Milk Choice



### Daily Lunch Menu Includes

- Grades PK-5: A, B, or C Entrées
- Grades 6-12: A, B, C, or D Entrées
- "D" Entrees include grain component
- Fruit & Vegetable Bar
- Milk Choice

Thrive Nutrition Services is an equal opportunity provider and employer. Menus subject to change.