| | | | | | Evening Court | Ever | | | | | 6:00 |
|--|---|-------------------------------|--|--------------------------------------|------------------------|---------------------------------------|--|--|--|----------------|-----------------|
| Closed | CI | | Melee | | | | Melee | | | Eve | 4:00- 5:30 |
| Archery Marshals Roundtable | Melee 101 | Crossover Roundtable | ours | MoD Office Hours | | Sinister Fighting | Small Frame Mechanics and Physio | Preparing for Crown List | How to fight outside you weightclass | lein Jantz | 3:00 - 3:45 |
| Combat Archery and Siege Engineering Roundtable | How to Hit like a Girl | Italian Sword and Cloak | Sword care | Being a Short Fighter | Area of Excellence | Lead vs Follow | Adv footwork | Running a Flank | Improving Your Infighting and Groundfighting | : Vigil Held i | 2:00- 2:45 |
| Flemish Twist Bowstring Construction | Fighting with Great Weapons | Pick-up Fighting | Small Melee Tactics for Rapier | Bringing a Knife to a Gunfight | Quadrants | The S.M.A.C.K. Talk | Hand positioning for polearm | Eastern European use of Tension in the fight | Basic spear | near armored | 1:00- 1:45 |
| | | | | ch | Lunch | | | | | list | 12:00 |
| Thrown Weapons Marshal Roundtable | Introduction to Youth Combat / Gear | String Theory | The Gates of Martial Progression | Intro to Sabre | Teaching in the SCA | Combat Archer and Shieldpersons | The Greatsword (or How to Lose Friends and Alienate Co- workers) | Fighting language | Basic Ladder Drills | from 10:30-4:3 | 11:00- 11:45 |
| Closed | | | | 5 | Inspections & Pick Ups | Inspection | | | | 0 | 10:30 |
| | | | | | Morning Court | Morr | | | | | 9:45 |
| Site Opens | Site Opens/Authorizations | Site Opensi | Passing Your First Authorization | | - | Site Opens/Authorizations | Site Op | | Inspections & Pick Ups | | 9:00 |
| Archery/Thrown | Youth List | Rapier Pickups | Rapier List 3 | Rapier List Rapier List | Rapier List | Armored List 4 | Armored List 3 | Armored List 2 | Armored List 1 | Vigil | Time |

The Barony of Windhaven Welcomes you To: Fighter School 2025





www.baronyofwindhaven.org/school

Schedule updated 02/20/2025 7:00 PM

<u>9:00 AM</u> – Site Opens Inspections & Pickups Armored Combat List 1

Authorization Armored Combat Lists 2-4 Rapier Lists 2-4

Passing Your First Authorization
Instructor: Baroness Diedre
Location: Rapier List 1
Demystifying the authorization
process. A real authorization can be
done at the end, if needed.

9:45 AM – Morning Court

10:30 AM - 11 AM

Inspections & Pickups
Armored Combat Lists 1-4
Rapier Lists 1-4
Youth List

<u>11 AM – 11:45 AM</u>

Basic Ladder Drills
Instructor: Shin
Location: Armored Combat List 1
We will go over a few ladder drills I
know and a few I learned from
Branos.

Fighting language

Instructor: Faolan Mac Brain
Location: Armored Combat List 2
Arms Needed: Weapon Gauntlets
We will discuss how language
impacts how we think about
fighting, our bodies, body
mechanics, perceptions of others,
and visualization.

The Greatsword (or How to Lose Friends and Alienate Co-workers)

Instructor: THL O'no Kagemori
Location: Armored Combat List 3
Basic to intermediate Greatsword,
with focus on footwork, positioning
and half-swording. Full armor not
required, but your own greatsword
and gauntlets highly encouraged.

Combat Archer and Shieldpersons

Instructors: Axel and Jacquette
Location: Armored Combat List 4
Arms needed: Full Armor
Are you a combat Archer interested
in learning how to command your
own shield wall? Are you a
Shieldperson that wants to be learn
how to guard combat archers? This
class is for you.

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Teaching in the SCA

Instructor: THL Clydwyn Location: Rapier List 1

From teaching new folks to coaching the experienced. All levels welcome

from armored or rapier

backgrounds. Interactive lecture.

Intro to Sabre

Instructors: Duke Vlad, Baron Bazyli,

and Lord Aelfwine Location: Rapier List 2

The Gates of Martial Progression

Instructor: Master Robert Talbot

Location: Rapier List 3

Master Robert will be discussing the typical developmental timeline of a combatant, as well as describing common road signs and blocks that these combatants might encounter. Can be taken as a primer to Master Joseph's classes.

String Theory

Instructor: Master Jean-Robert

Location: Rapier List 4

A new approach to visualize keeping your line closed during an attack

Introduction to Youth Combat / Gear

Instructor: Abelard die Elster

(Subject to change) Location: Youth List

An introduction to youth combat, the rules, the equipment, and why

kids like it.

Thrown Weapons Marshal

<u>Roundtable</u>

Instructor: Aine ingen MaelPatraic Location: Archery/Thrown Weapons Please join DEM TW for a review of the updated Northshield Thrown Weapons Handbook, updates to marshal reporting requests from Society, and a check in on what's working and where we have opportunities for improving support within our community! All are welcome - no need to be a TW marshal or MIT, though ALL who are or are interested in being a TW marshal or MIT are encouraged to attend.

12:00 PM – Lunch

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1:00 PM - 1:45 PM

Basic Spear

Instructor: Prince Skio inn Riki Location: Armored Combat List 1 Arms Needed: Weapon Gauntlets

Basic spear

Eastern European use of Tension in the fight

Instructor: Duke Brannos Location: Armored Combat List 2 Understanding your own tension and opponents in a fight and how to use both for your advantage.

Hand positioning for polearm

Instructor: Yngvar

Location: Armored Combat List 3 Arms Needed: Weapon Gauntlets Where your hands need to be vs range of opponent.

The S.M.A.C.K. Talk

Instructor: Capt. Duncan Burns
Location: Armored Combat List 4
Have you ever wondered about how
HEMA might go mixed with Tai Chi?
A dish of Italian Fencing with a dash
of the 5 Rings of Miyomoto
Musashi? The purpose of this class is
NOT to fully answer that, but to take
ideas and methods from the many

and varied sources on combat arts/swordplay and distill them down into something you can use TODAY!

The Simplified Method of Amalgamated Combat Knowledge (S.M.A.C.K.) Talk outlines core principles and ideas from swordplay sources covering over 750 years (1100-1850), combined and contrasted with the actual realities of Human Physiology, Mind/Body interface, and stuff as we learn it together.

Topics covered included:

- Biomechanics of combat movements.
- Stances, guard and voiding movements.
- Measure(distance, pace and timing) and control of each.
- Sword blow mechanics.
- The 'Economy of Violence'. Handouts and Links provided for references.

| Notes: | | | |
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Small Frame Mechanics and Physio

Instructor: Dutchess Helga Location: Armored Combat List 3

Description TBD.

Sinister Fighting

Instructor: Count Heinrich Location: Armored Combat List 4 Fighting left handed and Fighting

Lefties.

MOD Office Hours

Location: Rapier Lists 1-3

Crossover Roundtable

Instructors: Mistress Moira, Duke

Ajax, Duke Yngvar Location: Rapier List 4

The basics of melee fighting. Specific lessons will depend on the level and

interest of the students.

Come chat with three peers who fight both armored and rapier melee. This is a roundtable discussion, so bring your own questions, concerns, and anecdotes. No armor or weapons needed. Let's support our One Kingdom, One Army!

Melee 101

Instructor: Abelard die Elster

(Subject to change)
Location: Youth List

The basics of melee fighting. Specific lessons will depend on the level and

interest of the students.

Archery Marshals Roundtable

Instructors: Rhys ab Ismael, DEM-

Archer General

Location: Archery/Thrown

4:00 PM - 5:30 PM

Melee

Locations: Armored & Rapier Lists

6:00 PM - Evening Court

Quadrants

Instructor: Master Joseph Location: Rapier List 1

A class for intermediate fencers looking to hone their ability to analyze a fight. Master Joseph will be demonstrating how you can quickly and easily analyze different fencers, identify their core capabilities, and create a plan to beat them. Joseph will be demonstrating his Quadrant system, and plans to have a brief lecture followed by guided fight analysis at the end of class.

Bringing a Knife to a Gunfight

Instructor: Master Robert Talbot Location: Rapier List 2 Come learn to methods of dealing with a refused guard from someone who lives in one.

Small Melee Tactics for Rapier

Instructor: THL Clydwyn
Location: Rapier List 3
Intermediate to advanced tactics for melee teams. No combat will be held. However, movements and spacing will be discussed and practiced by attendees.

Pickup Fights

Location: Rapier List 4

Fighting with Great Weapons

Instructor: Abelard die Elster

(Subject to change) Location: Youth List

The benefits and drawbacks and techniques of fighting with a sword

that's longer than you are tall.

Flemish Twist Bowstring

Construction

Instructor: Luca MacGregere Location: Archery/Thrown Weapons Ever wanted to make your own bowstring? With a bit of time you can! Learn the process of turning a thin wimpy string into a beefy bowstring with just the aid of your bow. Class will take the form of a demonstration of technique with supplies and a guide provided. Please note that some materials are limited so I can't guarantee that everyone will have enough time to complete the string in the class but they should be able to follow along with the guide if they aren't quite finished.

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If you plan on constructing a bowstring please:

- Please fill out the brief survey here: https://shorturl.at/Mil32 (case sensitive) so I can cut the materials for you in advance to save time.
- Bring your bow to the class as it is required for part of the process.
- If you have beeswax/string snot please bring it as I only have so many to share.

2:00 PM - 2:45 PM

Improving Your Infighting and Groundfighting

Instructor: Count Kaydian Bladebreaker

Location: Armored Combat List 1 Arms Needed: Full Armor 1 hour practical class on basic

infighting techniques for A+ close range fighting, how to keep your guard and prevail once you've been legged and on the ground and tips on how to fight downed opponents. 1 hour - we will be running through some of techniques fully armored but even if you don't have armor, I will have some boffers to help with

Running a Flank

Instructor: Sir Melrakki
Location: Armored Combat List 2
Arms Needed: Weapon Gauntlets
How to protect a flank in melee.
How to harass a flank of a unit in
melee. How to be a nuisance to the
enemy in melee.

Adv footwork

Instructor: Duke Brannos
Location: Armored Combat List 3
Understanding beyond the ladder
drills and incorporating Circular
footwork and learn to build
footwork into combinations. Class
will include Footwork and striking
with a foam sword.

Lead vs Follow

Instructor: Baroness Katja Location: Armored Combat List 4 In this class we will go over what it means to be leading vs following in a fight. This concept was taught to me by Countess Sir Sadb of the Midrealm.

Area of Excellence

Instructor: Master Joseph

Location: Rapier List 1

A class for Advanced fencers who wish to improve their game and start winning tournaments. Master Joseph will be discussing the concept of an "Area of Excellence" as first discovered by Gold Medal Epeeist Johan Harmenburg, and how you can use this concept to solidify your game.

Being a Short Fighter

Instructor: Duke Ajax Location: Rapier List 2

Sword care

Instructor: THL Tribaldi Location: Rapier List 3

How to take care of your sword and

make it your own.

Italian Sword and Cloak

Instructor: Magnifico Valentin

Malatesta

Location: Rapier List 4

Sword and Cloak in 16th & 17th

Century Italian Sources

How to Hit like a Girl

Instructor: Abelard die Elster

(Subject to change) Location: Youth List

Featuring input from fighters who

are not boys.

Combat Archery and Siege

Engineering Roundtable Instructors: Rhys ap Owein ap Gwyn, DEM- Chief of Artillery, and Knutr

Olafsson Osiðar

Location: Archery/Thrown Weapons

3:00 PM - 3:45 PM

How to fight outside you weightclass

Instructors: Syr Gunther and Sir

Drust

Location: Armored Combat List 1 Arms Needed: Weapon Gauntlets Perspectives from both sides of the

polearm.

Preparing for Crown List

Instructors: Axel Ulfgarsson and

Jacquette D'Anjou

Location: Armored Combat List 2 What does it take to prepare and fight in a Crown List as a fighter and consort? Join Jarl Axel and Jacquette Hatan for a discussion on what they

do to prepare.

training.