

Fly Like A Bird

(a.k.a. The Boz)

Choreographed by Hedy McAdams

Description: 32 count, 2 wall, intermediate line dance

Music: **Fly Like A Bird** by Boz Scaggs [128 bpm / CD: Line Dance Fever 3 / Available on iTunes

Start dancing on lyrics

ROCK LEFT SIDE, BACK, TURN ¼, HOLD, TURN ¼, ROCK, TURN ¼, HOLD

1-4 Rock left side, recover to right, turn ¼ left and step left forward, hold (9:00)

5-6 Turn ¼ left and rock right side, recover to left (6:00)

7-8 Turn ¼ right and step right forward, hold (9:00)

TURN ¼, ROCK, TURN ¼, HOLD

1-2 Turn ¼ right and rock left side, recover to right (12:00)

3-4 Turn ¼ left and step left forward, hold (9:00)

KICK-BALL-TURN, KICK-BALL-CHANGE

5&6 Kick right forward, step right together, turn ¼ left and step left in place (6:00)

7&8 Right kick ball change

CROSS, TURN, CROSS & CROSS, TURN ¼ SHUFFLE, TURN ¼, TURN ½

1-2 Cross/touch right over, unwind ½ left (weight to right, 12:00)

3&4 Crossing chassé left-right-left

5&6 Turn ¼ right and chassé forward right-left-right (3:00)

7-8 Step left forward, turn ¾ right and step right side (12:00)

CROSS, TOUCH, CROSS, TURN ½, CROSS & CROSS, BIG STEP, SLIDE/LIFT

1-2 Cross left over, touch right side

3-4 Cross/touch right over, unwind ½ left (weight to right, 6:00)

5&6 Crossing chassé left-right-left

7-8 Big step right side, drag/touch left together

Lift left toe slightly to blend into step 1

REPEAT