

Howl-O-Run 5K  
Sunday October 29, 2023 9AM  
Marlboro Beach, Lamoine, Maine  
Timing & Finish Line Management by 5K Sports Race Management  
FiveKsport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1	Tiffany Rudloe	45	Bluie Hill	23:03
2	Erin Salter	36	Ellsworth	23:24

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1	CHRIS COOPER	54	MT. DESERT	ME	18:39
2	KRIS GARCIA	45	ELLSWORTH	ME	19:22

FEMALE AGE GROUP: 1 - 16

1	17	Charlotte Rudloe	11	Blue Hill	28:53
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MALE AGE GROUP: 1 - 16

1	4	Mason Read	13	Castine	22:53
2	16	Malcolm Read	11	Castine	28:47

FEMALE AGE GROUP: 30 - 39

MALE AGE GROUP: 30 - 39

FEMALE AGE GROUP: 40 - 49

MALE AGE GROUP: 40 - 49

FEMALE AGE GROUP: 50 - 99

MALE AGE GROUP: 50 - 99